



it's up to you...

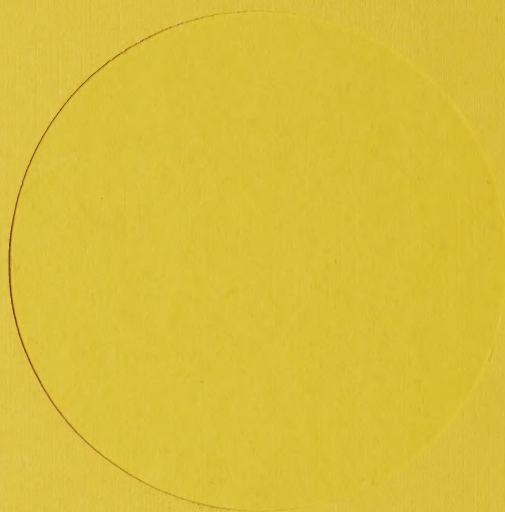


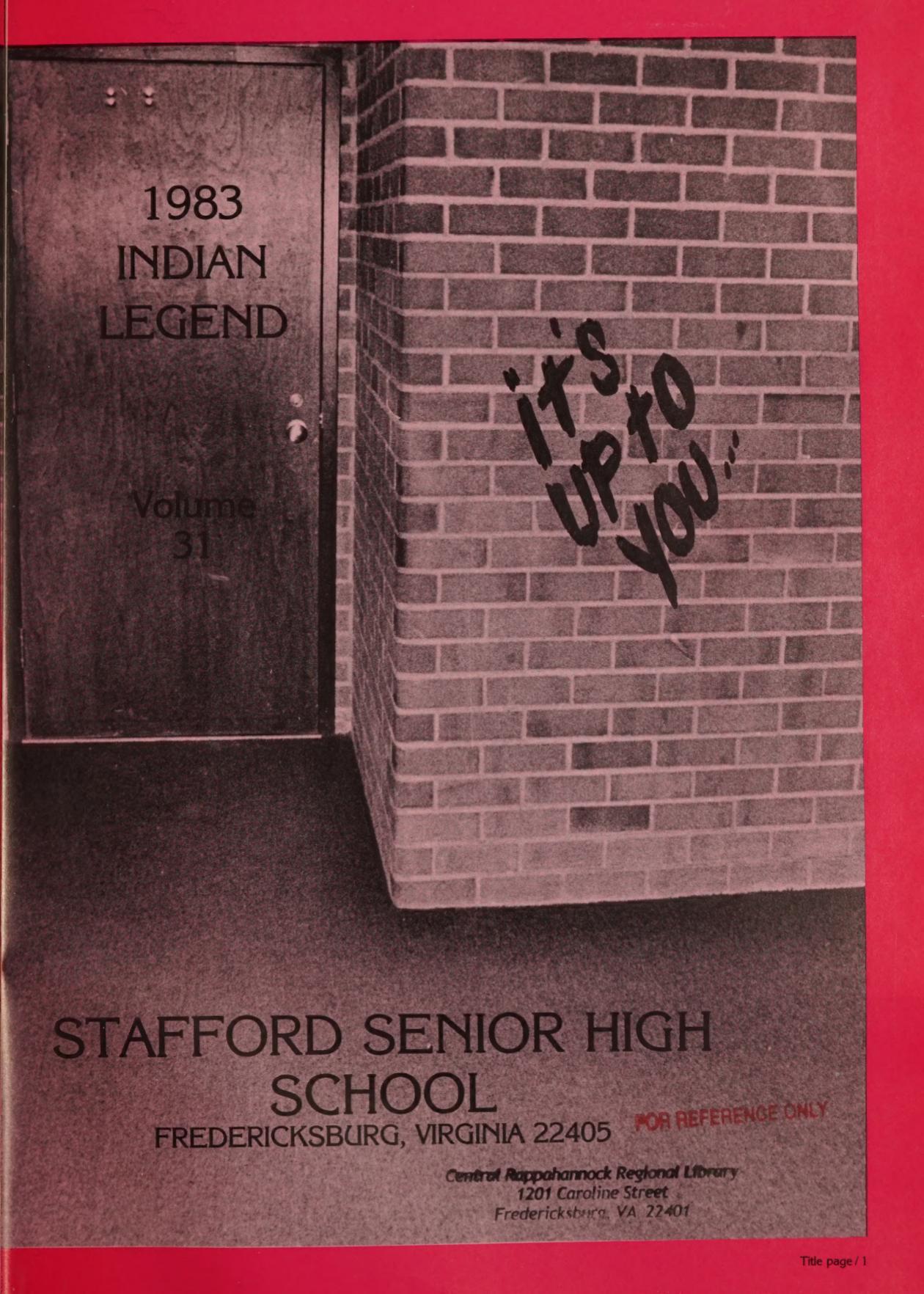
1983 INDIAN LEGEND



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1983
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Volume
31

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YOU..

STAFFORD SENIOR HIGH
SCHOOL

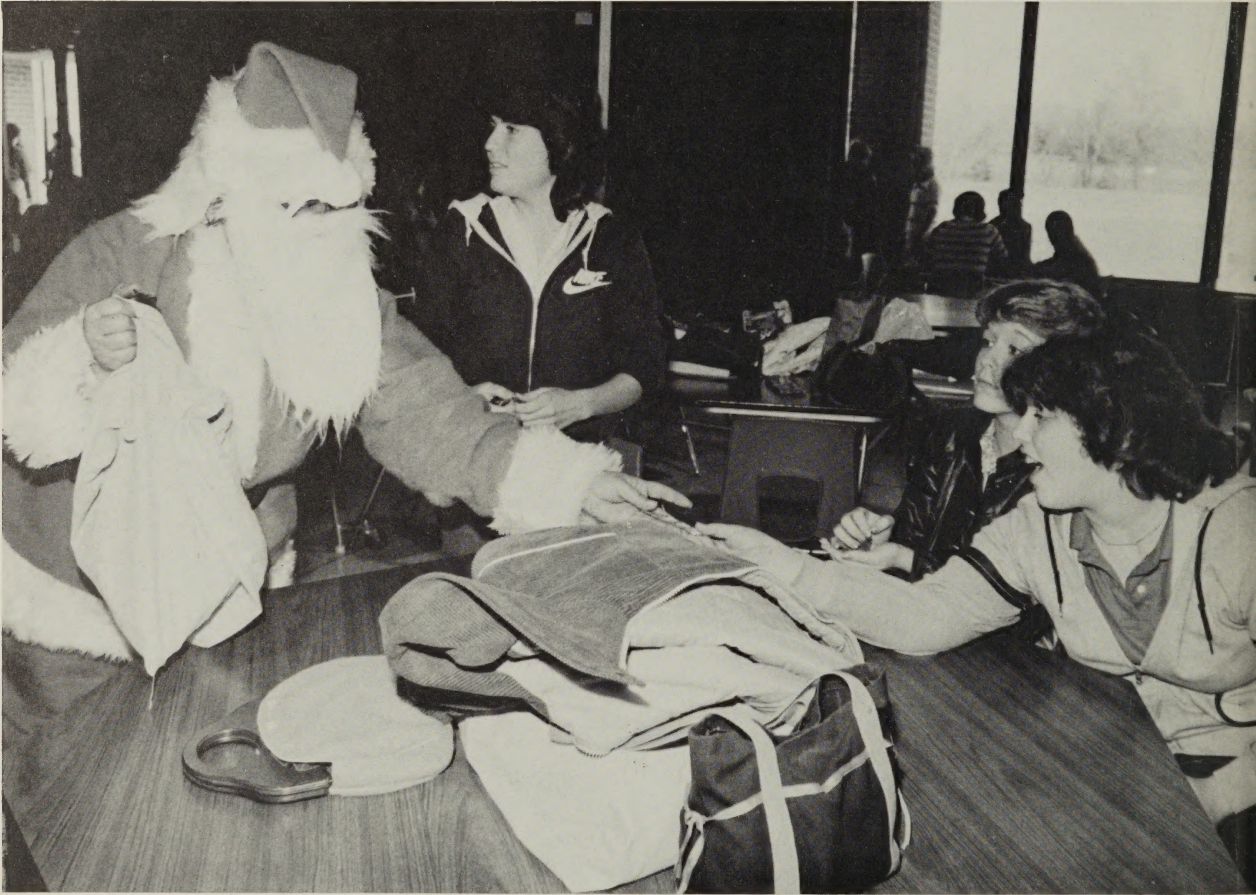
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PROUD OWNERS: Tammy Delano, Jean Tyree, and Karen Sullivan put the finishing touches on Christmas gingerbread houses that they made in their Food Occupations class.

SANTA'S TREAT. Mrs. Alice Long hands a candy cane to freshman Carolyn Powell.



Wearing the latest new wave fashions and bursting with class spirit, students entered Stafford High School to begin a new school year.

For many, it was a year of renewal. Clubs worked at striving to do more activities with more student input. Sports teams struggled to regain the confidence and

knowledge of play patterns needed to overcome the mistakes of inexperienced players. The athletic teams had to rely on strength, stamina, and sheer determination in order to win.

A rise in class rivalry was also evident at the beginning of school. Students proudly wore class t-shirts to school daily. Pep

rallies were even livelier than ever as proved by increased student input — more posters, and more noise.

Maybe the cold reality of the time worn phrase "It's all up to you" prompted some students to take advantage of the opportunities.

STRETCH FOR TWO. Varsity player Charlie Payne goes up for a layup in a game against Courtland. Stafford won 71 to 52.



THAT'S IT. Mike Barr indicates his lunch selection to cafeteria workers.



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BUILT TO TAKE IT. The freshman squad builds a pyramid during a cheerleading camp held at the University of Richmond.

POINTING THE WAY. Guidance counselor Mr. Michael Fariss directs student Pete Terry to class on the first day of school.

People's Choice . . .



Was there student life without money? Money earned from part-time jobs or borrowed from parents provided students with opportunities to select those activities which they wished to attend. Some students chose school dances, on Friday nights, after football and basketball games or

the Bee Hive in Fredericksburg.

Large numbers of students paid from twelve to fourteen dollars for tickets to see concerts at the Capital Centre in Landover, Maryland and the Richmond Coliseum in Richmond, Virginia. Students also paid \$8.98 each for new albums and tapes by favorite

artists such as Alabama, Rush, and Van Halen.

For the spectator, events included the Harlem Globetrotters, professional wrestling, the Juniors vs. Faculty basketball game, and male dancers at the Silver Slipper Club.



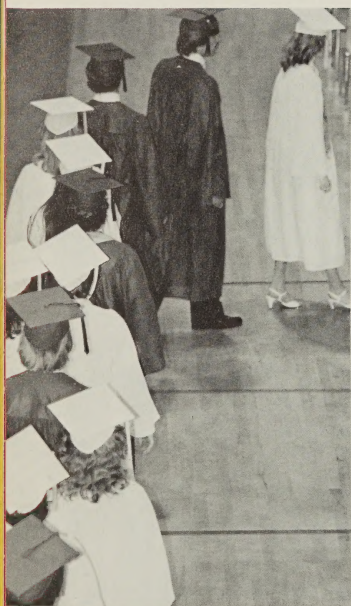
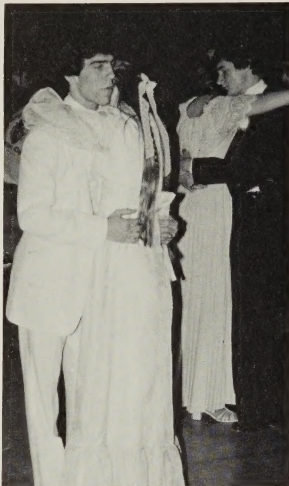
GOOD TIMES. At the homecoming dance, the floor was crowded with young people enjoying the sounds of the group Burgundii.



Added Diversions

MASS CONFUSION. Senior class sponsor, Mrs. Agnes Dunn, struggles to maintain order during graduation practice.

SLOW DANCIN'. Bryan Hovey and Kim Cook enjoy a slow number at the Junior-Senior Prom.



FILING IN. 1982 Graduates march into the gymnasium to begin the graduation ceremony.

DIPLOMA DELIVERY. Charmaine Hyde joyously receives her diploma.





CELEBRATION. Seniors express their excitement after receiving their diplomas.

ODD COUPLE. At the Junior-Senior Prom Kevin Mills and Mrs. Mary Lou Pitzer enjoy a dance together.



SLEEPING IT OFF. Former seniors Joe McKinney and Pete Janns rest during one of the "Boring" graduation practices.

"They were definitely wild!" commented junior Cathy Dodd as she thought back to the graduated class of 1982. Memories of a greased flag pole at James Monroe High School with a dummy football player attached and a flasher (Richard Hodge) at a pep rally were still in student's minds. The former seniors were also noted for the noise they made. Art teacher, Janet Payne stated, "I'll never forget all the hooting and hollering that class did during their graduation practice."

1982 graduate Anne Bojohnny agreed with the sentiments of her alumni "We had a really close class. Everyone was spirited and loved to party!" John Sharpe offered this advice to up and coming seniors, "It takes the

whole senior class to carry on our spirited tradition, not just a handful of people."

From a "Tropical Paradise" prom to the gymnasium graduation ceremony the seniors completed their year. With the opening of North Stafford High School the seniors were the first to graduate without their former classmates. Tammy Hall remembers commencement as being, "... sad 'cause we had to graduate without all our friends."

The class of '82's high school years were over June 16. Yet their reputation still remained, and as Roger Payne stated, "We leave it up to the seniors to carry on our spirit and accomplishments!"

Year to Remember

Sweating It Out

Supposedly, summer was the time to lay back and enjoy hours of leisure. However, students discovered that their work didn't stop with final exams.

Those students involved in fall sports activities were found practicing throughout the summer. Either football players, cheerleaders, or members of the band were lifting weights, jumping, or marching daily on school grounds to prepare for the football season.

The sports team also attended camps. But why spend their summer vacation sweating it out? senior rookie Mark Shover's answer was, "It was my last year. I had to prove to myself I could do it!"

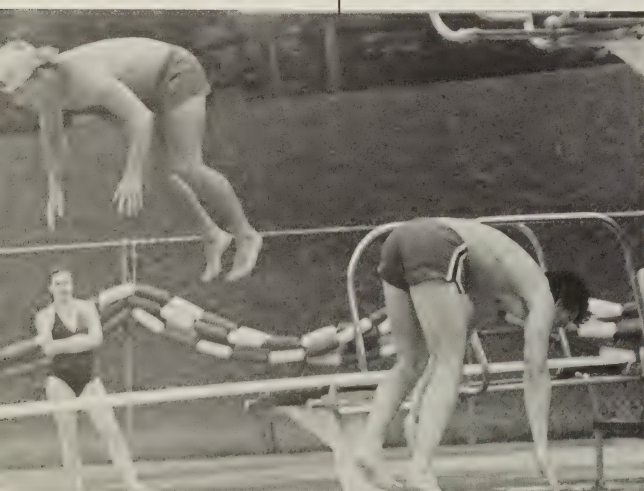
Summer jobs also kept students busy. Seniors, who were planning to go to college, needed to add to their funds. Yet money was mostly needed for those "teenage necessities". Car payments had to be paid, new fall clothes bought, and weekend spending money needed to be on hand. " ...

eighty percent of my pay checks went to the weekends, half of it on McDonald's food!" commented Luke Taylor.

Somehow, these students did find time to enjoy the summer sun. Those who lived near community pools could conveniently sunbathe at poolside. Others found the Rappahannock River to be more adventurous and spent their leisure time tubing and fighting the rapids. Yet those lucky enough to have found a free week took vacations from popular Virginia Beach to family trips to the World's Fair at Knoxville, Tennessee.

The busy days of summer passed quickly and students realized another school year was about to begin. With the arrival of the first day, old friends compared schedules and caught up on old news. The students and the school were once again joined as one!

SUPERSTARS. Senior Penny Juggins is greeted enthusiastically by members of the drill team after receiving the spirit pom during camp at Mary Washington College.



TUMBLING TORSOS. Graduated Seniors Richard Hodge and Roger Payne show off their diving skills at Curtis Park.

CHANTING INDIANS. Kelly Rafferty and the drill team show their spirit during the awards competition.





LET YOUR SPIRIT SHINE. Junior Varsity cheerleaders preform for their daily evaluation at the NCA camp which was held at the University of Richmond.



SETTING THE STAGE. Senior Larry Cox helps prepare for the Fourth of July afternoon concert at Old Mill Park.

THE BEST OF THE BEST. Varsity cheerleaders compete for the Award of Excellence at the University of Richmond.



WATER GAMES. Freshmen Mark Lenzi, Stephanie Shelton, and Sharon Amos relax during the summer at Pleasant Valley pool.

FLOATING BY. Senior Karen Fairbanks and crew prepare to start at the Fourth of July Fredericksburg River Raft Race.

A Long Preparation for a Short Celebration

"But Homecoming is this weekend!" cried students as their unresponsive teachers piled assignments on their desks. With the marking period ending the Tuesday after Homecoming weekend, students had to juggle nine weeks tests and homework. However, they were still expected to work on Homecoming preparations and keep their spirit alive.

Meanwhile, the less experienced freshmen struggled with curious questions: What is Homecoming? Is it a dance? A football game? Or just a time to acknowledge that we're back at school and summer is over?

As the answers to these uncertainties were discovered, more questions popped up: Should I get a long or short dress? How soon am I supposed to get a date? Should I get her flowers?

However, these questions had

(continued)



LAST MINUTE HUSTLE. Freshmen settle down to complete the final touches on their float in the schools' masonry lab.

HEAT OF THE MOMENT. Sophomore Lisa Brown and friend enjoy a romantic moment away from the crowd at the bonfire.





HOLD THAT LINE. Members of the senior class test their strength against the juniors at the "Anything Goes" competition.



THE PREDATOR. Anne Barnes expresses her school spirit by dressing accordingly for costume day.

SEND IN THE CLOWNS. Seniors Wendi Spindle and Karen Dodd parade through the halls between classes.



HARD CORE. On new wave day, Ray Hall displays school spirit and courage in his striped tee and mohawk hairdo.



PERFECT PATIENCE. Sherri Boutchyard concentrates on a painting for the decorations of the dance.

FREAK-OUT! Nikki Gentry and Lynn Brown look on as Angela Haynes is mighty surprised by a cat searching for her attention at the bonfire

A Long Preparation for a Short Celebration

to take a backseat to Homecoming preparations as classes labored furiously at their floats, each class hoping to win the float competition. The seniors were working especially hard to create a first place float. "We had lost the float competition every year; this was our last chance. We wanted it bad, so we worked hard!" commented senior class President Dick Futrell. But float construction in the Vocational Labs after school was also, as one freshman stated, a hubbub of flirting, gossiping, and wasting time.

Dressing up for Spirit Week added more fun to the hectic days. New Wave day proved that everybody had a little punk in them; miniskirts and mohawks were common sights. On Costume Day the halls were jammed with frogs, apple trees, gorillas, and even E.T.!

Friday evening activities began with the annual Key Club spaghetti dinner in the school cafeteria. Students ate quickly and moved to the football stadium to put last minute touches on class float entries. Cameras flashed as proud parents preserved memories of the perfect evening. At halftime, the music of the band filled the stadium as flag girls and baton twirlers marched exuberantly onto the field while anxious players and fans looked on. Following the band was the colorful parade of floats

where each class proudly displayed its moving illustrations of the four seasons theme. As the floats arrived at the fifty-yard line, class representatives stepped off the floats to be recognized. After an anxious moment, Larry Dickinson and Dori Ford were crowned King and Queen. The completion of the halftime activities led to the jubilant twenty-one to six victory over Stonewall Jackson.

Friday night partying ended all too soon, and the reality of Saturday morning came as a shock to those who had to be ready for the dance that night.

At eight o'clock, blushing young ladies showing off their new dresses pranced eagerly into the cafeteria, accompanied by their dates. As the band started to play, inhibitions were lost and high-heeled shoes and choking ties were tossed behind chairs. Twosomes paraded onto the dance floor, and as Cherie Sawtelle remarked, "The band played good dancing music." Flushed faces sipped pineapple punch, and butter mints were eaten by the thousands.

All too quickly the lights came on and the music ceased. Exhausted couples plodded into the cold air. After the long preparation, the short celebration was over.





JUNIOR COURT. Representatives of the class of 1984 wait anxiously to depart as their float pauses to be admired by the spectators.



LET THE FLAGS FLY. Drill team members present a peel-off during their half time show routine.

WINTER WONDERLAND. Senior class attendants complete the parade with their award winning float.



SAY IT WITH FLOWERS. Sophomore representatives, Joy Montrieff, Spencer Sullivan and Kristine Ritterbusch gaze towards the crowd as their float approaches the fifty yard line.

REFRESHING PAUSE. Shirley Ballard and Jenny Cash take a break from dancing to enjoy a glass of punch.

ROYAL REVIEW. Dori Ford and Larry Dickinson stand by Mr. Samuel Cox's side after being announced King and Queen.

CASUAL CORNER. Western boots and a leather cap accents sophomore Carlton Bullock's denim jeans and jacket as he sketches in art class.



STEPPING IN STYLE. Senior Mary Fitzpatrick is dressed in the height of fashion with her minidress, tights, and leg-warmers.



FOUR HOLES IN ONE. Senior Tina Wellerman displays the current fad of multi-pierced ears.



FASHION PREVIEW. Elizabeth Morford and Rhonda Cahill wear a popular favorite consisting of baggy tailored pants and blouses.



A Matter of Preference

As she stepped out of the shower at 6:00 A.M., she shuffled bleary-eyed to her room and opened her closet door. Her favorite jeans hung on a hook. She reached for them, then stopped for a moment to think.

"Are jeans fading out?" With the appearance of New Wave, surf shirts, prairie outfits, and the Preppy Look, students had begun to look like a moving kaleidoscope. "Everybody's getting into knickers, miniskirts, and dress pants," declared freshman Kathy Brumback. Of course, the comfortable combo of jeans, T-shirts, and leather jackets for the guys was often preferred to dressier clothes.

Beach and surf shirts had become routine apparel for dozens of students. These shirts were colorful versions of the familiar T-shirts, adorned with a brand name or the name of a surf shop. The prevailing brands were Pete Smith's and 17th Street Surf Shop, both of Virginia Beach, and Ocean Pacific

the national brand better known as OP.

The soft look of prairie was also seen. The principal prairie garments were ruffled blouses, calico or denim skirts, and Western boots. However, the Prairie Look was worn occasionally, perhaps because of the lack of variety in clothes. Senior Jacquie DesRoches put it another way, "Western is out, and Vogue is in."

In complete contrast to prairie was the wild and bold punk, or New Wave. Bright tops, miniskirts, and leg-warmers crept into girls' closets, while a few courageous guys tried out the new plastic pants, skinny ties, and short, greased-back hairstyles. Why wear punk? "I think it's fun," stated Jon Allinder, a senior. "I like to be different. I like to be creative. There are no rules with New Wave. I just make it up as I go along. I love to clash!" Jacquie DesRoches felt that New Wave was "the '50's, '60's, '70's and '80's all rolled into one

colorful package."

Was there a difference between punk and New Wave? Senior Elizabeth Grey thought so. "Punk was meant as a revolt. It was very harsh, crude, very anti-society, and people dressed accordingly. New Wave is more like a way of party dressing — more concentrated on high fashion. It's not so much of a revolt as a fashion sense."

Of course, the familiar Peppy clothes were still visible on numerous students. Monograms, oxford shirts, and Dockside shoes dotted the halls, accompanied, by plaid skirts, turtlenecks, and crew-neck sweaters.

There was some controversy as to the predominant style. Jon Allinder felt that jeans and T-shirts were most popular, while Elizabeth Grey maintained that the prevailing look was Preppy, mixed with the cleaner look of high fashion.

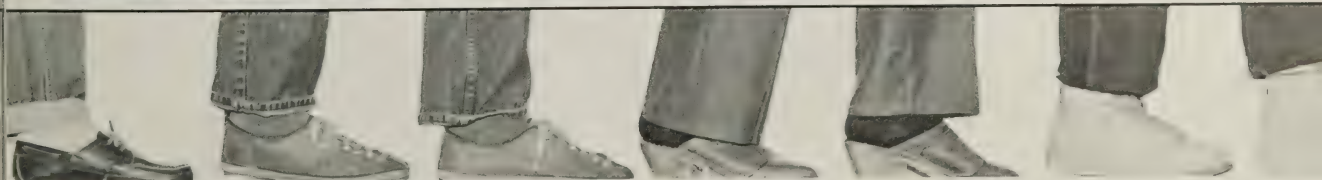
Regardless of the style, students definitely chose their

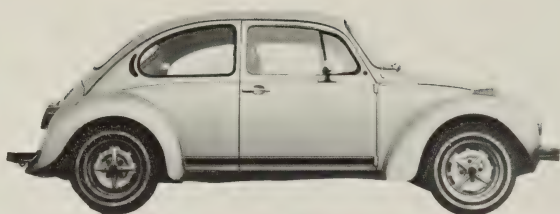
clothes to suit their own taste and their own personality. "If a person feels uncomfortable in his clothes, he tends not to be as creative or open-minded as he would be in something more comfortable," said sophomore Regina Rees.

Because of the wide variety of "In" styles, students felt free to choose their friends by standards other than clothes. "I don't dress to please my friends, I dress to please myself," stated Velvet Payne, a freshman. In all aspects, fashion was truly a matter of students' preference.



LUNCH BREAK. Daryl Hovey, Michele Madison, Rhonda Silver, and Tony Scott take it easy in an everyday apparel of jeans, flannel shirts and down jackets.





On the Move

Subdivision after subdivision, farm after farm — Stafford is a rural county. So how did one get from Ferry Farms to Clearview Heights, from Woodlawn to Spring Valley? How did one get from one's doorstep to school, restaurants, or the mall? The answer is plain and simple. One needs a car.

Without a car, one is socially handicapped. Stafford being a rural community, students found their own means of transportation. Public transportation, such as buses and subways, wasn't available.

Sophomores and freshmen who weren't old enough to drive had to rely on parents or older friends to get around. As sophomore Julie Harold said, "not having a car doesn't allow the freedom that your older friends have, such as going out after football games and on weekends."

Dances after football games provided underclassmen with a chance to socialize; still, trans-

portation was needed to get students home or to weekend hangouts.

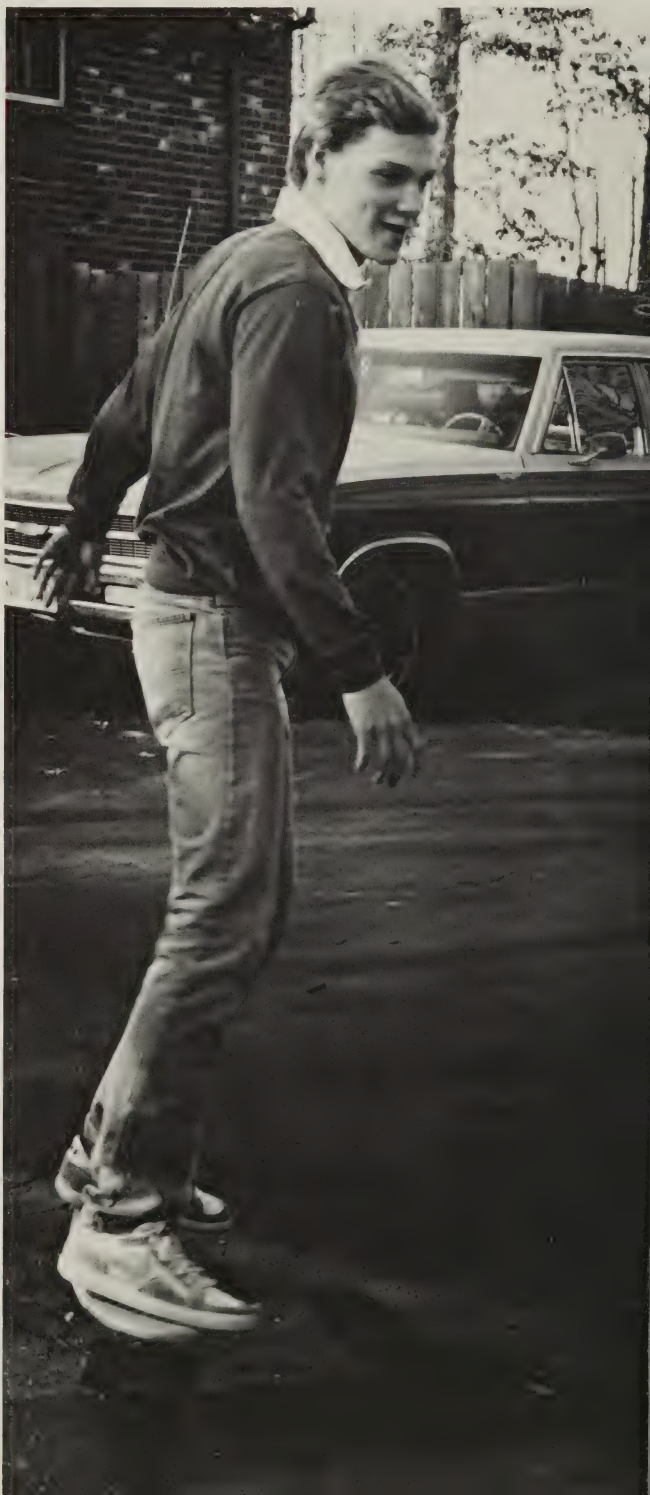
Most juniors and seniors who drove said that they spent an average of fifteen to twenty dollars a week on gas, with driving to school and getting around on weekends. But suppose the price of gas was raised to five dollars a gallon? "I wouldn't drive as much," said junior Harvey Wilson. "But I'd die if they raised the driving age to 18!" People who drove often found that they had more friends than they could fit in their car. Students found themselves carting numerous classmates to and from school. This took up a major part of a student's driving, but on weekends, "cruising" was a favorite pastime.

Other forms of transportation such as skateboarding, roller-skating, bicycling and jogging were more often used as recreation or fun. A car was still often needed to get to a track or to a roller rink.



HEADED HOME. Students wait to move into the line of afternoon traffic leaving school.

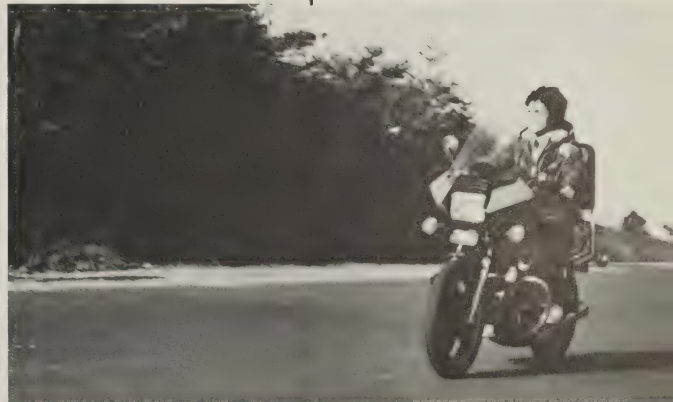
ROLLING ALONG. Dan Duncan spends some of his free time skateboarding about his driveway.





RALLY RACE. Bobby Jo Newton and Keith Matherly stop to socialize in the school's parking lot before heading home after school.

EASY RIDER. Freshman Bun Weaver uses her ten speed to take her from Clearview Heights to a nearby High's store.



OPEN AIR. Senior Scott Garrison takes advantage of the cheaper gas expense of riding a motorcycle to reach his home in Woodlawn.

LEISURELY STROLL. Freshman Sandy Embrey, left without a license to drive, walks to a nearby friend's house.



FREE WHEEL. Senior Steve Perkins shows off his skills as he maneuvers his motorcross bike through some rough terrain.

Weekends were made for . . .

Students watched the clocks anxiously as their teachers lectured endlessly. It was the last period of the day; one of those favorite sixth periods; cause . . . it was Friday!

RRRing! Teachers hid behind their desks as students stampeded into the hall and sighed as the last one scampered out. It was the beginning of another weekend and everyone was ready for it. "The thing I enjoy most about the weekend is there's no school," muttered senior Doreen Ferree.

The lobby was a mass of confusion as "the anxious" scurried to their lockers and out the doors. Showers needed to be taken, plans made, drivers found and early curfews protested.

As the sun set, cars filled with teenagers began to appear. No

certain place seemed to be the hangout, students were dispersed throughout the area.

Senior Charlie Brown wasn't certain where the "in" place was, "I guess everyone usually goes to Gatti's." The former McDonald's hangout was losing its customers. Plain clothes cops had been stationed in the restaurant to stop loitering. Senior Dave Rizzo had been kicked out several times, "I'm banned for life now, 'cause I called a girl a . . ." Students were then going to Carol's, Pizza Hut and other fast food restaurants.

The Spotsylvania Mall attracted everyone. Guys could take their dates to one of the four cinemas. Video fanatics could spend their quarters in the mall's arcade, Aladin's Castle, while

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WHERE THE BOYS ARE. Freshmen Mark Lenzi and Danny Beverly stroll the Spotsylvania Mall's corridor looking for familiar faces.



OVER AND OUT. Freshman Michael Duncan bounces and flips on his backyard trampoline.

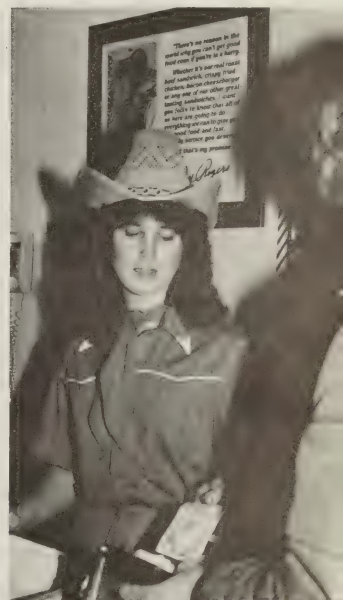


PICK UP GAME. At an afternoon basketball game held at Brooke's Park, senior Joe Akins guards freshman Mike Coleman.



AFTERNOON DELIGHT.

Sophomores Sherri Swann and Kathy Danner prepare to pull out of the school parking lot to head home for the weekend.



HOWDY PARTNER. Senior Mary Fitzpatrick collects money from a customer at the Spotsylvania Mall's Roy Rogers.



ON A BET. Senior Tina Tucci wipes her mouth after finishing a "mixed drink" containing a variety of party leftovers for an offer of three dollars and twenty cents.

ALL FOR YOU. Seniors David Wilder and Pernell White contribute to keeping McDonald's clean and tidy.

Weekends were made for . . .

teenage girls could spend their last penny on another piece of clothing. The mall also provided both fast food and sit down meals to satisfy hungry stomachs.

Greg Sharpe agreed that the mall was a popular place, but he felt cruising was a part of every weekend. "Everyone just burns gas," he said, "they don't settle down." Those who were sick of putting gas in the tank and going out for a dinner and movie felt there was nothing to do. Junior Sheli Herron felt the area needed something new. "I wish they'd open a disco that you don't have to be eighteen to get into. They could stamp your hand if you're

old enough to drink," she said. Other requests included a roller disco and ice skating rink.

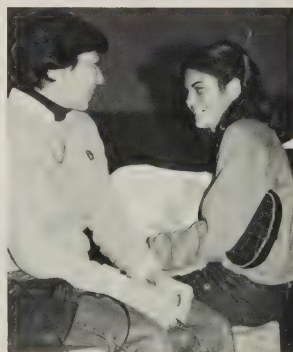
Saturday and Sunday mornings were hushed by students' silent sleeping. However, those who needed money took advantage of their free time and had weekend jobs. Students were mostly employed at fast food restaurants. Yet, jobs varying from sales clerks to mechanics were also held.

Students used weekends to socialize, work, play and relax. Saturday's and Sunday's seemed to renew student's spirits and gave them the strength to face another Monday.



CHECK IT OUT. Seniors Cherie Sawtelle, Kerri Clark, and Mark Shover observe a game of quarters played at senior Greg Sharpe's party.

SORE FEET? Juniors Alice Lowery and Jane Mergenthal take a restful break from shopping on one of the mall's many benches.





HELPING HAND. Junior Kevin Bruce listens intently as an Earl's customer instructs him as to where to cart her groceries.

MUNCH BREAK. Senior Margie Toombs converses as her classmate Michele Thomas enjoys a slice of pizza from the Spotsylvania Mall's Orange Bowl.



SPORT SAGA. Freshmen Erika Byrd, Lara Shelesky, and Leigh D'Luges wait for some friends to join them for a game of tennis or basketball.

CASUAL CONVERSATION. Senior Bernie Braun and freshmen Brawner Greer and Steve Braun meet in front of the Spotsylvania Mall's Leggett to talk.

The Name You'll Never Forget

Stafford County, Stafford Indians, Stafford High School, SHS — it was seen on P.E. uniforms, gym bags, jackets, and bumper stickers. It was painted on the faces of cheerleaders and other spirited students on pep rally days. It was even spotted on bathroom walls and on bare bulletin boards. But where did it all come from?

Students displayed all kinds of articles which sported the school name or emblem. Freshman Margaret Rooney had a Stafford jacket and gym bag. Where did she get them? "They're hereditary," she answered. "They were my sister's."

Andrea Smith, a freshman

basketball player, said, "We don't have SHS or anything like that on our uniforms, but I have a Stafford sweatshirt and baseball shirt. I bought them both here at school." Items such as these were sold at the school store. However, a few articles, such as long-sleeved T-shirts, were also sold by sports teams as moneymaking projects.

P.E. uniforms with a Stafford County insignia were required for all gym students. This rule caused some problems, however. If the Stafford shorts and shirts were stolen, the replacement cost was seven dollars. Also, the fit of the Stafford County shorts was often less than perfect. "I'd rather wear my own

clothes because sometimes the Stafford County clothes don't fit," stated Karen Bland, a freshman.

Cheerleaders and pom-pom squad members were frequently seen wearing the Stafford emblem. On the days of games, the freshman cheerleaders all wore their yellow long-sleeved Stafford T-shirts. "Our cheerleading uniforms have an Indian emblem on them, too, but nothing that says Stafford or SHS," said Kim Peyton, a freshman.

Students' desire to wear the Stafford emblem was capsulized by freshman Sherri Curtis' comment, "Because it shows my new school's spirit."



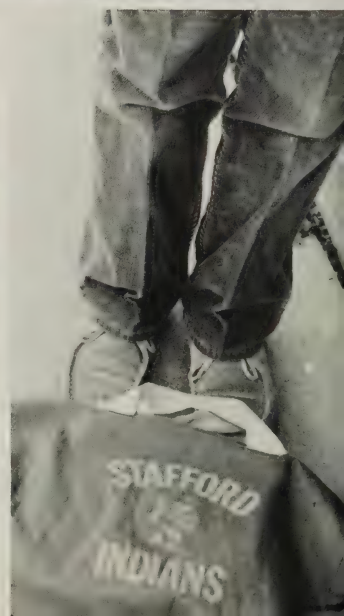
FOR THE RECORD. The Stafford coat of arms can be seen in the school lobby.

TRACK BACK. Letter jackets proudly display students' favorite sports.



SHOUT IT OUT. Varsity cheerleading sweater shows one of the many emblem alternatives.

FOOTBAG. A gym bag in the popular style bears the Stafford nickname and logo.





SPIRIT SYMBOL. Varsity cheerleader Doreen Ferree exhibits a variety of school emblems.



SUITED FOR GYM. Junior Kevin Phillips wears the Stafford County P.E. uniform as he takes a break from lifting weights.



GIVE ME A "D". Varsity cheerleaders spell "Stafford" as a spirit booster at the winter pep rally.

HOME FIELD ADVANTAGE. The Stafford logo, which appears on the football helmet, also decorates the stadium for the fans to enjoy.

FITNESS EXPRESS. Senior Robin Hicks uses the stationary cycle at the Fredericksburg Spa to stay in shape.

SWIM SESSION. Sophomore Eric Swisher swims on the YMCA Sting Ray swim team.

PROFESSIONAL ADVICE. Freshmen Karen Bland and Andrea Smith refer to Weight Watcher's magazine for diet and exercise tips.



ROUND THE BEND. Varsity wrestler Monty Martinussen stays in shape by jogging indoors after school.

CHROME CORNER. Freshman Chalee Wing stays in shape by working out on the universal at the Spa.



IN THE STRETCH. Alan Cannon, a freshman lifts weights in preparation for the soccer season.





Keeping in Shape

Up two three four, down two three four, side two three ... Grunts and groans were heard from perspiring girls in leotards. In this small windowless room, a record player yelped out instructions to help mold a figure. People came here to "get in shape."

For many students, aerobics and modern dance classes were ideal forms of exercise. Others preferred after-school sports, or simply working out on their own. Spas such as Trintique were popular, as well as the YMCA for swimming and weightlifting. Chalee Wing, a freshman who belonged to, **The Spa**, a health club, enjoyed the more exotic advantages of joining by saying, "The whirlpool is fabulous."

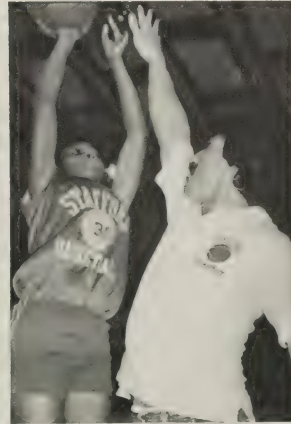
Exercise, however, was only half of staying fit. Dieting was an essential part of staying slim. Weight was a touchy subject especially for girls on diets. Fad diets went in and out, one of these, the Cambridge Diet Plan was popular among teachers and students alike. A freshman, Carol Druzick, who went on the Scarsdale Diet said, "After two days I couldn't take it anymore,

so I twinkied out." Bets were made to see who could lose the most weight before a special occasion.

Even sports, for instance wrestling, demanded weight loss to compete. A varsity wrestler Marc Cheadle explained, "To get into a lower weight class I lost 13 lbs. in 9 days by living on vitamin pills, water, and gum."

Girls' softball coach Bernard Humphrey informally held conditioning sessions for prospective softball members or players after school. And as one sophomore team player, Patty Keene, referred to it, "It's our unofficial exclusive health club. Mr. Bernard Humphrey's Spa."

There was a little bit of health fanatic in everyone. Having at least attempted a diet or been on an exercise program at sometime, students couldn't deny that they were concerned with their appearance. And even though the work-outs ended with a "three four" and a mass of tired bodies, the feelings were good because they were on their way to getting in shape.



ONE-ON-ONE. Senior Kim Brown takes on Coach Bill Engels in a game of extra-curricular basketball.

MILE-A-MINUTE. Home Economics teacher, Mrs. Linda Long, and Mrs. Martha Ayres walk off calories as they exchange the latest gossip.

Junked Out

Twinkies, chocolate cupcakes, cherry pies, ice cream sandwiches, pizza, hamburgers, french fries, onion rings . . . the list goes on and on.

Arms piled high with Tasty Kakes and ice creams unloaded at awaiting tables during lunch. Junk food was good. Everyone liked it. As sophomore Lisa Newton explained, "I live off of junk food!" Junk food was fattening, expensive, and most of all bad for you.

Lunch hour wasn't the only time that students indulged in unhealthy snacks. Before school a "Big Gulp" and a pack of cigarettes constituted a skimpy breakfast for those in the smoking area.

After school, students armed with quarters and growling stomachs mobbed cafeteria drink and snack machines. Robyn Marshall, a sophomore said, "You need extra nourishment for practice, like cupcakes and cheese things."

Weekends found students crowding local fast food restaurants in search of a quick "munch." Pizza parlors were a favorite meeting place after football and basketball games. Agresta's, Gattis and Pizza Hut were teemed with famished players and fans eager to indulge!

In previous years students in clubs were allowed to sell candy and candy bars to classmates as fund raisers; however, since eating these goodies began to interfere with class activity, the selling had been strictly prohibited. As a result, candy and snacks were smuggled into classes and eaten behind turned backs.

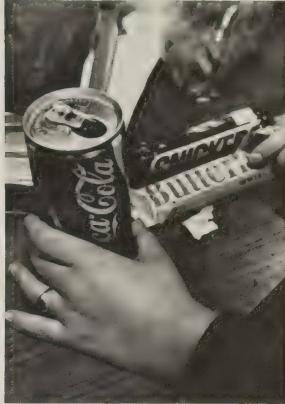
Junk food was a part of our lives. Many people may have wished to have changed their habits, but if you had the choice, which would you choose, an apple or a cupcake?

TEACHER'S TERRITORY. Spanish teacher Mrs. Patricia Jones attempts to halt seniors Brian Myruski and Lowell Ballard from using the faculty vending machine.





TASTY TREAT. Sophomore Ricky Herron indulges in a Tasty Kake during his lunch shift.



SUGAR BREAK. Sweets provide a quick pickup for the after school athlete.

SHOVE IT IN. English teacher Mrs. Sue Gill takes advantage of a student's offer of popcorn during a movie.



SUPREME SELLERS. FBFA members Sherrie Miller, Wendy Crismond, business teacher Mary McCauley and Lisa Elliot celebrate the successful completion of the Tom Watt fundraiser at Mr. Gatti's.



SNEAK SNACK. Graduating junior Kathy Chapman takes a break from her art work to satisfy her hunger.

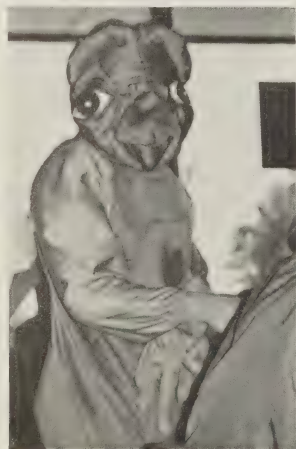
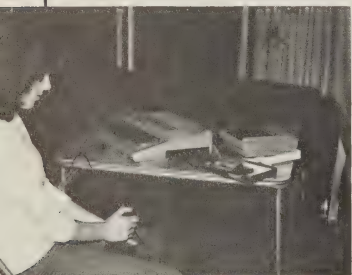
EGG SITTER. Craig Hovey observes junior Laurel Kuchenbrod's sociology "baby" as she takes a break.

Something to Think About

Sale! Reduction! 50% off entire stock! Going out of business... Despite Reagonomics, the state of the economy worsened and the country fell into a recession. Business failures averaged 500 a week and 11,500,000 Americans were left jobless. Locals realized that not only big companies in the midwest had suffered from bankruptcy and plant closings but area businesses, such as Woolco, were affected also.

Despite the economy, Amer-

HOME INVADERS. Sophomore Carolyn Jacobs enjoys the luxury of playing a video game at home on her Atari 500.



HEART LIGHT. Senior Tina Tucci chooses to wear an ET costume for her Halloween attire during Homecoming week.

icans still discovered methods of taking vacations. During the summer months, thousands flocked to Knoxville, Tennessee to capture the sights of the World's Fair. October first marked the completion of Walt Disney's dreams of the future as the Epcot Center opened for view in Florida.

Both commercial and home screens monopolized hours of Americans free time. Steven Spielberg reached into people's hearts and wallets with his multimillionaire movies E.T. and Poltergeist. Cable television brought the movies home to over one third of the American population, while video and personal computers brought the arcades home.

The fall sport season kicked off on the wrong foot for football fanatics. The threat of a player's strike became reality as the season was shortened to only nine games. However, the Washington fan's patience was rewarded with an 11-1 season record and a shot at Super Bowl XVII after the Redskins defeated Dallas 31 to 17 for the NFC Champion-

ship. Unlike Game VII ten years ago, the Redskins defeated the Miami Dolphins 27-17 and won their first Super Bowl.

The death of Princess Grace in September brought an end to a fairy tale marriage of Monaco. While in July, the birth of a new Prince, William Arthur Phillip Louis, to Lady Di and Prince Charles, was heartily welcomed by Englishmen.

After years of frustration, Vietnam veterans were finally recognized with honor. On November 11, an angled wall of polished granite raised tears of remembrance to those close to the 57,939 men who died in Vietnam.

Unfortunately, innocent Americans became victims to criminal expressions. In early December, Norman Mayer seized the Washington Monument and several hostages in order to protest nuclear arms. American consumers also became victims to tampered products. Accounts ranging from poisoned mouth wash to cyanide laced Tylenol were reported. However, the seven Tylenol

deaths, resulting from a single man's past personal grudge with the company, were etched in American minds to remain forever.

Drunk drivers for the first time in American history were treated as criminals and charged with murder. Road checks and police cars became more frequent sights. Laws became stricter as the list of restrictions and consequences grew. High school students moaned as they were arrested, threatened with their drivers' license and lost their drinking privileges until age nineteen.

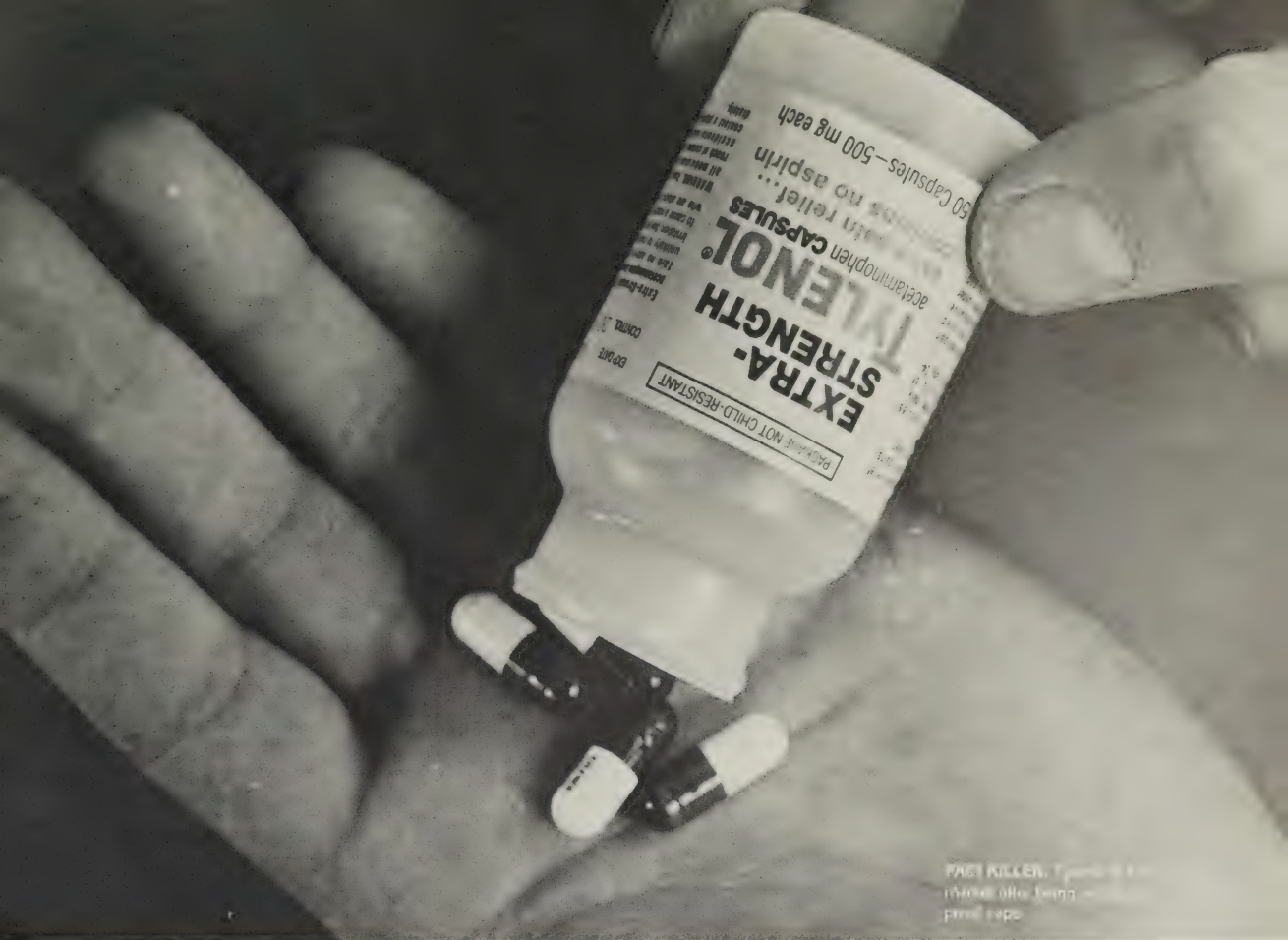
As usual, the year was filled with gains and losses. The largest snow storm since the mid 1970's piled sixteen inches on the surrounding area, which gained students an unexpected vacation and a loss of four scheduled holidays. February ended with a farewell to the television series Mash and foreshadowed the end of the year. The month of June held magic moments for another graduating class and fresh space for rising underclassmen to fill.



BARGAIN DAYS. The local Giant Food proudly displays its low prices on fruit.

HELPFUL HINTS. Congressman Paul Tribble makes a special appearance in the school auditorium to speak to the seniors.





PAIN KILLER. Tylenol Extra-Strength capsules.



THREE LITTLE HOGS. French teacher Betty Dameron and her two sons pose in front of the pre-Super Bowl festivities in Pasadena, California.

GOLDEN GLOBE. Tourist enjoy the view from one of the many rides at the World's Fair as the Sun's Sphere towers over them.



Since the success of a school was dependant upon students support and effort, it was up to the students of SHS to make the school strong.

Success of athletic teams and clubs was affected by the amount of student support they received. Students had to participate and

put forth a group effort to win games, help the community, and learn from the results.

Most of the student support came in the form of spirit. Spirit-energy and animation were present in all areas of the students' lives. Club spirit, team spirit, and class spirit were more evi-

dent than ever during the year. At pep rallies, posters, "Stafford" sportswear, and blue and gold hairdos proved that the spirit had reached an infectious level. It was apparent that when left up to the students, they had decided to respond.

SPIRIT OF 84. Amidst showers of confetti at the winter sports pep rally, Juniors clap, chant, and wave posters to try to prove that they are the most spirited class.



Lots of Class

Cindy Adams
Dawn Amos
Heather Barkley
Ann Barnes
Marsha Bates



Dorothy Bell
Kim Bell
Michelle Benge
Timothy Beverly
Charlie Brown



Jim Bucchio
Chris Buffington
Mark Bugay
Bobbie Jean Byram
Nina Carneal



Aleta Carter
Kerri Clark
Vicki Clark
Lisa Chewning
Donna Clipper



Pat Crouch
Brenda Curtis
Robin Curtis
Becky Davis
Idah Rhea Davis



Larry Dickinson
Stephen Dunn
Mike Eye
Karen Fairbanks
Denise Floyd





Dick Futrell
Donna Gallahan
Tracy Gallahan
Rocky Bennett
Marsha Gatewood



Brian Gault
Karla Gheen
Vicki Grice
Jennifer Grinnan
Pamela Gulick



Tammy Hagan
Ray Hall
Lisa Hardin
Mike Hart
David Haug



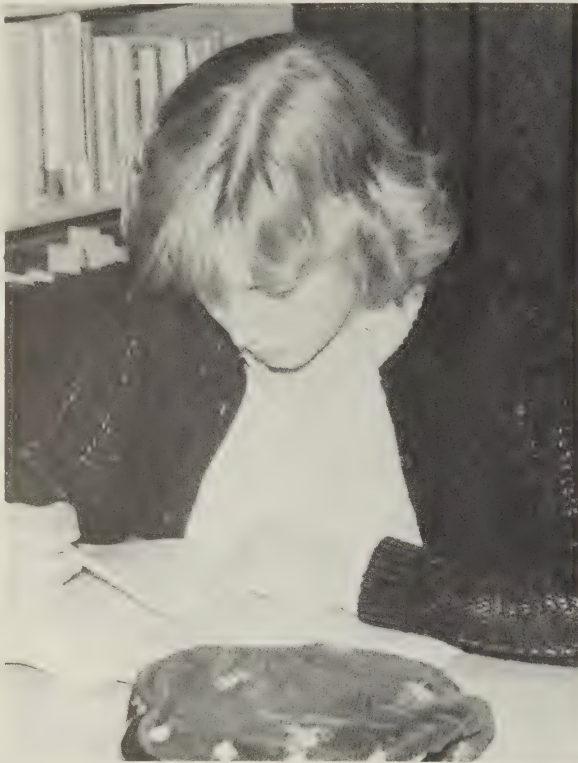
Break A Leg!

The old cliché "break a leg" has never been taken literally. However, Dick Futrell, in the leading role of **Scapino**, managed to do so during the first public performance. The mishap occurred shortly after intermission. Dick said that he was executing a "Karate jump from the stairs which caused my knee to be disjointed," despite the

pain, the actor continued his part. "The show was to end soon and we worked so hard. I just wanted to continue." However, the pain became completely unbearable and Dick had to be carried off the stage. An ambulance was summoned which took Dick to the emergency room at Mary Washington Hospital.

With the hospital filled, concerned actors and friends anxiously waited for the x-ray results which would determine the fate of the show. After the news was received the reality that **Scapino** could no longer be staged was faced with disappointment by Saturday ticket holders and students who had tickets for a Monday morning performance.





Brain Pain

What were SAT's? They were the Scholastic Aptitude Tests which are required by colleges in order to gain entrance. Since SAT's were so difficult two courses were offered to better the students SAT scores.

Courses in Manassas and

Courtland were given every Saturday for six weeks for two hours. Ida Rhea Davis and Jennifer Desilets, who took their courses in Manassas, felt the courses "helped us to see our areas of strengths and weaknesses."

HARVARD OR YALE. Senior Idaho Rhea Davis attends a Manassas preparation school for SAT's.

RED TAPE. Seniors, Greg Rowles and Jimmy Lewis fill out forms for SAT's.



Janine Henderson
George Hogge
Wayne Houchin
Stacie Hovermale
Billy Hovey



Steve Howell
Carla Hutchison
Stephanie Johncox
Carla Johnson
Melissa Johnson



Robert Johnson
Diana Justice
Lea Kelley
Angie Kemp
Christine King





Kendell Kinney
Kim Leggett
Kelly Lindsay
Elizabeth Lockhart
Mike Lussier



Keith Matherly
Patricia Mullen
Karen Muller
Johnna Newman
Sandra Parker



Peter Payette
Tammy Paytes
Howard Pearson
Jesse Preston
Ella Pritchard



Cindy Quann
Margo Randolph
Christina Ratliff
Karen Reeve
David Reid



Powell Sale
Carol Schlosser
Angela Seay
Mike Seay
Lora Smith



Loretta Smith
Rhonda Smith
Beril Southall
Wendi Spindle
Dean Stanfield

CLEANING UP THE ACT. Seniors Joe Akin and Rob Lake dry off after a skit done during one of the Young Life meetings. Leaders Greg Scheibel and Mr. Bill Hammen stand by.



Andy Steinbach
Donna Stevens
Sidney Thomas
Trena Threatt
Tina Tucci



John Usher
Lawrence Wawrecenski
Clyde Wayland
Tina Wellerman
David Wilder



William West
Debbie Wible
Brian Wilson
Carlee Woodford
Jeff Yates



Lori Zack



Young Life: A Welcome Escape

Where might one see egg all over Bernie Braun's face, a three foot tall football player with painted fingernails, bananas being shoved into Greg Rowles' mouth, and lots of smiles? It had to be YOUNG LIFE!

Young Life was a club open to anyone who wanted to attend. It was a fun mid-week break in the hectic school schedules. It offered a chance to be with your friends, relax, and have a good time. Young Life met once a week at the home of any member.

The club was led by Bill Hammen, a drafting teacher and Greg Scheibel a

Young Life representative. Each meeting began with singing popular top 40 songs, and then progressed to a funny skit or activity. After more singing the meeting closed with a short discussion about the average problems facing teenagers.

Close friendships developed and a friendly attitude prevailed throughout the meetings. In the summer, Becky Davis, Lori Zack, Dan Holler, and other Young Life members got together and went to Syranac, New York, where all the Young Life groups get together and spend a week

of just swimming, sailing, canoeing and many other outdoor activities. "You get to meet different kinds of people from all parts of the eastern coast, and make new friends," said Becky Davis. Lori Zack explained that "it was kind of hard to leave at the end of the week, but when we all thought of the next summer together, it made it a little easier."

The comments often heard about Young Life were all positive. "It was terrific!" We did different things each week and always had a great time!"



Joe Akin
David Allen
Eddie Almond
Sheila Almond
Alison Angle

Thomas Arnold
David Austin
Sheila Barrett
Teresa Berger
Sabrina Berry

Susan Beverly
Chris Boutchyard
Steve Boutchyard
Ann Marie Bove
Scott Bowling

Bernie Braun
George Breedon
Darlinee Brent
Janet Brooks
Anita Brown

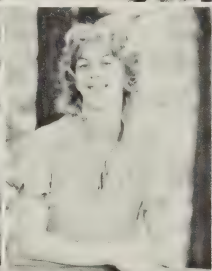
Danny Brown
Kim Brown
Angela Burgess
Martha Burns
Adam Burton



Pam Busby
Linda Bullock
Jimmy Butler
Scott Campbell
Dean Carpenter



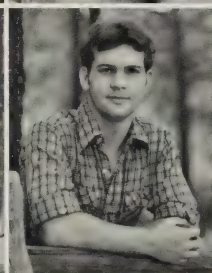
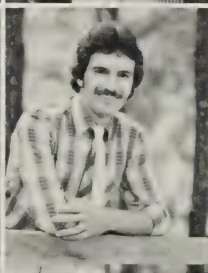
Sandy Carter
Medina Catlett
Diana Charles
Cathy Chapman
Monty Clift



George Cole
Tom Coleman
Kevin Collis
Danny Consten
Kim Cook



Pat Cooper
Russ Cooper
Warren Cooper
Carrol Cox
Larry Cox



T.K. Cox
Karmen Craig
Rhonda Craig
Patty Crisp
Carey Cropp





SENIOR CLASS OFFICERS. President Dick Futrell, Vice President Dori Ford, Secretary Becky Davis, Treasurer Kerri Clark, and Reporter Rene Thomas.



Stephanie Cropp
Kelly Curtis



Tracy Curtis
Donna Cutshaw



Penny Davenport
Terry Deats



Tammy Delano
Karen Dodd
Rodney Dodd
Mary Druzick
Dan Duncan



Lisa Elliott
Bobbie Elswick
Chris Fahnestock
Gordie Fears
Doreen Ferree



Mary Fitzpatrick
Lisa Fleming

Greg Flynn
Dori Ford
Curtis Fox
Derrick Fraley
Skipper Francis



Scott Garrison
Kathy Goad
Bernard Graninger
Elizabeth Grey
Darryl Griffith



Robin Guinn
Jerry Habron
Kimberly Hack
James Hagerty
Cindy Haines



Randolph Halbedl
Donnie Hall
Lisa Hardisty
Dawn Harris
Mike Hazard



John Heberlein



Kevin Hedrick



"It's a grand ole' flag . . ."

"... it's our high flying flag," designed by Peter Payette during his junior year in 1982. A banner designing competition was held when the school needed a school flag. Peter said that he felt "very proud and honored" when he was notified that he was the winner. "When I was younger I used to make up countries and even went as far as making up flags for each one." Peter hoped that he

would be remembered in the years to come as being the designer of the school flag which will proudly hang for years. When our flag has

been run up on the flag pole, we shall salute Peter Payette.





Debbie Henderson
Kurt Hickman
Cheryl Hicks
Robyn Hicks
Karen Higgins



Tina Hilton
Kevin Hinkle
Luchen Hockaday
Lisa Holland
Dan Holler



Stephanie Holsinger
Doug Hundemer
Todd Hunter
Douglas Hutchings
Marshall Hutton



Jill Hyland
Tina Hylton
Paula Jackson
Kim Jacobs
Hazel Jenkins



Bruce Jennings
Scott Jensen
Donna Jett
Billy Jett
Penny Juggins

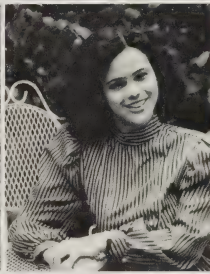


Tom Kutz
Teresa Lape
Mike Lavoie
Jeff Lenox
Krisy Lerose

Jim A. Lewis Jr.
Patrick Little
Patrick Loftin
Sharon Long
Rhonda Mason



Rusty Mason
Paul Masterson
Kelly Mathews
Melinda McGee
Jimmy McKenna



Dawn Mellick
Sherrie Miller
Kerry Mills
Catharina Min
Andre Minor



Jenny Monroe
Steve Morecock
Roger Morgan
Brian Myruski
Dana Newton



Janice Nicholson
Rory Niston
Rodney Owens
Becky Pack
Kevin Parker



William Parn
Barbara Payne
Dean Payne
Kenny Payne
Steve Perkins



Progressive Sound

*Dances, Parties &
Sound Work*

Bernie Braun
703-373-7570

26 Little Creek Lane
Fredericksburg, VA 22405

Bernie Braun, the famous D.J. of all our post game dances, suprisingly had been spinning records for two years before ever being discovered. "I started D.Jing about two years ago. I did my first dance last year during the basketball season; and also had the privilege of D.Jing at the Sadie Hawkins dance." Bernie also worked at other local schools such as: Courtland, Gayle and Drew.

I use the money earned to pay for new records and more advanced equipment." Bernie

made plans to attend college and work as a recording engineer or live sound engineer for bands.

Even though Bernie was unable to take part in the dancing, he said, "I have a lot of fun D.Jing because I get to see so many people having fun, and I'm having fun too. I love music. It is what makes up the best part of my day."

TUNING IN. Bernie Braun prepares his equipment for a school dance in the cafeteria after a home football game.



Chris Phillips
Delia Phipps



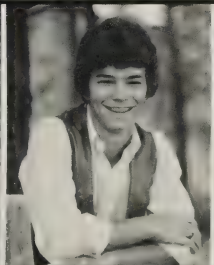
James Randall
Cindy Redd



David Rizzo
Ricky Rodriguez



Richard Rogoff
Darlene Rose



Lori Rowland
Greg Rowles
Lamond Royce
Jeff Sale
Cherie Sawtelle



Britta Schlegel
Carolyn Schlemm
Greg Sharpe
Cindy Shelton
Robyn Schifflett

Marsha Short
Mark Shover
Robert Shriver
David Smith
Kenny Smith



Jody Spinney
Roland Stephens
Elizabeth Stewart
Steve Strickland
Carey Sullivan



Jeff Sullivan
J.W. Sullivan
Karen Sullivan
Kevin Sullivan
Susan Sullivan



Luke Taylor
George Thomas
Michele Thomas
Renee Thomas
Lisa Thompson



Scott Thompson
Donna Timmons
Teresa Timmons
Margie Toombs
Stuart Tullos



Ester Tyree
Nove Gecker
Jeff Viers
Sue Villhauer
Celina Walters

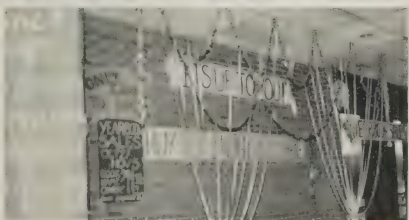




Lisa Way
Joe Weeks
Kevin Wellerman
Pernell White
Kathleen Whitney



CHOOSING THE RIGHT POSE. Seniors Angie Kemp, Janice Nicholson, and Delia Phipps, examine sample portraits to be ordered.



SIGN UP. The Yearbook staff's flashy booth awaits students.

Getting In Touch

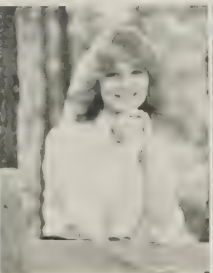
If E.T. could "phone home," then why was it so difficult to call the seniors? The problem was trying to "reach out and touch someone" by having the morning and afternoon announcements. However, many seniors apparently didn't care enough to listen to the announcements. But when the time came to order caps and gowns, portraits, yearbooks, and other important senior necessities, seniors were quoted as saying, "Well we didn't know about it," or "I didn't hear the announcement."

One reason why the seniors did not hear the announcement would probably be the fact that the news was usually "boring" and was about the same meetings and practices everyday. However, the yearbook staff was aware of this and avoided the dreaded "special morning announcement" by designing their own flashy booth to attract the attention of the students during the lunch shifts.

Some seniors complained about the way the class attempted to get students to attend the meetings at the beginning of the year. The rule that was brought about was that only people who attended at least one senior meeting were eligible to be senior class representatives for Homecoming. This rule seemed too harsh at the beginning, but it was later realized that it would be the best way to get people to attend the meeting so that they could be informed of the oncoming senior activities.

"Getting in Touch" with the seniors in the class was probably the hardest thing to do. Dick Futrell, president of the class, volunteered to go around to every senior home-room and collect dues instead of depending on the students to come after school or between classes to pay.

With the many "one chance" opportunities to order caps and gowns and other senior needs, the students found that they had to take time out of their busy schedules and get all these important jobs done. "It's up to you" if you want to graduate in style or graduate at all.



Matt Williams
Ralph Williams
Gloria Williamson
Rhonda Willis
Ann Young

Rebecca Adkins
Mike Albrycht
Kevin Allen
Jon Allinder
Jack Alman
Troy Altizer
Gra Amos



Kim Angstadt
Dale Atkins
Darryl Barnes
Gen Bass
Kim Bays
Bryan Beach
Spencer Berry



"Are you on the decoration committee for the Prom?"

Will Berry
Floyd Bonacorsi
Dan Boudreau
Jeff Bourne
Donna Bowie
Ricky Brady
Carl Braun



Mark Brooks
Mike Brooks
Samuel Brooks
Wanda Brooks
Deena Brown
Felicia Brown
Lynne Brown



Junior Class Officers: President: Amy Hyde; Vice-President: Michelle Rudd; Treasurer: Jami Pryor; Reporter: Kim Harding; Secretary: Jackie Redmond.
These officers devoted much of their time coordinating plans for junior

class fund raisers, dances, and the prom. They encouraged the juniors to pay their class dues, participate in the fund-raisers and to get involved in the activities put on by their class.



Kevin Bruce
Kenneth Brumback
Daryl Bullock
Donna Bullock
Robert Buongiorno
Dawn Burgess
Earl Byram



Mark Cahill
Kerry Callahan
Ricki Campbell
Jose Carberry
David Carpenter
Kenneth Carter
Steven Catlett



Bryan Chatham
Nancy Chinn
Ed Christina
Frank Clark
Sherri Clark
Heidi Clayberg
Melissa Clipper



Mindi Clotfelter
Stuart Cole
Brian Colton
Ashby Conway
Ginger Cooper
Jackie Cooper
Kevin Cooper



Todd Cornell
Gina Corr
Kim Craig
Dirk Craye
Wendy Crismond
Danny Crum
Sandra Curtis



Troy Curtis
Brad Day
Kim DeBernard
Kurt Decatur
Debbie Decker
Rose Devan
Ronnie Digges



Alan Dinehart
Kim Dinehart
Catherine Dodd
Sherri Dodd
Laura Dolan
Todd Donald
Johnny Druett



Edith Duncan
Julie Eagle
Lena Eaglin
Robert Elswick
Richie Fahnestock
Ricky Falconer
Kenneth Ferguson

"Will you turn my class ring?"



Ruby Fitzgerald
Pam Flack
Patty Foley
Robert Franklin
Robert Frazier
Bert Fulford
Carol Gallahen

Preps

Add-a-bead necklaces or pearls, an array of colored panty-hose, and suede elbow patches — What did these things have in common? Without a doubt, these were characteristics of a modern-day Prep.

What was a Prep? "Prep" referred to one's state of mind. A person with ambition, great self-esteem and an outgoing personality was considered a Prep. Overhearing a conversation between two Preps, one might grow aware of the most fashionable clothing styles, the latest at CIVA, and distinguished parties held on the weekends.

A typical day always began when he or she rose at least an hour be-



fore departure time for school. This early hour was necessary for the Prep to coordinate clothing layers, apply make-up, shave, and torment over his hairstyle.

After reaching school the Prep never found it necessary to congregate with others; he or she was secure enough to be seen

alone. The Prep then proceeded to carry out daily responsibilities in the most positive regard. In essence, the Preps were an extremely secure group of people who possessed a lot of class. The place of a full-fledged Prep was never an easy pair of docksiders to fill.

Edwin Garland
Jeff Garner



Kendall Garner
Stephanie Garrow



Candy Gavin
Teresa Gilman



Pam Graninger
Doyle Green



Kim Greene
James Griczin



"The flick was totally awesome!"

Richard Gulick
Cindy Guy
Nancy Haines
Sherry Hall
Eva Hamm
Edith Hamm
Robert Hampton



Kim Harding
Lisa Hardy
Dorothy Hare
Cheryl Hawkins
Danny Haynes
Wendy Headley
Terri Healey



Sheli Herron
Renee Hilling
David Hodge
Jimmy Hodge
Barbi Horton
Kim Hostettler
Jouni Huhtinen



Missy Hundemer
Tim Hunter
Amy Hyde
Ginny Jackman
Preston Jarrells
Doug Jeffcoat
Jimmy Jenkins





Paula Jett
Robert Jett
Bryan Johnson
Ellen Jones
Mark Jones
Russ Jones
Scott Joyner

Angela Kaila
Kristen Kauffman
Julie Keene
Traci Kelly
Joanne Kelminski
Kyrby Kendall
Tim Kendall

John Kent
Stephanie King
Laurel Kuchenbrod
Michelle Lampert
David Lancaster
Ronnie Lang
Paul Laudenslager

Lacy Lee
Stephanie Lewis
Shannon Lockard
Patricia Loving
Alice Lowery
Debbie Mackey
John Marsh

"Let's go 4-wheelin'!"

R'Necks

all, you would be here all day.

The most important things are their "babies" — their trucks. Most of rednecks' time is spent with them, decoratin' them with confederate flags, paintin' names on the tailgate, and washin' them after going diggin'. On the weekends they're lockin' in the hubs and goin' diggin', after that they ride through town with mud from bumper to bumper, tellin' their friends about the "BIG HOLE". And others sit home with their girl or boy friends, watchin' T.V. and takin' it easy. I guess the easiest way to sum up a redneck, is done in a song, they're "just good ol' boys," and girls, too.



Rednecks aren't just guys no more, there are a few girls around too, but redneck girls are just a little harder to find. But a redneck is a redneck, wearing thermal tops with flannel shirts, jeans, and tennis shoes. The guys usually have a hat that only

comes off on necessary occasions.

The rednecks spend most of their time hunting, fishing, or 4-wheeling. The only kind of music they listen to is country. Most of them like Alabama, Ricky Skaggs, and Hank Williams Jr. If you'd try to name them



Ernie Martinez
Danny Mason

Delana Matherly
Kevin Mathews

Matt May
Teresa Maynard

Kathy McCloud
Glenn McDougall

Jane Mergenthal
Billy Milby

TIP-OFF . . .

In early December, the Junior class challenged the faculty to a basketball game. The competition consisted of two games; the junior boys played the men teachers and the junior women teachers.

Mrs. Sue Gill, who was nicknamed "Gabby Gill" participated not as a player but as an enthusiastic cheerleader. "I like working with students who are interested in their class enough to come out and support events such as this game," said Mrs. Gill, "and I like having fun and just being a clown."

Both junior teams didn't do well as far as winning was concerned but members of both student teams felt it was a lot of fun. "I like the kids a lot and think the basketball game was a good idea. It was just for fun," said Mr. Dale Portner, who took on the name "Puddin'-Head Portner" for the game.



TO THE HOOP! Juniors and faculty fight for the rebound during the second quarter of the game. The faculty went on to win against both the girls' and boys' teams.



Dorri Mills
Mark Mills
Jodi Mitchell
Joey Monroe
Kevin Moran
Chalee Mullen
Lisa Mulley



Kim Murray
Leigh Musselman
Christie Nash
Darrell Neitzey
Donnie Newkirk
Denise Newton
Denise Newton



James Newton
Kim Noel
Dave Obenauer
Kris Oyler
Pam Parker
Howard Parker
Lisa Parker





Charlie Payne
Johnathan Pendleton
Bob Perrott
Jenny Phillips
Kevin Phillips
Kenneth Pollock
Anna Pomatto

"Have you played 'Atari' today?"



Tina Porter
Tammy Powers
Jami Pryor
Brenda Pyne
Tony Rabe
Lisa Racine
Kathy Ramsey



Jackie Redmond
Margaret Reed
John Reilly
Todd Repass
Kathy Roberson
David Robinson
Chauncey Rogers



Mark Rogers
Wayne Roles
Shawn Rose
Traci Rowe
Michelle Rudd
Robin Ruddie
Starla Savee



Kim Schad
Robin Schenemann
Tammy Schoen
Tecia Shoen
Ben Schooler
John Schreiber
Pam Scott



Kathy Seay
Kelly Shorter
Dennis Silver
Loretta Simmerman
Bonnie Simms
Amy Simpson
Kim Small



Donna Smith
Judy Smith
Margaret Smith
Scott Smith
Stephen Smith
Susan Smith
Tammy Smith



Robert Spindle
Mike Sponseller
Scott Starnes
David Stedman
Karen Stephens
Mike Stepper
Donald Stewart



Anne Sullivan
Dennis Sullivan
Dwayne Sullivan
Jeff Sullivan
Jennifer Sullivan
Shariene Sullivan
Tracy Sullivan

David Sumpolec
Wayne Swaggerty
Ricky Swenson
Ann Swiggett
Susan Toombs
Greg Trainum
Susan Trunslow



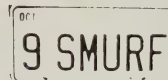
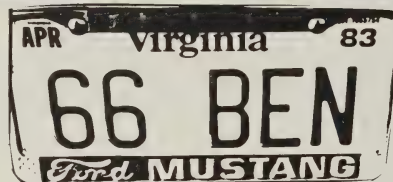
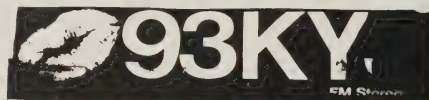
Alisa Turner
Cathy Vance
Mike Vanderberg
Kelly Vandevender
Danny Vittoria
Robert Watson
Tim Weadon

A lot can be learned about a person by looking at his car. The car shows off many "tell-tale objects," that tell you something about it's owner. For instance, you could find out a person's nickname, year of graduation or something about the car itself by just looking at the license plate. Or if you look at their bumper stickers you could find out what hobbies they have, places they've been, or what radio station they listen to.

People take a lot of pride in their cars. After they add all the popular accessories, give it a beautiful paint job, wash and wax it, often they give it one final touch — the personalized plates. This is the identification tag, not only for the car, but for them. Sport participants might put their initials and their jersey number on their plates. Then there are people who have their name or year of graduation across their plates.

Next you have the bumper stickers. Because these are less expensive, they are more common than the personalized plates. Bumper stickers are either advertising a certain place, thing, or an expression of thought or belief. You can look on cars and find out how many people have been to Busch Gardens, who supports the Stafford High School band, which people listen to FM105 or KIX106, or which people "Teach the Children."

Bumper stickers and personalized plates are a way of showing the world one's identity.



Chris Webb
David Werner
Billy West
Garry West
Frank Whipkey
Timmy White
Larry Wible



Kerry Williams
Kevin Williams
Tammy Williams
Harvey Wilson
Kim Wingo
Andy Woodson
Larry Wright

On the Rise



As our freshman year came and went, we moved up in the world and became sophomores, no longer put down for being those "dumb little freshmen." Moving up another year, we had new privileges such as taking driver's ed. and getting a drivers' permit. Also being at Stafford for another year led to making more friends and getting used to the routine of the day.

Sophomore class officers. Estelle Friedman, President, Melina Davis, Vice-President, Sallie Herron, Secretary, Martha Mock, Treasurer.



Kevin Allard
Christopher Allen
Jennifer Allen
Liz Alman
Greg Amos
Pam Andrews
Heidi Antell

Clark Armentrout
Bart Balderson
Shirley Ballard
Michelle Barnes
Herbert Bartley
Pam Baum
Pam Berry

Cindy Berselli
Cindy Best
Leigh Beverly
Neal Blake
Leslie Bland
Ricky Blankenbaker
Stuart Blom

Andrea Bowers
Wendy Briscoe
Michael Brooks
Karen Brown
Kevin Brown
Lisa Brown
Marlo Brown

Ricky Brown
Robert Bruce
Brad Bryant
Carlton Bullock
Carol Bullock
Liz Bullock
Robby Bunn

Diane Burgess
Michael Burgess
Julie Burton
Vivian Burton
Robert Busic
Tracy Butler
Barbara Campbell



Darin Cannon
Kim Carneal
Suzanne Carr
Chris Carter
Rodney Carter
Jenny Cash
Joanna Cassidy



Ronnie Chandler
Chance Charters
Chris Childress
Sharon Christina
Bill Clark
Michelle Clark
Lisa Cleveland



Forrest Clift
Amy Clotfelter
Danny Coakley
Earl Coffey
Valerie Cook
Sherry Cooper
Tim Cooper



Shelly Cornwell
William Cotton
Michael Courtney
Richard Cragg
Greg Crawford
Patricia Crawford
Kirk Craye



Doug Crismond
Rhonda Crismond
Robin Crismond
Teresa Crisp
Doug Crownson
Janice Curtis
Matt Curtis



Glenn Davis
Melina Davis
Ray Davis
Todd Dawson
Carmen Deats
Joan Dent
Susan Dernbach



Kim DeShazo
Robby Desilets
Valerie DesRoches
May Devan
Keir Dickerson
Sherry Dickinson
Tammy Digges



Donna Dixon
Tim Dobson
Steve Druett
Lynn Durham
Tim Early
Joel Edlund
Tiffany Edwards



Rink Rolling

At 3:30 P.M. Monday afternoon, she approached the rink. With skates slung over her shoulder, she made her way inside. She could hear the familiar sounds of music coming through loud and clear over the speakers. She met her friends and sat down to put on her skates. She was ready for a hard and challenging practice that lasted until 7:00 P.M. every weeknight. While some students spent their weekday afternoons after school practicing and participating in school sports, Sandy DePiazza, skated with the Skateland Skating Club of Fredericksburg, which ranged in categories of figures, dance, and freestyle. Meets included interclub, which were held in this area, and invitationals, which were farther away.

Sandy managed to maintain her honor roll grades even with daily practices. She ran a busy schedule of coming home, doing chores around the house, going to practice and then returning home to do homework.

One disadvantage of long practices after school was not being able to attend club meetings, games and other school activities.

"Skating is a hard competitive sport," Sandy commented. "Like any other sport, skating demands practice. If you don't practice, you can't go anywhere with it." How well the skaters scored at meets depended on each

judge. Sandy said, "It's as easy as this. If the judges like your style, you're in, if they don't, you're in for it!" Sandy's coach, Johnny Sullivan graduated

from Stafford High School in 1979. He also had a feature article in the Indian Legend about his skating career.



Connie Elkins
Debbie Embrey
Carter Epps
Shirley Epperson
Mike Fagan
Kristy Fairbanks
Cindy Farley

Barbara Farmer
Amy Fisher
Edith Fisher
Mary Anne Fisher
Jerry Fitzgerald
Rhonda Fletcher
Chris Foley

Sylvia Forbes
Pat Forrest
Jeanette Foster
Chris Franks
Estelle Friedman
Russel Gailahan
Mark Gardner

Todd Gardner
Arlene Garland
Jeanette Garland
Patricia Garner
Sean Gilmarin
Rosie Gould
Mike Graninger

Sam Grey
Anton Griczin
Tommy Grimes
Amy Grinnan
Kelly Guinn
Leif Gyllenhoft
Ricky Habron



Laura Haley
Andy Hall
Duane Hall
Joyce Hall
Ron Hall
Terrell Hamrn
Carrie Hamrick



Kathy Hamrick
Tracy Harden
Jerry Hare
Julie Harold
Bryan Harper
Bonnie Harrison
Angela Hart



Survival of the Fittest

When Billy Swaggerty received his first BMX bike in December 1980, he never thought that he would someday be an expert racer. A fifteen year old expert racer, he was sponsored by a local bike shop and cosponsored by a helmet manufacturing company. Billy had approximately five hundred and fifty dollars invested in his bike and equipment.

"Many people like BMX because of the excitement it offers," Billy commented. "Accidents are likely, but there aren't many other sports where you'll find racers elbow to elbow at speeds exceeding 35 m.p.h. with the only protective gear being a helmet, long sleeve shirt, and long pants."

On the eight hundred to fifteen hundred foot track, there were jumps, straights, and berms (banked turns). Racers from ages six to eighteen battled it out over this rough terrain.

Why did Billy choose to race? Exercise was one reason. He had put every ounce of energy into each race, which often meant collapsing at the finish line.

Another reason for racing was the strive for perfection. There were several ways to approach a turn and if he didn't have the right line down exactly, then he was almost sure to be passed. The power must stay to the ground and the turn must be flawless.

To be expected to do well in BMX, Billy had to give up high school sports and the chance of getting a letter. BMX is not a team sport. Billy said "In BMX if I lost I knew it was my fault." "In this sport no one could protect me. I had to grit my teeth and jump back into the thick of things." "If I won, I knew I had won the race on my own." "What's true with me is true with any athlete in any sport." "A person's success depends on his will to win and devotion to the sport."





Linnea Hattar
Ron Hauq
Clark Hayden
Becky Hazard
Donna Hesser
Barbara Hedge
Lisa Henderson

Marsha Henderson
Ricky Henderson
Ricky Herron
Sallie Herron
James Hewitt
Robin Hicks
Dennis Hildebrand

Ron Hill
Sheila Hilton
Tony Hohman
Clare Holler
Greg Hoskins
Karen Houchin
Daryl Hovey

Cathy Howard
Juanita Hull
Cindy Humphrey
Hope Hutton
Lonnie Hylton
Angie Jackson
Kevin Jackson



Carolyn Jacobs
Warren Jeffries
Brian Jett
Johnny Jett
Wendy Jett
Greg Johnson
Jamie Jones

Melinda Jones
Mike Jones
Patty Keene
Teresa Kendall
Eileen Kenny
Eric Killinger
Debby Klock

Wendy Knestat
Cathi Knotts
Genie Kristobek
Tony Lambert
Bill Lawrence
John Lee
Bill Lenz

Theresa Lingafelt
Aaron Litten
Stephanie Lloyd
Kim Lockwood
John Lopez
Tim Lowe
Allan Lucas

Michelle Madison
Andy Marcom
Robyn Marshall
Sharon Martin
Karen Masterson
Chris Matherly
Greg Maynard

Billy McCarty
Mark McCarty
Terry McCloud
Jill McCord
Danny McEntee
Erin McFall
Jeff McGee



Molly McQuarry
James Mellick
Daphne Nelson
Lisa Melton
Kevin Mickens
Rodney Miller
John Mills



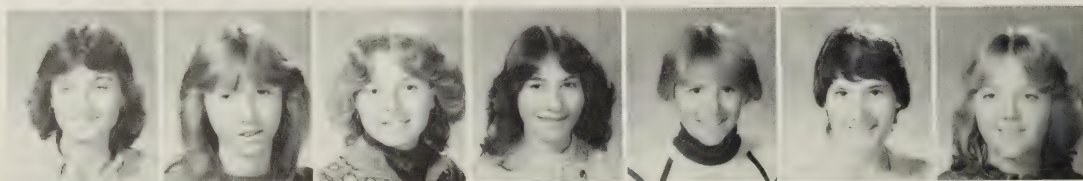
Tandi Mills
Martha Mock
Jason Monroe
Gary Montague
Joy Montrief
Allison Moore
Darrell Moore



Elizabeth Morford
Jeffrey Morgan
Misty Morton
Mary Moser
Dawn Moss
Russell Murray
William Nance



Bobbi Jo Newton
Laurie Newton
Lisa Newton
Melanie Nini
Maria Noble
Sheri Nolan
Barbara Northrup



Charlotte Oliver
Jeffery Ostrum
Donna Pace
Dee Dee Pack
Juliet Parchment
Teresa Parker
Clifford Patterson



Todd Patton
Frank Payne
James Pickett
Roger Pinkston
Cindy Pitts
Kevin Pitts
Robin Pitts



George Playdon
Kymerly Playdon
Patrick Poland
Billy Polen
Andy Pollock
Greg Polly
Jo Marie Potter



Stephanie Preston
Lisa Price
Rob Price
Larry Pritchett
Stephanie Pruett
Pam Quann
Ed Racine



One Step at a Time

"One and two and three and four . . ." This four count went through Chris Franks head as she learned a new routine. Chris spent her Saturday afternoons at dance class instead of going to the mall, movies and other pastimes on the weekend. Chris also spent three nights a week at classes, not to mention "extra" rehearsal time for special programs. When Chris was asked about this she explained, "I've always wanted to be a dancer. Dancing comes first."

Chris took ballet, pointe, jazz, and modern. She has taken dance classes for eight years. She belonged to two dance companies, the Dimensions Dance Company, associated with Marcia Sue School of Dance, and Virginia Contemporary Dance Company, associated with the dance studio she attended in Fredericksburg.

Chris planned on going to college to get a degree in dance in preparation of her hopes to someday become a professional dancer.



Kelly Rafferty
Shannon Recely



Sheila Reed
Regina Rees



Victoria Reilly
Pat Resch



Christine Ritterbusch
Millie Robertson



Dawn Rochfort
Paula Rodgers



Chris Rooney
Cindy Russel



Robert Samuels
Kevin Satterwhite
Robin Schleigh
Dianna Scott
Tony Scott
Jerry Seay
Rob Sedell



Karin Sellers
Joe Seskey
Cliff Shelton
Pam Shelton
Tracy Shuler
Mike Sielicki
Gordon Silver



Maureen Silver
Rhonda Silver
Bruce Simmons
Chris Simmons
David Sims
Greg Stone
Anne Smith



Darryl Smith
Terry Smith
Kurt Sokolowski
Robert Spitzer
Tyler Stake
Karl Steinbach
Ray Stephens



Donna Stevens
Kathy Stevens
Andy Stone
Kevin Stone
Larry Stone
Johnny Stroud
Fred Sullivan



James Sullivan
Jay Sullivan
Spencer Sullivan
Tracy Sullivan
Becky Surles
Craig Surles
Billy Swaggerty



Sheri Swann
Mike Swick
Tammy Swift
Eric Swisher
Mitchell Sykes
Randy Szczer
Billy Tatum



Trudy Taylor
Pete Terry
Sean Thacker
Bonnie Thomas
Tammi Thompson
Dottie Tolly
Tammy Tolson



Eric Truslow
William Turner
Steve Tuttle
James Tyree
Michael Vann
Greg Vayda
John Vergeres



Betty Walker
Tina Warwick
Kim Weishoff
Elisa Wellerman
Greg Wellerman
Johnny Wilcox
Sandra Wilkerson



Gavin Willhide
Enik Williamson
April Wilson
Duane Wilson
Pam Wilson
Scott Wilson
Dawn Wine



David Wiseman
Liz Woodford
Vickie Wright
Michelle Youngerman





David Abernathy
Kent Adams
Renee Addair
Stephen Agee
Eugene Albrycht
Mike Alexander
Terah Allen

Shawn Amos
Cynthia Anderson
Robert Andrews
Martin Austin
Todd Bahr
Barbara Ballard
Rhonda Barlow

"Was that the tardy bell?"



Debbie Barnes
Mike Barr
Ruth Bartley
Lloyd Barton
John Basial
Derek Bass
Kelly Bassler

Jimmy Beales
James Bengel
Karen Berger
Pam Berry
Danny Beverly
Kelly Blackshear
Karen Bland



IT'S ONLY THE BEGINNING. The Freshman class got off to a good start. Fund raisers they participated in included selling "spirit hats," Freshman class T-shirts to raise money for school activities.

Freshman class officers. Yolanda Bundy, president, Margaret Rooney, vice-president, Dawn Childress, secretary, Steve Braun, Treasurer.

Virginia Bott
Melissa Bourne
Frank Boutchard
Mitchell Boutchard
Sherri Boutchard
Donald Bowling
Francine Boxley



Steve Braun
Tammy Brent
Danielle Browder
Beverly Brown
Kathy Brown
Kelly Brown
William Bundy



Jeff Broyles
Kathy Brumbeck
Tony Buchanan
James Buckle
Emmet Bullock
Jeff Bullock
Yolanda Bundy



Sarah Busch
Tim Butler
Billy Byram
Mike Byram
Erika Byrd
Christine Byrne
Deane Campbell



Thurman Campbell
Todd Campbell
Alan Cannon
Mike Carlson
Shari Carney
Dana Carpenter
Eddie Carter



Rookies Rally

86! 86! 86! . . . Where pep rallies were concerned, the freshmen had a great start. At the fall pep rally, the freshmen were slightly surpassed by the seniors, but they made up for it at the winter pep rally. They won the spirit stick for being the class with the most pep and spirit.

One student said, "I like to get out of class for an assembly." Besides getting out of class, it was a new experience and an interesting emphasis on the words "school spirit."





Rhonda Cary
Tina Casswell
Kevin Cavanagh
Darla Chapman
Ann Charles
Carol Charles
George Charles



Stephen Chartiers
Joey Chase
Bryan Chastain
Sara Chaves
Mark Cheshire
Holly Chichester
Dawn Childress



Muffy Childress
Suzy Clapper
Jill Clark
Kevin Clark
Kirk Clayberg
Kim Cleveland
Kevin Clower



Cassandra Coffey
Charlene Coffman
Lauri Cole
Mike Coleman
Belinda Constein
Travis Cooper
James Cornett



Scott Cottrell
Evan Cox
Kevin Cox
Gary Crickmer
Teresa Crites
Tina Crouse
Reginald Crump

"Nobody told me I would have this much homework!"



Jeff Curtis
Roger Curtis
Sherrn Curtis
Susan D'Lugos
Andy Davis
Sean Day
Tammi Decatur



Jodi Dempsey
Sharon Dernbach
Thomas Dingess
Tony Disharoon
Karen Dittman
Lisa Dodson
Chris Doggett



John Dominy
Mary Dominy
Noland Donahoe
Forrest Donald
Lorrie Dove
Theresa Dove
John Drake



Carol Druzbiek
Mike Duncan
Sharon Dyer
Tom Edenton
James Elliott
Doreen Ellis
Sandy Embrey

Deborah Emery
Helen Epperson
Suzanne Farrell
Sarah Fears
Robert Fern
Roger Fines
Tracy Finney



Andy Fisher
Ray Fitzgerald
Scott Flavin
Lori Fleck
Willie Fleming
Laura Foley
Amy Fox



Donald Fraley
Shannon Fulford
Ramon Frye
Floyd Gallahan
Sherry Garland
Mason Garner
Mike Gault



Christine Gautreaux
Barbara Gayle
Nikki Gentry
Greg Gharst
Leanna Gianaris
Clark Graninger
Kelly Gray



Donna Green
Scott Green
Earl Greene
Shawn Greene
Brawner Greer
Thomas Grice
David Griczn



Paul Guy
Patty Hagerty
Lawrence Haley
Bethany Hall
Donna Hall
William Hall
Christopher Hamm



William Hamm
Robert Harris
Brett Harrison
Nancy Hart
Denise Haug
Angela Haynes
Mark Haynes



"Are you going to the football game tonight?"

Todd Healey
Travis Hellin
Vincent Hellin
Pam Henderson
Craig Herndon
David Hewitt
Gary Hicks



Leigh Hicks
Debbie Hilly
Michelle Hodge
Thomas Hoiska
Lori Holden
Rena Holden
Sean Holden



Double Feature

Did you ever wonder what it would be like if there was another you? We didn't have to wonder! Being identical twins, we dealt with it every day. It did get boring to be stared at, compared with, and talked about. Sometimes people tended to forget that we were people too.

Not a day went by without someone trying to tell us apart. We had gotten so used to it, that if we were called the wrong name, we would respond anyway, and ignore the mistake. It annoyed us greatly to be compared aloud. Doing it silently was one thing, but broadcasting it was another. Comparisons got so old and infuriating! We had heard our differences so many times in detail, that we would rather not have heard them at all. Like most sisters, we fought and argued with each other constantly; however, we planned to go to college together and



ON THE RIGHT FOOT. Freshmen Emily and Sara Munson take an after school walk at St. Clair Brooks Park.

have the same professions.

Being a twin had its good side also. We (could have) switched classes. We also had identical interests: art, animals, sports, drama, etc. We worked hard in school and got decent grades.

A lot of the time being a twin was a pain, but most of the time it was O.K.!



Sheila Holland
Kaitana Holt
David Honaker



Mark Hoskins
Rhonda Houck
Susan Howard



Billy Howell
Wayne Howell
Lynn Hunt



Michelle Irons
Elana Jackson
Travis Jackson



Faye Jacobs
Mark Jacobs
Kimberly Jarrells



James Jarrett
David Jennigan
Daniel Jett
Susie Jett
Tracey Jett
Kelly Johnson
Phillip Jones



Rodney Jones
Michelle Jordan
Kelly Joyner
Willard Justice
Brenda Kalla
Parashos Kapataidakis
Louis Keiner



Michael Keiser
Scott Kelly
Coleen Kenny
Paul Kitchen
Belinda Kpata
Gerald Kurtz
John Latham



Wendy Latham
Tina Lawhead
Martin Leary
Darlene Lenox
Mark Lenz
Derrick Lewis
Lorie Lewis

Valerie Limerick
Erin Lockhart
David Logan
Clay Lohr
Brian Long
Gerald Lowe
Debra Lucas



Randy Lucas
Benji Marsh
Timmy Mason
Earl Mastin
Durward Matherly
Alfred Mathews
Allison McCallum



Nora McIntire
Sean McKenna
Brian McWhirt
Patricia Meadows
Jeanean Miller
Brian Millhorn
Rita Mills



Melissa Montague
Kim Moore
Lisa Moore
Cathy Morgan
Tonya Morgan
Wayne Morgan
Crystal Morton



Loretta Morton
Stephanie Moser



Emily Munson
Sara Munson



Michele Murray
Wanda Myers



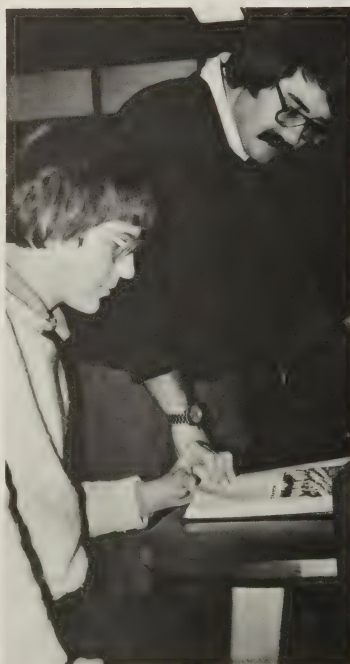
Lisa Nave
Teri Neal



Ray Newton
Michelle Newton



Teamwork



SEARCHING FOR THE ANSWER. Coach Barton Matheson helps freshman Louis Keiner prepare for the "Battle of the Brains" competition with Lee Davis of Richmond.

When I was chosen to be on the "Battle of the Brains" team, I was completely surprised. Being picked was an honor, but being a freshman made it really special.

At practices, Mr. Matheson worked with us, giving us questions and assigning topics to research.

As the day for the show grew nearer, we got a bit tense. The week before the show I was fairly calm, but the day it was scheduled, butterflies filled my stomach. Once there, my butterflies returned as I paced the halls.

The show itself wasn't all that bad. After I got used to the cameras, I was pretty much at ease. I even answered a couple of questions; I also missed a couple.

After the competition was over, we had come up short, but we were happy to be there. We went back to the audience, and I gave a sigh of relief. We watched the other two teams compete, and then we headed home. We got a warm welcome from our friends at school, I think it was well worth the time and effort.



Kim Nguyen
Tina Nichols
David Nolan
Anne O'Neill
Trevor Ottinger
Taphiena Outlaw
Candy Padgett

Tina Pantano
Delores Parker
James Parker
Kate Parr
Phillip Parr
Kristen Pattie
Pauline Payette

David Payne
Dean Payne
Melissa Payne
Tina Payne
Troy Payne
Velvet Payne
Zack Payne

"I've got to go to the Van Halen concert!"



Steve Pelfrey
Kim Pendergraph
Mike Perez
Julie Perkey
Steve Pettit
Kimberly Peyton
Valerie Pitzer

Christopher Plum
Brian Pomatto
Patrick Porter
Charlene Potteiger
Jennifer Pounds
Carolyn Powell
Janice Powers

Michael Preston
Jennifer Price
Erik Prince
Mark Puckett
Mark Raines
Stacy Ramsey
Melissa Randall

Judy Reagan
Eric Redfern
Keith Robertson
Jack Roberts
Kim Robinson
Lisa Rogers
Jeff Rowles

Margaret Rooney
Randy Rose
Tracy Rose
Jeff Rowles
Billy Russell
James Sampsell
Mary Sanders

Jeanenne Sanders
Kenny Saxe
Angie Schad
Jerry Schenemann
Kim Scott
Buffy Seskey
Emma Sheffer

Lara Shelesky
Jennifer Shelton
Scott Shenk
Tracey Shower
Waymon Shrewsbury
Andrea Silver
Marcey Simmons



Peter Sits
Karen Small
Andrea Smith
Diana Smith
Kirk Smith
Steve Smith
Kelly Speer



Maria Spencer
Roger Spencer
Troy Spindle
Michael Spruill
Jeff Stevens
Mary Streshley
Al Sullivan



Cassandra Sullivan
Kim Sullivan
Kraig Sullivan
Natalie Sullivan
Tammy Sullivan
Vincent Sures
Jennifer Swenson



"Hey, did you see 'Square Pegs' last night?"

Jimmy Swift
Debbie Swiggett
Vincent Swiggett
Suzette Taormina
Kenny Taylor
Ronald Taylor
Kara Thompson



Tammy Tolley
Christy Townsend
Ben Trail
Kelly Turner
Patricia Tyler
Vanessa Vann
Maria Veloz



Cassey Vickers
Angela Walker
Cathy Warwick
Ray Warwick
Tina Washington
David Waters
Tammy Weadon

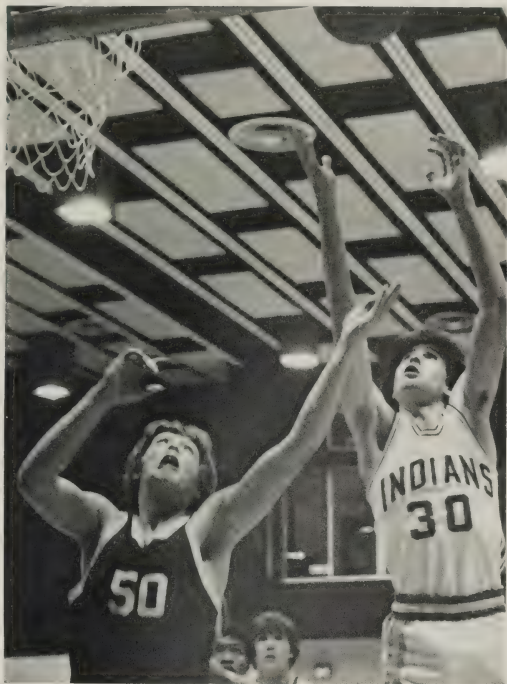


Bernadette Weaver
Tammy West
Angie Wheeler
David White
Russell White
Steve Whitehead
Amy Whitty



Teresa Wilkerson
Jeff Willett
Cynthia Williams
Kim Williams
Jennifer Williams
Roni Williams
Chalee Wing





GIVE IT ALL YOU'VE GOT. Todd Campbell fights for the ball to get the rebound during the freshman game against Stonewall Jackson.

DISCOVERY AND EXPECTATIONS. Mrs. Connie Mercurio assists Tracy Jett as she works on an experiment for Earth Science.



SOLO PERFORMANCE. Jill Clark cheers for the freshmen football team at the Potomac game.

WORKING FOR PERFECTION. Danielle Browder, Rhonda Houck, and Robert Johnson work on new music for the band.



Matthew Winn
Kerry Woodford
Shelley Yonts
Jane Young
Julie Zack
Renee Zisman

Mrs. Dee Allen
Secretary.
Mr. James Andrews
English 11,12
Forensics.
Mrs. Rosemary Balgavy
English 10,11,12
Forensics.
Mrs. Margaret Ballard
Secretary.



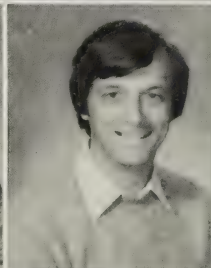
Ms. Catherine Bauer
English 10
J.V. Basketball Coach.
Mrs. Becky Bennett
Biology; Earth Science
SCENE.
Mrs. Jane Black
Biology.
Mrs. Terry Blackburn
Special Education.



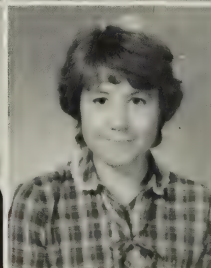
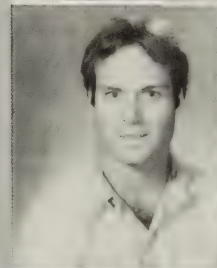
Ms. Bobbi Blalock
English 10,11,12
Sophomore Class Sponsor.
Mr. Chris Blazek
Auto Mechanics.
Mrs. Susan Boggs
Multi Handicapped.
Miss Nancy Boland
Special Education.



Miss Marquerite Brion
English 11,12; Journalism
Smoke Signal Sponsor.
Mr. Dennis Brown
Band.
Mr. Gerald Brown
Sociology; American Studies II
SCA; Junior Class Sponsor.
Mr. Roger Brown
Marine Science; Chemistry; Biology.



Mr. Lee Browning
P.E. 9,10
Football; Winter and Spring Track Coach.
Mrs. Judy Bunn
Beg. Typing; Clerk typing.
Miss Lorie Camp
Spanish I, II
Spanish Club; Sophomore Class Sponsor.
Miss Kim Canavan
Data Processing I,II
FBLA; SCENE; Freshman Cheerleading
Sponsor.



Mrs. Linda Cannon
German I,II,III,IV
German Club Sponsor.
Mr. Samuel Cox
Principal.
Mrs. Betty Dameron
French I,II,III,IV; English 9
French Club Sponsor
Mrs. Natalie Davis
English 9,10
Sophomore Class Sponsor.





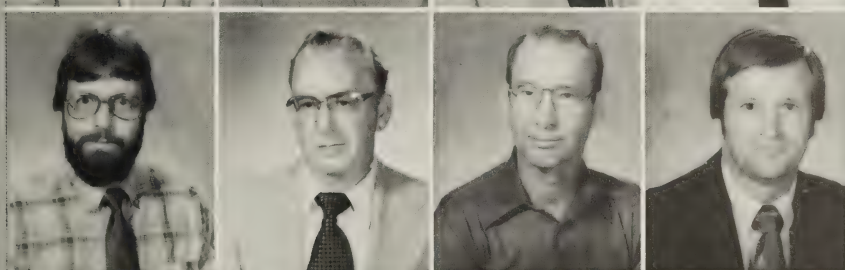
Mrs. Agnes Dunn
American Studies
Senior Class Sponsor.
Mrs. Harriet Eastridge
General Business; Beginning Typing;
World Studies
Keyette Club.
Mr. Michael Fariss
Guidance Counselor 11
Teen Counseling Sponsor.
Mr. Gregory Feducia
English 9,10.



Mrs. Sallie Ford
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Mrs. Mary George
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Mrs. Sue Gill
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Mr. Kurt Glaeser
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Freshman Football Coach; Soccer Coach.



Mrs. Linda Glaeser
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Ms. Gail Green
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J.V. Cheerleading Sponsor; Sophomore
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Mr. William Hammen
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Mr. Jack Haskins
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Mr. Del Henderson
Electricity.
Mr. Terry Hoggatt
ICT I,II.



Mr. Russell Holladay
Marketing
DECA Sponsor.
Mr. Chris Hylton
World Studies; American Studies I
Tennis Coach.
Mr. Lou Ili
Job Placement.
Mr. Jimmy Jones
Athletic Director.



Mrs. Patricia Jones
Spanish I,II
Junior Class Sponsor.
Mrs. Retha Jones
Cosmetology.
Mr. John Kimman
Consumer Math; General Math; Physics.
Mrs. Deanna Kindred
Secretary.

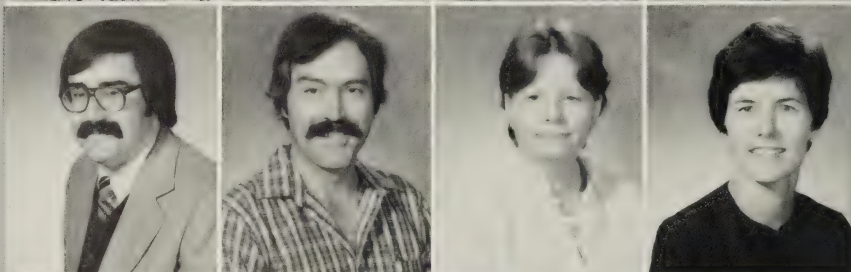
Mrs. Sandy Kitchin
P.E. 9,10
Freshman Girls' Basketball.
Mrs. Judy Kosinski
English 11,12
Cornerstone Sponsor.
Ms. Patricia Kunc
Hearing Impaired Teacher.
Mrs. Peggy Limerick
Financial Aide.



Mrs. Mary Jo Littlefield
Guidance 12
N.H.S. Sponsor; SCENE Sponsor.
Ms. Suzanne Lockard
Hearing.
Ms. Linda Long
Food Occupation; Homemaking
HERO Sponsor.
Mr. Victor Long
Power Transportation.



Mr. Barton Matheson
Biology; Human Physiology
Sophomore Class Sponsor.
Mr. Mike McMichael
Auto Mechanics I.
Mrs. Connie Mercurio
Earth Science; General Earth Science.
Mrs. Betty Merrill
Latin I,II,III,IV
Latin Club Sponsor.



Miss Charlotte Mills
American Studies I,II
Senior Class Sponsor.
Mrs. Brenda Monn
Trigonometry; Geometry; Consumer Math.
Mr. Charles Moore
Carpentry I,II
VICA Sponsor.
Mrs. Linda Musselman
Biology
N.H.S. Sponsor.



Ms. Olga Null
Cosmetology.
Mrs. Kay Orr
Assistant Principal.
Miss Janet Payne
Art I; Advanced Art
Yearbook Adviser.
Ms. Jo Ann Payne
American Studies I,II
SCA; Cheerleading Sponsor.



Miss Kim Perkins
Beginning Typing; Business
Pom Pon; FBIA Sponsor.
Mrs. Mary Lou Pitzer
Algebra I; Pre Algebra; Geometry.
Mr. Dale Portner
Health 9
Football Coach; Basketball Coach.
Mrs. Dorothy Reid
Aide.



Above and Beyond



"BACHELOR NUMBER TWO". Mr. Bill Hammen, Drafting teacher, gives a message during the "Dating Game" sponsored by the Vica Club.

TEAM MEETING. Faculty members prepare for their debut in the winter pep rally.



Being a high school teacher is not all lesson plans, faculty meetings and teaching from 8:00 — 2:15 daily. Teaching had some "fringe benefits." Many teachers must sponsor extra curricular activities which require participation in such things as pep rallies, playing gag basketball games with fellow teachers, and chaperoning weekend events.

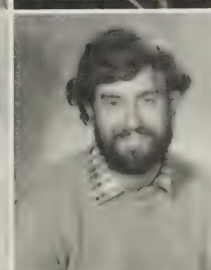
Mr. Bill Hammen felt that "in order to get the kids motivated, the teachers must set an example and get involved." One might think that these extra activities deserved some sort of pay for the time and effort that was put into extra efforts "above and beyond the call of duty."



Miss Retta Robbins
Art I; Advanced Art
SCENE Sponsor.
Mrs. Marion Robinson
Drama I,II,III,IV
Drama Club Sponsor.
Mr. James Ross
Security Guard.
Miss Winona Schlam
English 11,12; A.P. English
SCENE; Great Books Sponsor.



Ms. Sandra Sears
Guidance Counselor
Mrs. Carolyn Seay
English 11,12; Madrigals; Show Choir;
Girls Chorus.
Mrs. Penny Shelton
Homemaking; Family Living
FHA Sponsor.
Mr. Coleman Starnes
Assistant Principal.



Mr. Walter Smith
American Studies; Sociology.
Ms. Elena Vega
Spanish II,IV
Spanish Club Sponsor; Senior Class Sponsor.
Ms. Beverly Walker
Aide M-H.
Mr. Bob Wallace
Media Specialist
Yearbook Sponsor.



Ms. Helen Warner
Financial Secretary
Mrs. Delia Zisman
Resource.



Determinedly biting her lower lip, the young girl rushed to finish a government test. She was trying to struggle through an essay question that required a three paragraph answer. Since the question only required her to express her opinion in a well thought discussion, it was up to her to express herself clearly and

distinctly.

A student's academic success depended on their individual efforts and determination to learn. As a part of the learning process, students had to take notes in class, complete homework assignments, write research papers, and study whenever possible.

Even with good preparation, students sometimes failed to understand the work discussed in class. Responsibility fell upon the students; it was their job to see their teachers and arrange for personal help and conferences. Teachers did not feel sorry for students who didn't make the effort to get needed help.

THE ART OF MASKING. Ms. Retta Robbins discusses the art of making tribal masks with freshman art student Traphiena Outlaw.



The Choice Is Made

The Number Game

A mole is not always a fuzzy little animal! Sometimes it is a fuzzy numbers concept used to express the mass of atoms (6.02×10^{23} , to be exact).

Because atoms are too small to be measured in grams, students in Mrs. Mary Georges' College-Prep Chemistry class were studying moles for use in balancing chemical equations and finding the concentration of a solution. "We use

moles all the way through this course!" said Mrs. George.

Her pupils also learned about balancing formulas in chemical equations and writing out the results of an experiment.

When asked why she taught chemistry, Mrs. George replied, "I like chemistry because it's a mental block; they think it's a hard subject. I like to show them that it isn't, by relating abstract equations to concrete things they know about. I think the best skill they get out of this course is learning to think logically and solve problems."

In comparison, Miss Ann Callahan felt that Algebra I, Algebra II,

and Pre-Calculus helped the students prepare themselves in case they decided to go into fields such as surveying or architecture. She believed that most students weren't quite sure about their career choice, so the advanced math courses were good preparation for deciding future plans.

In her Algebra I classes, the students learned how to add, subtract, multiply, and divide fractions. Sometimes, for a little fun, Miss Callahan would give her students worksheets that would have messages or puzzle answers on them once the math

work had been completed.

The Pre-Calculus students had it comparatively easy for the first semester, when all they did was review everything they had learned in math up to that point. Then second semester they studied area and volume, area under curve, and rotating an area around an axis to create a volume.

After studying polynomials and exponents, the Algebra II pupils learned equations and systems.

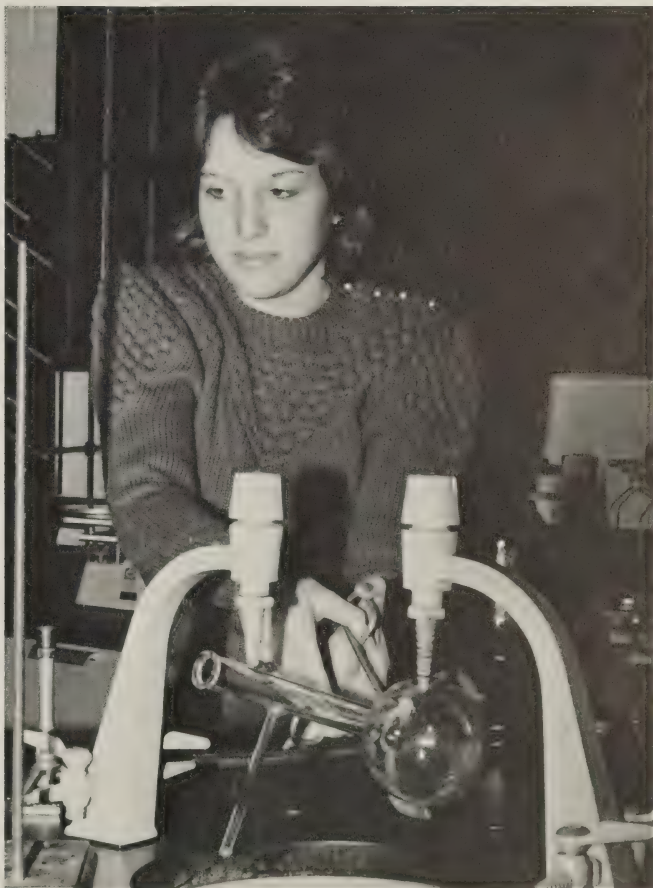
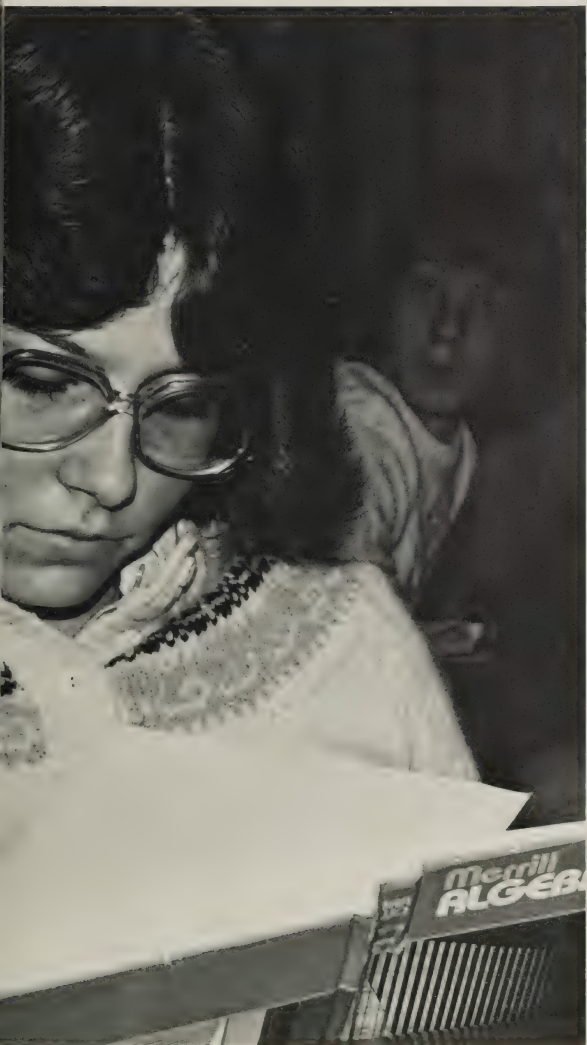


THE RACE IS ON! Michelle Clark races to finish an algebraic problem.





GET IT RIGHT. Darryl Smith and Will Berry write down the masses of water and metals in chemistry class.



CHEMISTRY CLEAN UP CREW. Chris Buffington cleans up her laboratory equipment after completing her lab.

FIGURE IT OUT. Kim Green works on her Algebra II classwork.

Technology At Work

Be sure to check your shutter speed!

was a common cry heard from Bob Wallace the media specialist. "Don't burn that print or you'll be in trouble."

Besides being the advisor for the photographers, Mr. Wallace was in charge of the software library. Slides, transparencies, filmstrips, and video tapes were part of this library.

Video tapes were made of the football team so that the players could see their errors and correct them. The computer classes, taught by Miss Canavan, also worked with the football team. Her classes made computer readouts of plays and formations for quick,

accurate use.

Miss Canavan's classes made a read-out of an AC-DC concert. They were able to quickly and easily see the number of tickets sold as well as beer sales, and the cost of booking the act.

In addition to teaching her regular classes, Miss Canavan taught a SCENE seminar on Monday afternoons. The students taking this seminar were taught the basics of the computer and how to enter an easy program. Miss Canavan also taught administrators, secretaries, and teachers how to enter a program, how the computer works and facts about the IBM System 34.

The software library and computer classes provided students and teachers with visual aids that helped them perform their tasks with ease.



COMPUTER GUIDANCE. Miss Canavan shows Ralph Williams, Dawn Amos, and Terry Deats how to use a computer terminal.

```
PROGRAM NAME  HOLMANI STUDTLIE
SYSTEM/34 BASIC  --  RELEASE 00
LISTP
```

```
00010 REM THIS PROGRAM COMPUTES ESTIM
00020 REM PROFIT MADE AT A CONCERT
00030 REM VARIABLE LIST      A= PR
00040 REM                      B= PR
00050 REM                      C= TIC
00060 REM                      D= BE
00070 REM                      E= BE
00080 REM                      F= AC/
00090 REM                      G= OT
00100 PRINT NEWPAGE
00110 INPUT "THE PRICE OF PRIME SEATS"
00120 PRINT NEWPAGE
00130 INPUT "THE PRICE OF REGULAR SEAT
00140 PRINT NEWPAGE
00150 PRINT "THE ESTIMATED NUMBER OF
00160 INPUT "TICKETS SOLD": C
00170 PRINT NEWPAGE
00180 INPUT "THE ESTIMATED NUMBER OF
00190 PRINT NEWPAGE
00200 INPUT "THE ESTIMATED BEER SALES
00210 PRINT NEWPAGE
00220 INPUT "THE COSTS OF BOOKING THE
00230 PRINT NEWPAGE
00240 INPUT "THE OTHER COSTS": G
00250 PRINT NEWPAGE
00260 REM COMPUTE REVENUE FROM PRIME
00270 REM=AC
00280 REM COMPUTE REVENUE FROM REG
00290 REM=D*B
00300 REM COMPUTE TOTAL REVENUE
00310 REM=C*A+D*B
00320 REM COMPUTE TOTAL COSTS
00330 REM=F+G
00340 REM COMPUTE ESTIMATED PROFIT
00350 REM=C*A+D*B-T
00360 PRINT "SIDE OF PRIME SEATS"
00370 PRINT "TICKETS SOLD", C
00380 PRINT "REVENUE FROM PRIME SEATS"
00390 PRINT "PRICE OF REGULAR SEATS"
00400 PRINT "TICKETS SOLD", D
00410 PRINT "REVENUE FROM REGULAR SEATS"
00420 PRINT "COST OF BOOKING THE ACT"
00430 PRINT "OTHER COSTS", G
00440 PRINT "TOTAL REVENUE", C*A+D*B
00450 PRINT "TOTAL COSTS", F+G
00460 PRINT "ESTIMATED PROFIT", C*A+D*B-F-G
00470 INPUT "PRINT"
```

EAT PRICE
SEATS
SOLD-PRIME
SOLD-NEOCLAR
IT
PILGRIM
A
C
E
LAR TICKETS SOLD

FICHE AND CHIPS. Jacquie DesRoches uses a microfiche to examine microchips in her Marine Biology class.



TERMINAL KNOWLEDGE. In Marine Science class, Kim Noel reads the information shown on the screen.



WIRED FOR SOUND. Mr. Bob Wallace listens to Devo as he works on layouts.

PUSHING PIZZAS. Media specialist Mr. Bob Wallace moonlights at Agresta's Italian Kitchen.

Matter And Mixtures

“C

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giam has opened!” The Wigwam as it was called, was a student-run dining room where teachers could eat a hot meal. The Wigwam began in 1977 and has become increasingly popular with the teachers as well as the students, who prepared the food.

The students in the Wigwam cooked and served meals on Tuesdays and Thursdays. Sabrina Berry stated, “The food is really wonderful. The chocolate fudge cake is the best.” Karen Sullivan said, “Its fun and good experience.”

After working hard all year the Wigwam students treated them-

selves to a meal that they didn't have to cook, at the Lazy Susan dinner theater.

The chemistry classes also “cooked” a few goodies. In the past, chemistry students made all kinds of substances in the laboratory. Peanut butter as well as zinc compounds were made.

Some students liked the chemistry labs, such as Greg Trainum, “You don't have to sit in your seat and listen to the teacher lecture for what seems like all day!” David Lancaster expressed the learning side of labs by saying, “It's interesting and teaches you to follow directions.” Yet sometimes students weren't entirely thrilled with the lab projects. Greg Roles stated, “I'd rather watch the paint peel!”

Both the Wigwam students and chemistry students learned basic recipes and cooked up substances that satisfied their “hunger” for knowledge.



LAB PALS. Dennis Hildebrand and Warren Cooper get carried away with clean up during a chemistry lab.

PLASTIC PROTECTION. Nancy Chinn concentrates on the distillation of a solution.



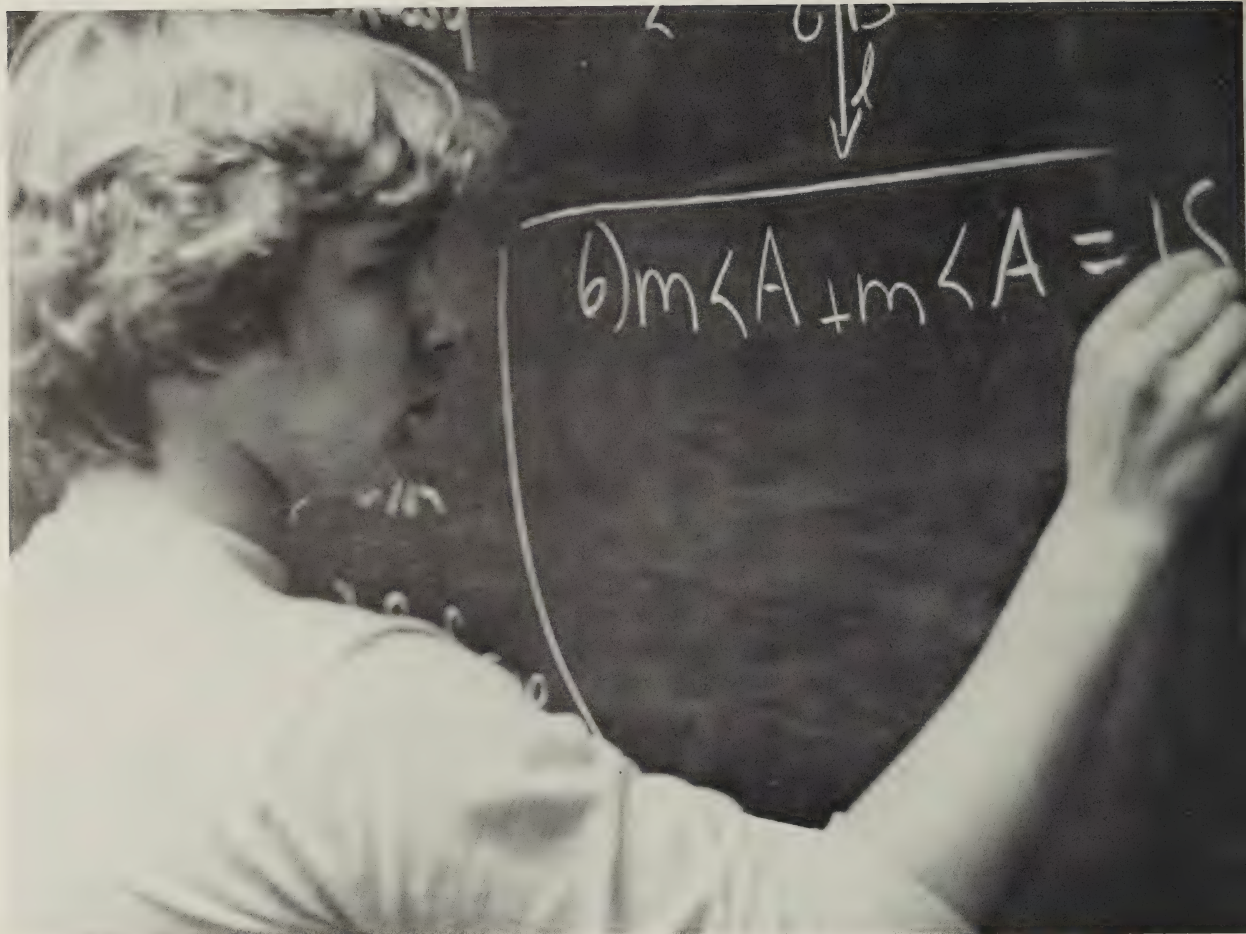


FOOD FOR THOUGHT. Teachers, Ms. Joanne Payne, Ms. Kim Canavan, Ms. Nancy Boland, and Ms. Patty Kuncz enjoy a meal before going to classes.



WIGWAM WORKERS. Karen Sullivan and Sabrina Berry help to cook the meal for the teachers who came to the Wigwam for lunch.

QUIZ KID. Sophomore Ray Davis jots across the board theorems and postulates in Mrs. Mary Lou Pitzer's geometry class.



Designs Come To Mind

Drawing designs in Geometry and drafting, stu-

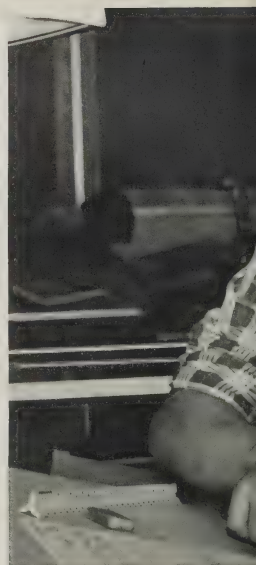
dents found that rulers, protractors and compasses made the work much easier. Drafting sketches of pipes and tubes and mathematically figuring right angles, isosceles triangles and pyramids required more than knowledge of theorems and postulates. These foreign figures compelled the students to become abstract artists.

In Geometry, Mrs. Mary Lou Pit-

zer remarked that, "The 3-dimensional drawings with the planes were the hardest to draw and to teach. The whole concept of the 3-dimensions was so new to them, it was hard to imagine."

A small step beyond Geometry is drafting. Said Mr. Bill Hammen, the drafting teacher, "I think it is a neat course because it gives the students an opportunity to acquire the skills of communicating an idea on paper using the universally accepted language of technical or architectural drawing."

Like the drafting classes, the art department had its own way to communicate through creative designs. (continued)





FINE CUT. Jeanette Garland concentrates on accurate cuts in making a collage in her Art I class.



TWO'S COMPANY. Art students, Spencer Berry and Scott Campbell designed and painted murals of wrestlers and gymnasts in the auxiliary gym.



WITH A LITTLE HELP. Danny McEntree aids a friend in need, Jerry Seay, on a drafting assignment in Mr. Bill Hammen's class.

A PRESSING MATTER. Kelly Brown prints a collograph in her art class.



Designs Come To Mind

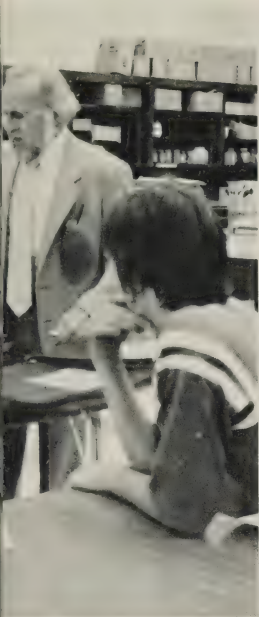
Two art students contributed their skills to the P.E. department by painting a mural of wrestlers on the wall of the auxiliary gym. The two were Spencer Berry and Scott Campbell. When asked what they liked most about the art course, Spencer Berry replied, "Art is a good inspiration." Scott Campbell added, "Art gives you confidence and it's a nice alternate to the regular courses such as math, science and English."

Terry Maynard, an art student,

believed that art was, "the only class that you can fully express yourself in." Expressing yourself wasn't so easy. Just like Geometry, the art students also found that drawing 3-dimensional sketches was not so easy.

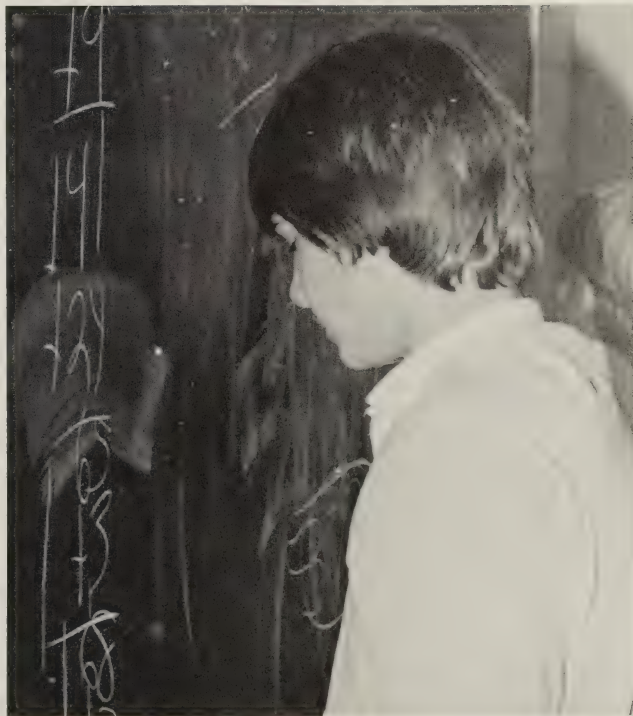
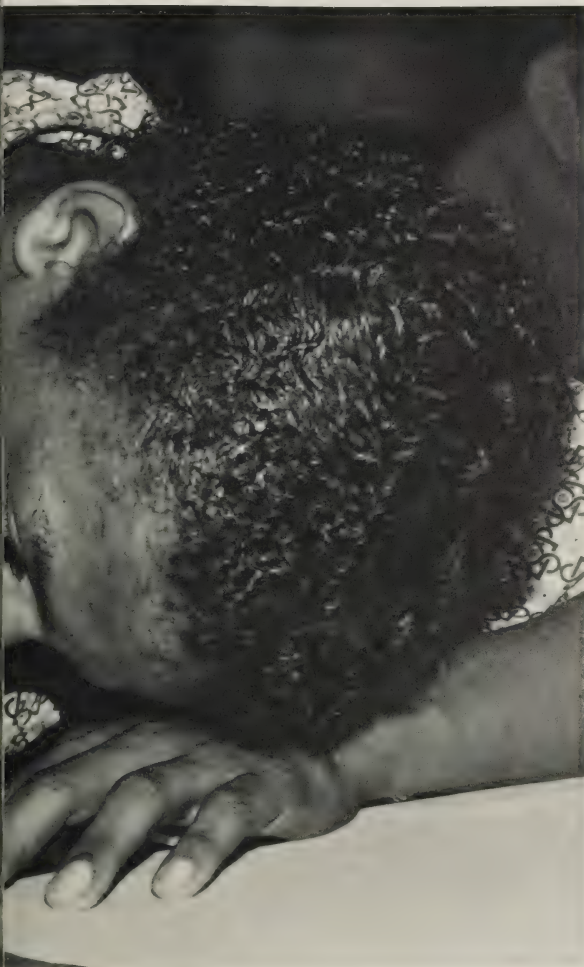
Like the artist, Geometry and drafting students also found that their courses were more than academic. Drawing 3-dimensional objects became a way of self-expression.





DESIGN CARRERS. Art students listen as Mr. Dick Streb, a representative from the Design Schools, lectures on art careers.

UP CLOSE. James Parker takes a closer look at his drawing in art class.



TOWER OF NUMBERS. Andy Fisher works on a long list of digits.

Class Act

PICK-A-POTATO. Karen Dittman selects her spud for her adopt a potato project.

English was "just like a refresher course in what I've learned before," said freshman Lorie Lewis. "We have more interesting books to read, but basically I'm doing the same things I did in the past." Except for one project which was new to the freshmen — adopt a potato. This was an exercise in effective adjective use. The students had to be able to identify their potato out of a box of thirty.

However, sophomores got the chance to change classes each nine weeks and read books such as *The Odyssey*, *The Red Badge of Courage*, and *Rebecca*. They studied these books in-depth and wrote papers depicting abstract ideas and themes. Juniors and seniors were able to learn about the Bible and read plays.

The Advanced Placement English was for seniors only. There was only one class of students who took this course. At the end of the year, these students had to take a test to see if they could skip their college freshman year of English. The A.P. class studied and saw a video tape of the play *As You Like It* by William Shakespeare.

George Breeden, a senior, was asked how he chose his elective English classes. He replied, "I always choose Mr. Andrews because it's an experience!" When asked about the course selection itself, George replied, "The courses are wide enough in variety to give everyone something they like."

Students were also offered the opportunity to discover a foreign language such as Spanish, French, Latin, and German. These classes taught not only the basic language use but also the history, government, traditions, dress, and lifestyle of the people where the language was spoken. Kathy Hamrick said, "A foreign language helps you get into college." All the classes were designed to

teach the language as well as to help the student understand the English language a little better. Latin students were heard saying, "If you take Latin, it will help you score higher on your S.A.T. tests." The Scholastic Aptitude Test was taken by juniors and seniors to see how much they had learned in high school.

Drama classes learned about literature by studying different plays and playwrights. Students who took a drama class performed, directed and blocked their own skits. They were graded and critiqued on their performance. The students also learned about the technical aspects of the theatre. Wendy Darr exclaimed, "Drama is great! You do a lot of scene work, both in acting and directing." Drama offered students the chance to communicate by writing, speaking and moving.



DO YOU SPEAK GERMAN? Joe Akin puts a sentence up for the German class to see.

GATHER AROUND. Drama I student Liz Morford reads aloud while Chris Kunkle and others listen.



GRAB BAG. German I student Christina Ratcliff reaches in to grab for candy after reciting a poem.



ACADEMIC ADOPTION. Buffy Seskey holds up her potato for inspection so she can think of the best adjective to describe it.

OVERVIEW. Drama I students watch as Mrs. Marion Robinson demonstrates for the class.

The Sound That Moves You

French horns, fund raisers, field trips and fooling around; the members of the musical arts groups combined the pain with the pleasure. The suffering of endless practicing brought on the pleasure of high ratings in competition and applause from the audience. Senior flutist Rhonda Mason agreed, "The thing I like best about band, after all the tiring marching and practicing is getting a high score in a competition."

There were four different classes for band students. The beginning band was for anyone new to band. Advanced band was mainly for incoming freshmen. Advanced band students moved "slightly slower" than symphonic band students, who with them, made up the concert and marching bands. The solo and ensemble group was for jazz band members and other more advanced students wanting individual instruction.

The beginners worked on learning to play their instruments and learning notes of music. The other

groups would sight read paper classical music or work on their performance techniques. A given day, found members of one of the groups preparing for a concert, parade, or festival. The band members and conductor, Mr. Dennis Brown, practiced three days a week after school, in addition to in school and home practice. The practice was successful, for the band placed third in a local parade and second in a competition at James Madison University.

The band had two main problems, size and background. The group had very few members, many of whom came from the middle schools unprepared for band on a high school level. Tuba player Benjii Marsh explained, "We need more people who will put out. It's not an "easy A." So the dropout rate kills us."

The choruses, for those people who used their voices as their instruments, were directed by Mrs. Carolyn Seay. The Madrigal Choir performed at community civic functions. The Girls' Choir sang at the school spring and winter concerts with the other choirs.

Eight students were selected for the Regional Choir after audition-

SILVER TONES. Rhonda Mason and Elisabeth Lockhart concentrate on their Christmas music during the annual community concert.



OPEN WIDE. Velvet Payne, Felicia Brown, and Marsha Gatewood sing during the Madrigal concert.





ing. The students were George Breedon, Gordie Fears, Bert Fulford, Christine Ritterbush, Tina Warwick, and three freshmen, Sarah Fears, Velvet Payne, and Carolyn Powell. The students went to Henrico High School on the weekend of February 11 and 12. They prepared the concert material at school, and then practiced it with the Regional Choir.

The singers spent Friday night at the host home of a student in the choir, and then Saturday they went back to the school for more practice. On Saturday evening, dressed in long dresses and suits, the students gave a concert for their parents, and later, after a long weekend, they returned home.

The show choir not only learned the music they were to sing, but also choreographed their own dances. Freshman Sarah Fears said, "Show choir is a challenge. To learn to sing and dance at the same time it takes coordination."

Guest dancers, Marcia Gray, Terry Beverly, and Delores Marrs helped them to polish up their routines. The show choir saw the experts perform when they went to see "Annie" at the Kennedy Center.

The strings conductor, Mr. Steve Robinette, challenged himself to building an orchestra. There were only ten members, and two of them came to Stafford from Drew Middle School. There was only one cellist, and the rest of the musicians were violinists. Still, he had positive expectations for the future. "Trying to make the program larger is difficult, since it takes five or six years to develop a good musician. Still, there is a trend beginning where orchestra on the fifth and sixth grade levels is enlarging. Hopefully, it will catch on here."

MELODY MEN. This duo of Gordie Fears and George Breedon harmonize with the rest of the choir during a concert.



SAXMAN. Saxist Kevin Pitts sits down after his solo with the jazz band while Johanna Newman continues.

TOWERING TUBA. Benji Marsh supports his heavy instrument to perform in a concert for the students in the auditorium.



FORMAL FIDDLING. Violinist John Bosquit plays his violin in the orchestra section for the Christmas concert.





STICK 'EM UP. The show choir dances to "Jingle Bell Rock" at the winter concert.



ELECTRIFYING. Jazz band guitarists Danny Haynes, Lisa Brown, and Kevin Moran perform during the Christmas concert.



DOUBLE BOWS. Christine Gautreaux wears a Christmas bow as she glides her bow over the violin strings during orchestra practice.

Living and Learning

Grey was the color of the earthworm, it laid in the dish with both

sides of skin pinned outward in the black tar. The students held their noses to keep the smell of formaldehyde from penetrating their senses. The same smell could have been coming from the Marine Science room, yet with a small change in the specimen, here maybe a shark or a squid was examined. Just across the Media Center in the social studies wing, sociology classes discussed the Amish and planned weddings. What did they have in common besides being on the schools curriculum? All of these courses, at one point during the year, touched

on the subject of plants, animals, humans or behavior patterns. Each subject allowed the student to identify and understand their surroundings.

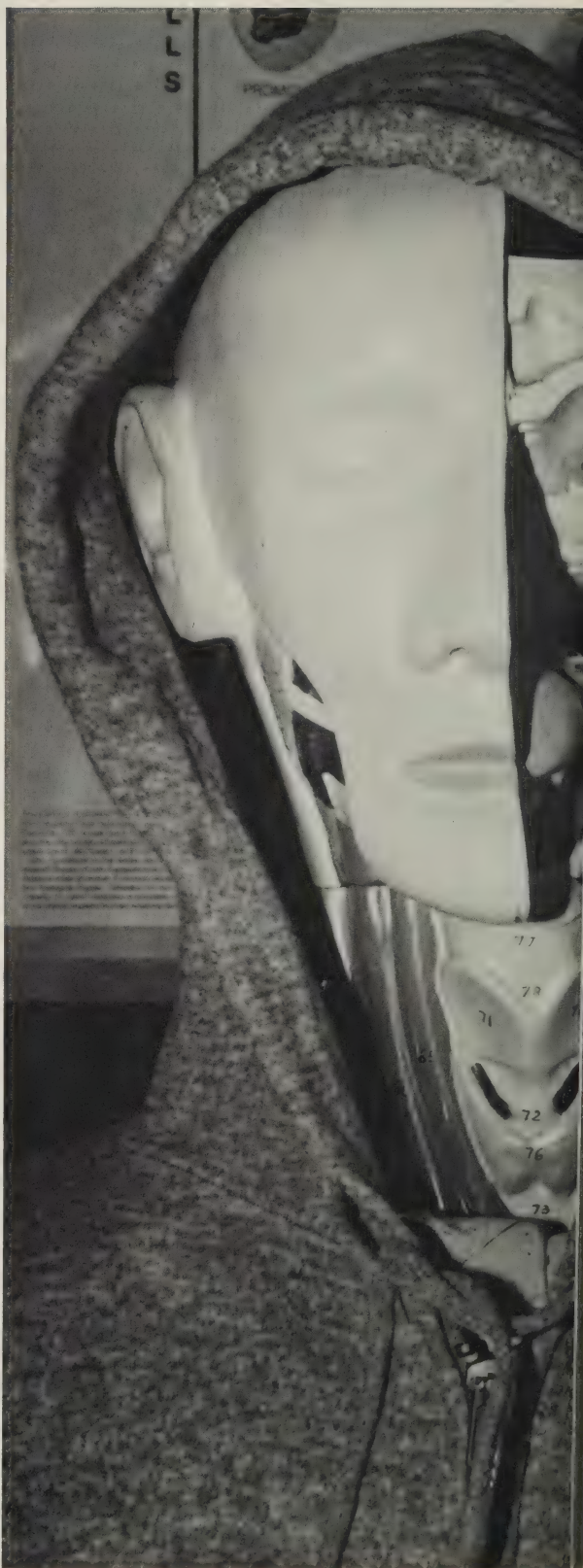
The biology courses, such as Marine Science, Human Physiology and College Biology had the physical aspect of identifying and understanding. In Physiology and College Biology, when it came time to take the scalpel to a preserved pigeon or fatal pig, most students looked away, than at their helpless victim. The campus pond was a great help to the Marine Science classes by giving easy access to the fish that they tagged.

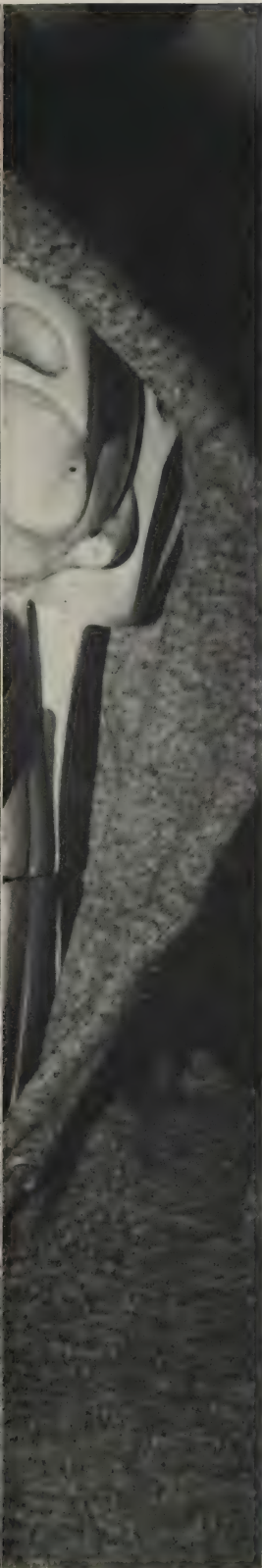
Wedding scrapbooks, egg "babies", and foreign Christmas celebrations could have only described the popular course of sociology. This subject that was only offered to juniors and seniors, seemed to attract students because of their special projects and



TAKE A VOTE. Seniors Warren Cooper and Greg Flynn sit with, County Supervisor, Rebecca Reed while helping to solicit votes.

HOODED HALF-WIT. Mr. Matheson's Human Physiology model puts on a sweatshirt to ward off the cold.





ADVENT EVENTS. Senior Jeff Yates explains what each window means in German.



FIT FOR A KING. Barbi March passes around a Swedish feast for Mindy Clotfelter to taste.



THE HEART OF THE MATTER. Kim Greene and Robin Ruddle explore the depths of a pig's heart.



field trips. The distinct difference between this course offering and others, was the assignments that were not the typical text book question and answer method. Like the science classes, the sociology students did experiments to find information, such as different behaviors in human beings. Different cultures were explored such as the Amish, where the students dressed like them to obtain better insight and perspective of the people. Senior Idah Rhea Davis stated, "I feel these projects make the subjects both learning and enjoyable for everyone involved."

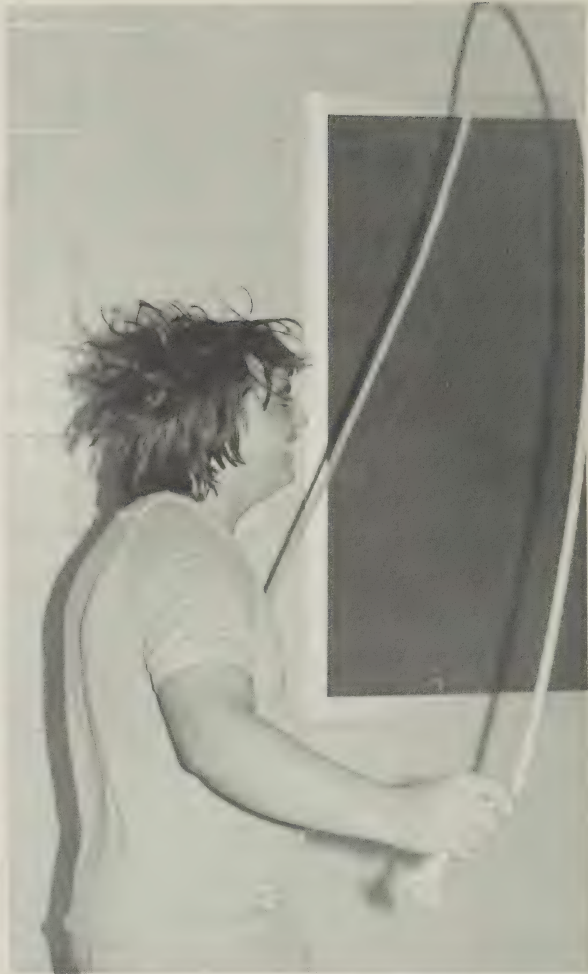
The science and social studies courses involved many activities and field trips which were educational experiences. Marine Science took a field trip to Florida over Easter break where they dissected underwater life specimens.

Whether it was in the classroom or on the road, students had the opportunity to study and participate through various learning techniques.

A HAIRY AFFAIR. Senior Cindy Miller models her beard as she makes her presentation in sociology on a Swedish Christmas celebration.

BOUNCING BOY. In Mr. Glaeser's P.E. class, Jerry "Mushy" Schenemann jumps rope for fitness.

FOLLOW THE BOUNCING BALL. Kim Carneal chases the ball in a game of soccer during sophomore physical education class.



Focus on Fitness

it it!" "Mine!" The cries rang out through the gym during the ninth grade volleyball tournament. A high set and a spike down the throat of a player on the next team, and all too soon, game point was won.

Nearby, an elective P.E. class worked up a sweat playing basketball. Most of them had their shirts up over their heads or off completely. A tenth grade class played ping pong hidden from view in the gym lobby, while others bowled on the sidelines. Across the hall in the auxiliary gym, a class played whiffleball while others used the weight room.

The students rotated classes from health to P.E. every twenty

two days. By the end of the year, they were to have mastered six different sports: one lifetime sport such as ping pong or tennis, two individual sports, such as gymnastics or bowling, and three team sports, such as football, volleyball, basketball, or soccer.

Basically, everybody had the same type of plan: learn the rules and skills of the sport, practice playing it, and then be graded on what you learned.

However, people's reactions were different, and the reasons for these reactions were varied, Kathy Brumback stated, "I like P.E. because I like sports." George Hogge agreed, but for different reasons, "I like P.E. because the girls get to wear cute little shorts."

On the other hand, some students disagreed. Yolanda Bundy said, "I hate it, because I don't like

to have to do my exercises in front of everybody else." Still others didn't like participating, but liked observing the students who enjoyed themselves in P.E. Erika Byrd said, "I don't like playing volleyball, because our team keeps losing, but I do like to watch other peoples' expressions as they go for the ball — most of them squinch up their faces and close their eyes — it's so funny!"

After P.E., the students switched to health, where they learned about their physical and mental condition. Many teachers tried to use special teaching methods, such as class discussion, group work, and individual projects, to make the material more interesting. They also invited special speakers, from the Hospice program to add to their class. Mr. Dale Portner, a ninth grade health





UP ON TWO. As part of her warm-up exercises, Holly Chichester does sit-ups in freshman P.E.



GO FOR IT. Students hit the ball as the opposition prepares for the return during open gym.

COP TALK. State trooper Mike Ivey informs Driver's Ed. students Monti Wade, Thomas Wintermeyer, Ronnie Chandler, Juanita Hall, and Jim Bucchio on radar use.



teacher, used stories to get his message across. "I drew from real life — my experiences and close friends — because people can relate to these and remember them. A person will remember a strange, but true story long after they've forgotten a definition because it means more."

For the fifteen year old student, there was the added attraction of drivers' education. When asked if she thought a sixteen year old was responsible enough to drive a car,

"LET ME OUT!" Tina Warwick tries to get past Chris Rooney and Gregg Sloane in a "Trapping Exercise" during Mrs. Claeser's health class.

Miss Anita Stowe replied, "Some are, and some aren't. It all depends on the person. Still, you've got to start somewhere."

This class was mainly about common sense on the road — how to use your head. Behind the wheel teacher Miss Pat Stanley admitted that sometimes it's nerve-wracking. She said, "So far I've been lucky, though I sure hope I live another six months. My numbers' got to come up sometime."

DOWN UNDER. Bart Brooks looks on as David "Ash" Hodge and Steve "Opey" Strickland repair a car.



INSTALLATION OPERATION. Bart Brooks installs rod bearings on a lab car.



CLEAN-UP. A student cleans up in the masonry lab, after class.

Tools of a Trade

Inside the frame laid hammers, saws, nuts and bolts, and pieces of unused lumber. "Hand me this," "hand me that," echoed throughout the shell of the building. Future carpenters, bricklayers and electricians all experienced the same atmosphere during their training in the vocational wing. Each large room held behind every door a different trade or craft. This hallway led to knowledge through experience rather than through a book.

Inventors such as Benjamin Franklin, one of our founding fathers, couldn't have known his

accomplishment when he first sailed his kite that stormy night. Was he the first electrician? Theoretically yes, but none the less, generation after generation have come to be skilled craftsmen. The electricity lab was where the students acquired their knowledge and skill. Technological devices which we used in the classroom were a far cry from a key on a stormbeaten kite.

Sawdust covered the floor and surroundings like a snow day in December. This precipitation was neither white nor clear. This substance was dense and permeated the air in the carpentry lab. Most of the students looked the same with their power tools in their hands and safety glasses protecting their eyes.

In the masonry lab, structures of brick and mortar were constructed and destructed. Here the foundation was literally laid for jobs during and after their high school years.

Another foundation that was laid was the cosmetology lab. "Hey, not too much blush! I look like a clown!" They also learned how to cut, style, color, and perm hair.

The more experienced students were able to practice their skills on other brave students. "Are you sure you know what you're doing?"

The vocational wing served as a good testing ground for the craftsmen of the future to learn the basics of their trades.





HELPFUL HINTS. Electricity students give some helpful advice to the positioning of a light in a nearby garage.

LAB LEARNING. Anthony Rabe saws a board for his project in woodworking class.



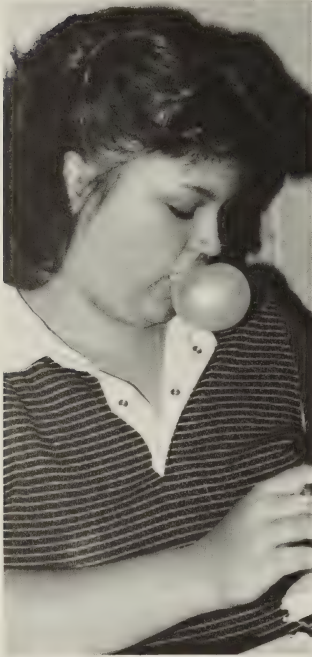
ELECTRIFYING. Steve Leteouneau, Scott Thompson and Tom Riley install a light fixture during their wiring class.



ALL WET. Shirley Epperson goes to work styling a wig in her cosmetology lab.

MR. FIX IT. Stuart Sullivan installs an exhaust manifold in a test car in auto mechanics.

TIME USED WISELY. Carol Bullock uses first period study hall for school work while another student naps in the dark quiet auditorium.



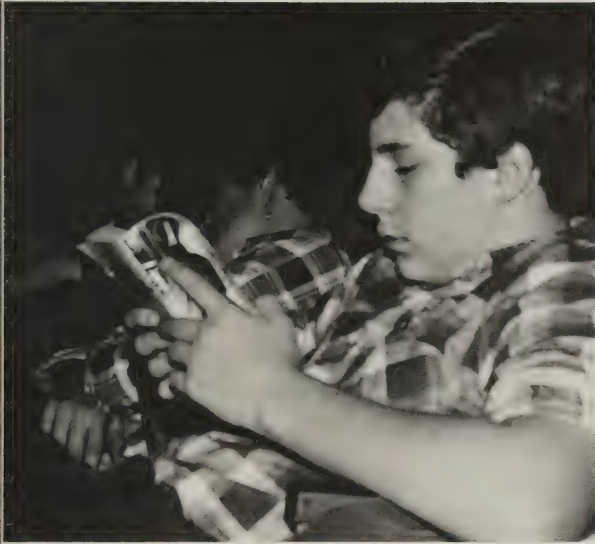
BORED TO BUBBLES. Pam Berry enjoys one of the few freedoms found in SISS — chewing gum.

CHECKING OUT. Students Sharon Powell and Teresa Parker sign out of study hall with official yellow passes.





SNOOZE TIME. Eugene Albrycht stretches out while passing the study hall hour.



ESCAPE FROM REALITY. Steven Tuttle settles down in an auditorium chair to enjoy a good book.



TAKE FIVE. Greg Maynard and Bruce Sullivan are escorted back to SISS by aide Mrs. Delores Marrs.

Enforced Silence



Just as the last bell rang, everyone rushed into homeroom. Two minutes later, a student walked into the room. He knew what was coming, and, as he

thought, the next day he was sitting in SISS. Why? He was put in SISS because he had been tardy to homeroom three times without an excused slip.

SISS stands for Stafford In School Suspension. "When a student gets SISS . . . , he is taken out of class. Since attendance is so important isn't this defeating the purpose . . . ?" asked Karen Reeve.

A STITCH IN TIME. Mrs. Bryant finds craft activities help pass the long hours involved in monitoring SISS.

"Why do you take a student out of class? It doesn't make sense!"

"Paint the walls a different color" was Christy Russell's suggestion for the SISS room. Christy also felt that the rules were too strict. She believed that students should not be placed in SISS for just "little things" like having three unexcused tardies.

In many ways, study hall was similar to SISS. For one thing, there was no talking in either SISS or study hall. According to Christy Russell and Yolanda Bundy, study hall and SISS were also similar in degree of boredom.

"I think that they should let us talk in study hall, and move around. It is just so boring to sit in study hall and do nothing. Some

people sleep, but most people just sit and read," remarked Yolanda Bundy. Yolanda said that if she could change the study hall classes, then she would "improve the lighting, get better seats, and change the location of study hall. The main reason why I don't like study hall is because they threaten to write you up for any little thing you do."

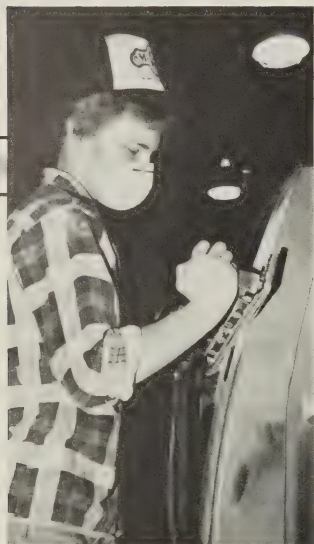
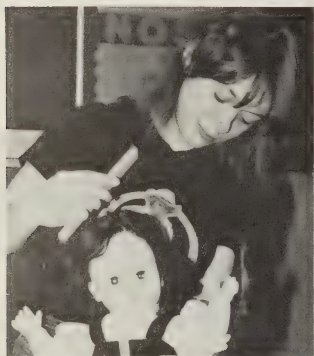
Although study hall and SISS were similar, they also had some differences. In study hall, you could choose to study, but in SISS, you were forced to complete assigned work for no credit. You could sleep in study hall, but not in SISS. The major difference was that SISS lasted all day, and study hall only lasted fifty-five minutes!

GEOMETRIC GYM. Seniors Krisy LeRose and Susan Toombs straighten up the area around the climbing blocks after the children leave in the afternoon.



GROWING KNOWLEDGE. Junior Kim Hostettler pulls dead leaves from the foliage growing in the greenhouse at North Stafford High School.

PRETTY BABY. Susan Toombs combs a baby doll's hair for the children in her child care class.



MASKED REPAIR. Senior Eddie Almond works at sanding the side of a car in his auto body class at North Stafford High School.



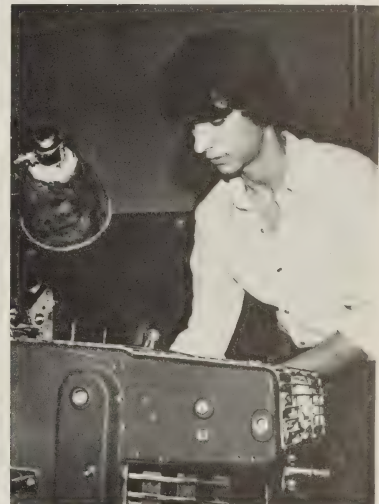


PASTE UP. Junior George Cole pastes up a layout for printing class.



T.L.C. Nursing aide students provide tender loving care to their patients.

CLEAN UP. Junior Tim Kendall cleans an offset press after printing an assignment.



Commuter Courses.

Kids giggled softly as they ran through the long high school corridors. Later they will roam these halls as teenagers, but for now the little ones walk to see their new student teachers in child care class.

Child Care was just one of the courses offered to South Stafford students at North Stafford High School. Commuting students left in the morning and afternoon to arrive at their three hour courses of printing, auto-body, horticulture, child care or nursing aid.

Horticulture students were taught in a greenhouse facility. It was filled with everything from tropical plants to vegetables. Kim Hostettler, the only second year student, stated, "I took this class to get a better background so I could become a florist after high school." This department often sold their plants to students and faculty members at both schools.

The nursing students took trips to Woodlawn Nursing Home at least twice a week and visited Mary Washington Hospital on occasion. These students gained an introduction to nursing which they could use to further their education as student nurses.

At Stafford Senior High School students took care of the engine of a car in the auto mechanics

classes, yet North Stafford High School had the facilities for the exterior maintenance. Auto body was offered to teach framework, sanding and re-finishing the paint on cars and mending any little dents that just "accidentally" got there.

Printing classes began with linoleum printing and worked up to operating giant offset presses. Many of the counties publications and staff handbooks were printed by the students of Stafford County.

After commuting everyday, from school to school, the distance grew shorter. Students slept, gossiped and studied on the way to their class. Average students had five minutes to get to their first period class, but commuter students had twenty.



Although time is endless, clubs could not find enough of it to suit their purposes. Spirit groups were the hardest pressed for time. The marching band and pom pon squad had to practice constantly to prepare inexperienced newcomers for performances. Publications, on the other hand, had just enough time to finish their

work, but each student had to bear the responsibility of meeting deadlines.

Transportation, to and from meetings and events, was also a problem for club members. Since activities and meetings were often held away from school, students could not always attend. They sometimes had to "burn" a ride

with friends, or worse, ask their parents to take them to restaurant dinners and gatherings in other students' homes.

Since clubs' activities frequently interfered with one another, it was up to the students to decide which activities deserved the highest priorities.



MIXED REACTIONS. At a home football game, marching band members display both uncertainty and confidence while supporting our team.



Chosen Few



BUDDIES. Sandra Wilkerson plays around with one of the puppets used for the Friendship Baptist Youth Group's puppet show.

STIR-UPS. Hazel Gallahan mixes paint while preparing for the Berea Baptist Haunted House.



Share the Experience

When one hears the word "church" rows of solemn-faced people sitting noiselessly, listening to a preacher might come to mind. But there is another side to church. This side consists of games, community projects, traveling places, and just plain "having fun." These are the church youth groups, and many students are sharing the experience of them.

"We just get together and have a good time, like we play volleyball or we do a community project." "This Halloween, we had a haunted house for the public," commented sophomore Chance Charters of the Berea Baptist Church. Catholic Youth Organization of St. Mary's Church also got together to just have a good time. They played

games and went on their annual ski trip. CYO member Maria Noble said, "It's a great way to make friends and meet people from other schools in the area."

Other youth groups did a lot of community work. One of these groups was the Acteens; an all-girls' youth group sponsored by Berea Baptist Church. "Our activities include visiting

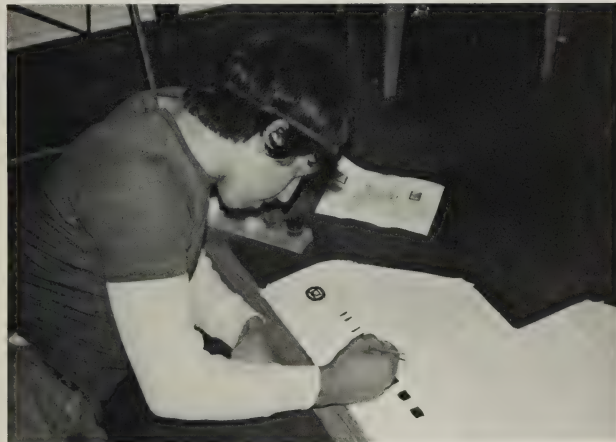
nursing homes and hospitals, and we each 'adopt' a person to help and visit regularly. We also have pizza parties and go to summer camp. Friendship Baptist Youth Group was another "helping hand" in the community. They had puppet shows for young children in the area. They also went to other Baptist churches and led services. Sophomore Sandra Wilkerson of Friendship Baptist Youth Group stated, "Our biggest trip was to Rhode Island where we helped rebuild one church's membership by acting as missionaries."

Other groups, such as the Great Commission Company of Ferry Farms Baptist Church, were a singing chorus and put on many concerts throughout the year. G.C.C. member Eric Swisher stated, "We sometimes travel as far as North Carolina or Maryland to sing at other churches."

Whether it was singing in a choir, helping out in the community, or just plain having a good time, church groups occupied time in many students' lives.



GO FOR IT. During a Catholic Youth Organization meeting, Valerie DesRoches reaches to make a shot as Beth Hall watches.



TAKE IT EASY. Preparing for the Berea Baptist youth group's Haunted House, Jerry Kurtz paints an art mural.

PLAY ALONG. In the basement of Friendship Baptist Church, Louis Keiner and Kristy Fairbanks accompany each other on the piano.



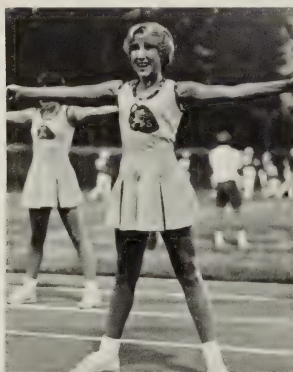
GET DOWN. Lisa Hardisty and Maria Noble take advantage of a free moment at a CYO meeting at St. Mary's Catholic Church.

PAC-MANIA. During the fall pep rally, Pom-Pon girls Karen Higgins, Penny Juggins, Stephanie Holsinger and Mary Druzbeck do a dance to "Pac Man Fever."

TENSION BREAKER. Rifle girl Barbara Northrup relaxes during a momentary break from practice.



SUPERMAN! During a time out in the game against Spotsylvania, the J.V. cheerleaders show their skill.



CANDLESTICKS. Freshman cheerleader Shannon Fulford shows her enthusiasm performing a cheer.



MUSIC MAKERS. Before the Homecoming football game, the band encourages the team by playing the fight song.

FLYING EAGLE. After doing a cheer, varsity cheerleader Jami Pryor shows her spirit as she jumps.





PARADE REST. Before the football game against Courtland, the band awaits the signal to get ready for the National Anthem.



HELPING HAND. Scott Cambell helps varsity cheerleader Jamie Pryor design a poster for an upcoming game.

LEADER OF THE BAND. During the show before the Homecoming game, Chalee Mullen leads the drum line across the field.

Caring Counts

Caring is: Helping someone with their homework. Listening to a friend. Most of all, caring is helping the school and community in whatever way needed.

The Student Council Association, National Honor Society, Key Club, and the Keyettes had caring as their specialty. In their own way, each helped their school and community daily.

The S.C.A. helped by "creating harmony between the students, faculty, and administration, promoting school spirit, and organizing activities," according to President Catharina Min. The S.C.A. accomplished this by organizing Homecoming, dances after games, and fundraisers. Money raised by students through S.C.A. activities was used for such projects as spirit week and a new trophy case. The S.C.A. also worked towards an advisory council, in which the president and Principal Samuel Cox would meet regularly about student complaints and suggestions.

National Honor Society member, Dennis Silver remarked "The thing I like best about National Honor Society is that it helps people; like when we visit the Juvenile Detention Center or the Nursing Home. "In addition, the National Honor Society

chose a N.H.S. member of the month, and organized student nominations for teacher of the quarter. The actual voting was done by N.H.S. members. Besides being required to keep their own grades above a 92 average, the National Honor Society held regular tutoring sessions for students with sagging grades.

The Keyettes helped those in need such as the poor, handicapped, or victims of accidents. However, as President Janine Henderson said, "Being in the Keyettes is not all hard work, but also fun and games." They had pool parties, picnics, and sometimes just sat down and talked.

The Key Club was another caring club. "It is a doer club, in some clubs you just sit around, but in the Key Club you're always on the move," remarked Key Club member Cherie Sawtelle. Some of the ways it moved were by working the school elevator for the handicapped, raising the flag in the morning, parking cars at football games, and holding a blood drive for the Red Cross. Money for these projects was raised by their annual spaghetti dinner before Homecoming.

Together, the clubs demonstrated the meaning of caring to everyone around them.

EARLY RISERS. Before school, Key Club members Christina Ratliff and Lori Zack prepare to raise the flag.

COUNCIL CAR. During the Homecoming parade, SCA members proudly show their float to the people in the stands.





HAND IT OVER. Before a home football game, Key Club member Ricky Henderson sells raffle tickets to two Stafford fans.



MAKE IT CLEAR. During NHS Monday night tutoring, Tammy Smith helps Sylvia Craig with her work.

SPREAD THE WORD. During homeroom, SCA President Catharina Min does the morning announcements as Assistant Principal Mr. Joseph Dunkin watches.



SHOW THE WAY. Before a home football game, Key Club member Beth Hall directs a car to a parking place.



Exercise Your Options

"Applications for SCENE have to be picked up in the art room."

SCENE was a club designed to give students a more challenging avenue in which to pursue their special interests in the humanities, science and math. Members were selected on the basis of an application and teacher recommendations. Prospective members also had to submit an original work of writing, a speech, or an example of their work in art or dance.

Once accepted for the SCENE program, students chose which areas they

wanted to work in. They were able to select three areas to participate in; however, they were able to take part in any of the special activities.

Areas of interest included arts and humanities, drama, science, forensics, literary magazine, computer science, and "Battle of the Brains." Due to the great interest in math and science, sponsor Retta Robbins scheduled a field trip to tour the Metro computer terminal, the Air and Space Museum and the Renwick Art Gallery's exhibit of rituals in Washington D.C.

Trips to the National Cathedral for the September Celebra-

tion, art workshops in calligraphy and silk screen, plays at the Kennedy Center, including the Folger Medieval Christmas Pageant were also planned.

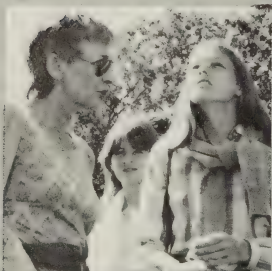
The Literary Magazine staff worked throughout the year collecting and selecting poems, stories and essays submitted by students to compile the 1983 Cornerstone.

SCENE provided an outlet for those with extra energy and desire. Students felt that the SCENE program was worthwhile.

STANDING TALL. Cornerstone editor Kevin Hinkle addresses SCENE members and parents at orientation.



LOOK UP. SCENE sponsor Miss Retta Robbins and Elizabeth Lockheart await the dedication of the center portal at the National Cathedral.



STAGE FRIGHT. "Battle of the Brains" members David Allen, Mark Bugay, Louis Keiner and Kevin Hinkle rest a minute before beginning competition.



WATCH THE SCOTCH. Miss Retta Robbins, Julie Harold, and Erin McFall watch as the Washington Scottish Pipe Band performs at the September Celebration in Washington, D.C.





PEEK-A-BOO. Senior Kerri Clark peers through a diffraction lense during an astronomy lecture.

COME ON DOWN. Members of the SCENE group take a ride on one of the world's longest escalators while touring the Metro Computer terminal.

Forward Bound

Boxes of oranges and grapefruits stretched in all directions. Weary FFA members stood over open boxes checking, each fruit for bad spots. The work seemed to last forever, but they looked forward to the money they would gain for the club's projects.

Although selling fruit was the most common image of the Future Farmers of America, actually there was much more to the club. "FFA gives its members opportunities to develop leadership and agricultural skills through community projects, selling fruit in the community and through parliamentary procedure," explained the FFA sponsor, Mr. Rusty Hall. FFA

members participated in National FFA Week and planted pine seedlings at the county landfill as a community project.

Another club that helped its members to learn to work in the community was DECA (Distributive Education Clubs of America). "DECA has helped me with job interviews, by letting me know what to expect," explained Tammy Thompson, DECA member. As well as learning job related skills, DECA members also ran the school store, attended a fall rally at Virginia Tech, visited Ingleside Winery, and took part in district DECA competitions.

Giving its members experience in business matters was

the main idea of FBLA (Future Business Leaders of America), but there were many different ways of doing it. "I plan to be an accountant, and being the FBLA treasurer gives me firsthand experience with books," remarked David Ried. Other ways that FBLA members learned about handling business matters were through their fundraising project, a haunted house; and through a food drive for the poor.

Two more clubs that were involved in different activities were FHA (Future Homemakers of America) and HERO (Home Economics Related Organizations). "I like FHA because I get

(continued)

TO THE LAST DROP. During the FHA-HERO carnival held at Stafford, FHA sponsor Mrs. Linda Long tries the refreshments.



CHECK IT OUT. After the FFA fundraising drive, FFA members Scott Haley and Tracy Finney check oranges for bad spots.

CLOWNING AROUND. Jean Tyree and Kathy Whitney help set up for the FFA-HERO carnival.





HAND IT OVER. Before homeroom in the school store, DECA member Christy Fairbanks hands change to Dianne Charles.

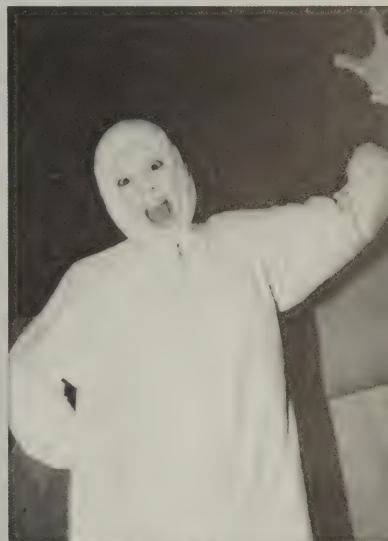
DRAFTING



ENJOY THE SHOW. During the VICA Dating Game, Sidney Thomas, Adam Burton, and Herb Bartley watch the show.



PICK OF THE BUNCH. FFA member Jim Sullivan checks the oranges sold by the FFA as a fundraising project.



BOO! During the FBLA Haunted House, Elena Eaglin scares the visitors.

Forward Bound

to know new people and we have a lot of fun making stuff" commented Sandra Parker. HERO and FHA both had a pizza party during the year as well as a Christmas Party and participated in the state FHA-HERO rally which was held at Stafford. "We had a lady come from Merle Norman to show us how to do cosmetic makeovers and Mr. Holladay came to talk to us about shoplifting," added Mrs. Pinney Shelton, HERO sponsor.

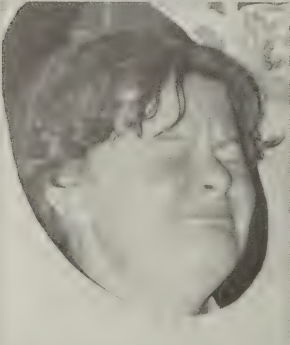
VICA (Vocational Industrial Clubs of America) also had a mixture of fun and serious activities, but its main purpose remained clear. "VICA helps build knowledge of and interest in the students own area, such as masonry or drafting," explained Mr. Bill Hammen, VICA advisor. In addition to their regular meetings, VICA members had chances to participate in competitions that tested their abilities in skill and leadership. There

were contests in such things as public speaking, poster design, carpentry, or masonry. On the lighter side, VICA members also had activities such as their spoof of the Dating Game, called the VICA Dating Game.

Bound for an uncertain economic future, the members of these clubs learned new skills and attitudes which would help them prepare for the years ahead.

PASS IT ON. During the VICA Dating Game, Marsha Short hands the microphone to fellow contestant Suzanne Carr as Connie Sisk watches.

REACH FOR THE TOP. HERO member Sandra Parker helps decorate for the FHA-HERO carnival.



ANTICIPATION. In the sponge game during the FHA-HERO Carnival, Mrs. Pinney Shelton waits helplessly for the next water-soaked sponge.



RING IT UP. In the school store, Mr. Russell Holladay rings up a purchase for Nina Carneal.

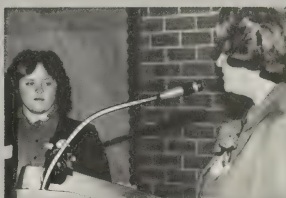
LIGHT THE WAY. During the FBLA officers installation, Melissa Johnson lights her candle.



SOLEMN MOMENT. The new FBLA officers stand, holding their candles during the FBLA officer installation.



SPEAK OUT. Trena Threatt listens as Miss Kay Orr speaks at the FBLA officer installation.



TASTE TEST. Margaret Smith, Jennifer Sullivan, and Cynthia Williams sample the food at the FHA-HERO carnival.



Race to the Finish

In amongst a shuffle of notebook paper and layouts, a puzzled but determined yearbook staffer tries to crop a horizontal photo into a vertical space on a layout. Forgetting about overdue reports and upcoming weekends and holidays, newspaper and yearbook staff members devoted much of their free time working to meet upcoming deadlines.

"Are there any more photo requests that are needed for this deadline?" asks the worried Indian Legend adviser Miss Janet Payne. Miss Payne later commented, "Putting the yearbook together is by far the hardest job in the school. If we're not selling ads, we're rushing to meet dead-

lines, or making sure pictures are taken through out the summer months."

The Indian Smoke Signal staff was also hurried to complete each newspaper issue for delivery on the second week of each month. Editor-in-chief Tammy Gillie explained, "We were understaffed at the same time trying to adjust to a new monthly publishing schedule. She advised future Smoke Signal staffs to "publish only infrequent special editions with more pages and features at a slightly higher price" in order to combat financial losses.

Along with representatives from schools across Virginia, delegates from both publications

attended a conference, held at the University of Virginia in Charlottesville. The Virginia High School League workshops provided the students with information about the latest trends and designs of prize-winning publications. When they returned, the Stafford delegation was beaming with pride. Both the 1982 Indian Legend and the Smoke Signal had recieved a first class rating.

Feelings of elation did not last for long, though, because as soon as the staffers returned to school the members realized that they still had a job to do and it was up to them to meet every obligation.

WEEKEND PACKING. Kathy Ramsey, Kathy McCloud, Karen Dittman and Miss Marguerite Brion help to pack the car as they depart to the VHSL workshop.



NAME PLEASE sophomore Patty Keene buys her yearbook from Karen Dittman before school.



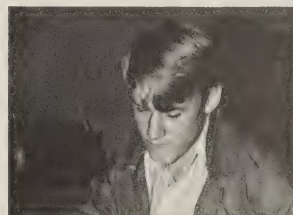
POINT IT OUT. Cherie Sawtelle and Brawner Greer arrange pictures for a sports layout.



BEING CHOOSY. Scott Cottrell chooses pictures for the football layout.



DEEP IN THOUGHT. Dennis Silver concentrates on writing the opening for the yearbook.



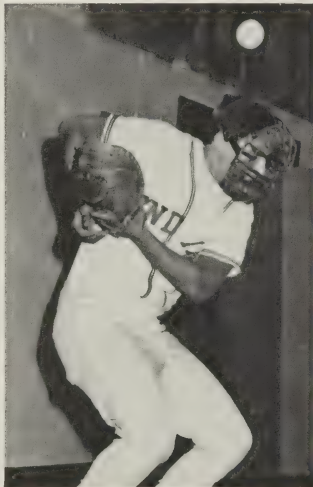
AFTER HOURS. After school, Wendy Crismond copies a list of students who bought yearbooks.

REARRANGEMENT. Miss Marguerite Brion helps Jennifer Desilets arrange copy for the newspaper.

SATISFACTION. Mike Burgess accepts the first place award for the newspaper staff at the VHSL workshop.



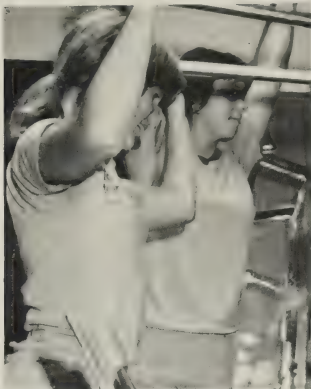
BULL'S EYE. Varsity softball player Celina Walters throws a ball to a teammate during I period physical fitness.



SNAG IT. During after school winter practice, baseball catcher David Rizzo attempts to catch a ball.

CHILLY CHAT. Ski club members Jennifer Price, Lorie Lewis, and Rob Price take time out of their night skiing at Massanutten to have a friendly conversation.





BODYBUILDERS. Freshman Chris Byrne and sophomore Patty Keene lift weights to shape up for softball during the off-season.

ROW, ROW YOUR BOAT. Members of the Young Life Club leave shore for their canoe trip down the Rapidan River.



TIME OUT. Charlie Payne takes time out during baseball practice to discuss other matters with Coach Ron Beverly.



“Fitness for Fun”

Getting in shape was one choice for students who wanted a more physically challenging extracurricular activity. Many different groups provided this challenge for them. Staying in shape and getting outdoors gave purpose to these groups.

The softball, baseball, football, and wrestling teams all participated in off-season workouts after school while some had I-period physical fitness. Weightlifting, running, and exercising helped members of the teams to stay in shape. “Weightlifting off-season prevents injury during the season,” said senior varsity football player Tom Kutz.

Stafford wrestling coach Bill Micks, along with Gar-Field wrestling coach Jack Duncan, formed the Stafford wrestling club for all elementary, middle,

or high school students who wanted to learn about and practice wrestling off-season. Senior wrestler David Smith said, “I joined because I wanted to learn new moves and go to tournaments off season.”

The ski club was a fairly new but successful club. Media specialist Mr. Bob Wallace sponsored this club which gave members a chance to go on trips and gain ski experience. The club took several trips a month to Massanutten Mountain. Freshman Lorie Lewis commented, “I joined because skiing is an exciting sport, and I wanted a chance to go skiing with a group of friends.”

Young Life was a club sponsored by Mr. Bill Hammen. Members met at the homes of members each week. A canoe

trip was planned to the Rapidan River; Mr. Bill Micks supervised, as members tried their hands at canoeing. Other activities included an all-night volleyball marathon at the indoor tennis courts at the Fredericksburg Country Club, an organized softball game, and an 11-day summer trip to Colorado. The volleyball marathon was held to raise money for the trip to Colorado.

Most students enjoyed physical activities of some kind. It was a time for working, but also a time to have fun and socialize with friends. All of these clubs were designed to provide time for both. Involvement in these clubs proved for most students to be well worth their while.

SING-OUT. Madrigal members Felicia Brown and Bert Fulford sing together during the eighth grade orientation assembly.



STUDY SESSION. Cast member Ed Christina studies his lines during SCAPINO play practice.

GROUP HARMONY. During the annual Christmas concert, Mrs. Carolyn Seay directs the Madrigals in singing their version of "The Twelve Days After Christmas."



In the Limelight

In the vast dimmed auditorium sat the excited audience, waiting for the performance to begin. But above their heads, on the stage, and behind the curtain, there was total chaos. Students were running around putting on costumes, applying makeup, setting up props, and performing other necessary duties. Then suddenly, the performers took their places on stage, and the chaos subsided. As the curtain raised, the audience directed their attention to the stage. The performance had begun.

Chaos reigned in the drama company and this season was no exception. The star performer, Dick Futrell, in the production SCAPINO, injured his leg causing SCAPINO to be cancelled.

Practices tended to be very long and great in number. Cast

member Wendy Darr stated, "There are basically three types of practices: technical, where we work on the lighting and the props, blocking and line practice, where we practice positioning on stage and our lines, and finally dress rehearsals." But the hard work and chaos did not end with the practices. "During a performance it is total bedlam backstage. Everyone is nervous and running around trying to get their cues right," stated Wendy Darr. In spite of the hard work, everyone felt that the production was well worth it!

Show choir also shared the hard work and joys of putting on a production. Show choir was a singing and dancing group which picked its members through tryouts. They performed a song and dance to "Jingle Bell Rock" during the annual Christmas concert. Prac-

tices consisted of selecting songs, singing them, and choreographing dances. Show choir member Misty Morten stated, "I get really nervous right before a performance, but I think nervousness is a sign of wanting to do a good job."

Other performing groups were chorus and Madrigals. They were clubs for students who enjoyed singing. These groups, practiced singing songs and scales, and put on several concerts. Madrigal member Tina Warwick stated, "Practice can be very tedious at times because we sing the same songs over and over, but performing is really fun!"

Whether on the Stafford stage or in the community, performing was a speciality for these clubs.



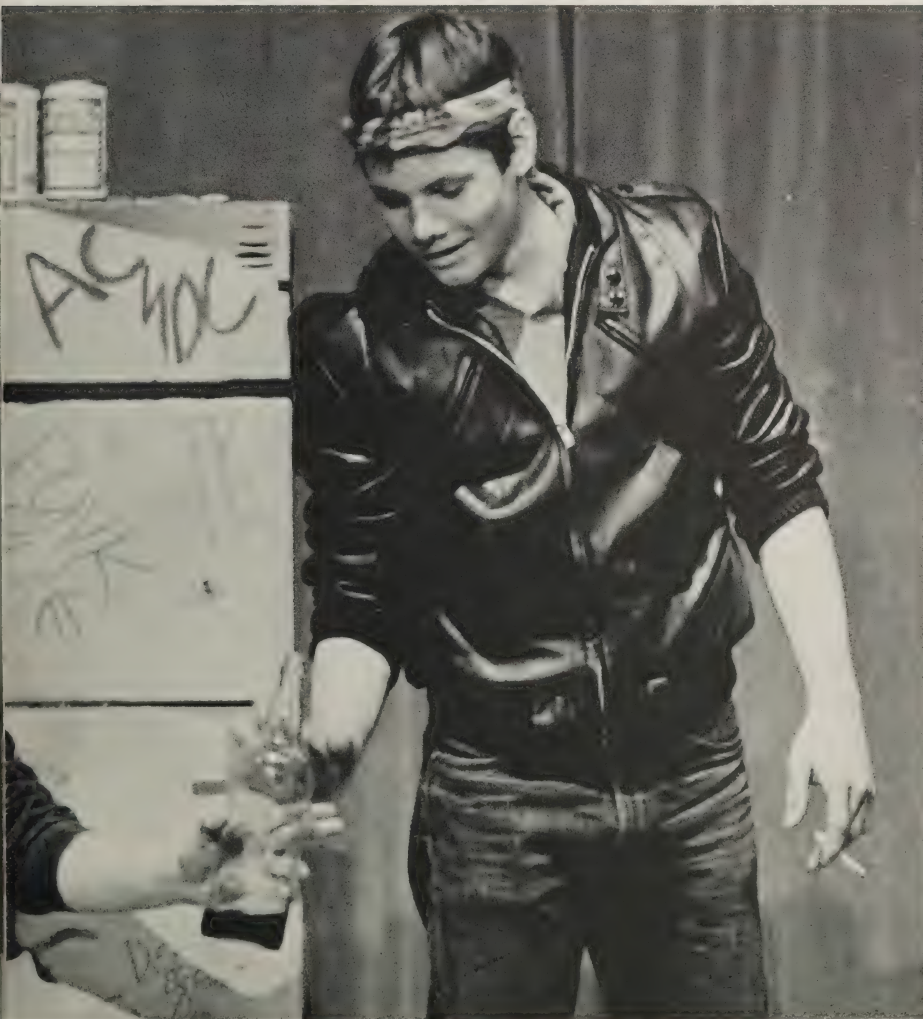


KEEP TIME. During after school practice, Show Choir member Marsha Gatewood claps in time while singing the grand finale for the movie FAME.

PLAY ALONG. Sophomore Erin McFall accompanies the girls' chorus during the Christmas concert.



PARTY HEARTY. Jon Allinder and Dan Holler portray an eighth-grader's nightmare in a drama skit during the eighth grade orientation assembly.



SALES PITCH. Chorus members Julie Perkey and Andrea Bowers patiently wait for interested students for prescheduling on the lunch shifts.

ON THE WAY. Spanish teacher Miss Lorie Camp supervises the transporting of the Spanish Club float.



FESTIVE WEEKEND. French club members Tricia Tyler and Cassandra Coffey represent the French Club in the homecoming parade.



LOOK AHEAD. French club members watch intently as Mrs. Betty Dameron explains the procedure for the sale of flowergrams.





UNDER WRAPS. Kim Harding shows Mark Jones how to wrap a toga in preparation for the Latin Club Roman banquet.

PRELIMINARY PREPARATION. Andy Steinbach and Joe Akin look over the agenda for a German Club meeting.



SPANISH FESTIVITIES. Spanish Club members Billy West, Mike Burgess, and Billy Swaggerty accompany the Spanish Club float in the homecoming parade.



MUNCH-OUT. Spanish teachers Mrs. Elena Vega, Mrs. Patricia Jones, and Miss Lorie Camp eat pizza at the Spanish Club pizza party.



Beyond The Border

As he approached the auction block to be sold, the young slave looked out at the noisy crowd. He wondered who his new master would be, and how he would be treated.

Slave auctions were a way of life for the average citizen of ancient Rome. Auctions were not, however, an acceptable activity in a modern Latin classroom. Foreign language clubs gave their members ample opportunities to learn first hand about such activities, as well as the language.

The Latin Club sponsored a dance following a basketball game to raise money to pay for a ham and a turkey, as well as other items for the annual Roman banquet. At the banquet, club members ate dinner while reclining on pillows. Following

the meal, a slave auction and Mr. Rome contest were held. Also, two students were selected as Juno and Jupiter, king and queen of the banquet.

The German Club took a trip to Busch Gardens as part of the Virginia Organization of German Students (VOGS). There students met members of German Clubs from high schools across Virginia. Club members sold advent calendars to attend the German Club convention at Hampton High School. Members later purchased specially designed German Club surf shirts.

The Spanish Club won first prize in the foreign language clubs category of the homecoming parade. To celebrate, members of the club held an after school pizza party several days later. Non-members could

pay two dollars dues so that they could come in and eat with the club.

The French Club also entered a float in the homecoming parade as well as holding bake sales to raise money for a summer trip to Canada. The club also sold flowergrams for Valentine's Day. The club gave out awards and scholarships to deserving seniors who had maintained a high academic status in French. Finally, the club officers went out to eat at a local French restaurant.

Foreign language clubs helped their members to get more enjoyment from their language knowledge, and they provided an opportunity to go beyond the border of learning a language, and to learn about the customs of other peoples.



Scene. Front Row: Catharina Min, Tammy Gillie, Rene Thomas, Kerri Clark, Cyndi Quann, Valerie Pizer. Row 2: Kathy McCloud, Terry McCloud, Jennifer Williams, Britta Schlegel, Erin McFall, Jennifer Price, Edith Duncan, Tammy Williams, Michealle Lampert. Row 3: Sherri Boutchyard, Tammi Decatur, Troy Altizer, David Wiseman, Julie Harold, Emily Munson, Karen Bland, Sara Munson, Karen Berger, Clark Graninger, Billy Howell. Back Row: Elizabeth Grey, Elizabeth Lockhart, Eric Swisher, Christy Townsend, Margaret Rooney, Erika Byrd, Carol Druzbeck, Alan Cannon.



Key Club. Front Row: Becky Davis, Jennifer Desilets, Lori Zack. Row 2: Cassandra Sullivan, Kerry Mills, Rene Thomas, Tina Tucci, Kerri Clark, Karen Dittman, Bethany Hall, Jill Clark, Idah Davis, Janice Curtis, Sherry Cooper. Row 3: Kim Jacobs, Jennifer Williams, Cherie Sawtelle, Duane Hall, Tina Warwick, Edith Duncan, Chalee Mullen, Martha Mook, Erin McFall, Amy Clotfelter, Dan Duncan. Row 4: Karen Bland, Lara Shlesky, Kate Pan, Julie Zack, Troy Altizer, Dick Futrell, Danny McEntee, Ricky Henderson, Scott Bowling, Teresa Timmons, Kim Carneal. Back Row: Andrea Bowers, Erika Byrd, Margaret Rooney, Steven Morecock, Charlie Brown, Joe Akin, Luke Taylor, Robby Desilets, Andy Steinbach, Glenn Davis, Cliff Shelton, Eric Redfern.



Newspaper Staff. Front row: Jacquie DesRoches, Kim Stricklin, Catharina Min, Gordie Fears. Row 2: Troy Altizer, Tammy Gillie, Elizabeth Grey, Jennifer Desilets, Chalee Mullen, Alison Angle. Row 3: Ron Cox, Lisa Way, Kim Harding, Robyn Shifflett, Deena Brown, Ashby Conway, Kevin Mathews, Dawn Harris, Sarah Fears. Back Row: Cliff Shelton, Michael Burgess, Liz Merford, Ed Christina, David Wiseman, Robby Desilets, Michelle Youngerman, Amy Clotfelter.



NHS. Front Row: Susan Beverly, Doreen Ferree, Kim Jacobs, Troy J. Altizer. Row 2: Billy Jett, Rodney Owens, Karla Gheen, Marsha Bates, Stephanie Holsinger, Anela Burgess, Brian Myruski, Ray Hall, Sheli Herron, Anna Pannatto, Michelle Rudd. Row 3: Elizabeth Lockhart, Randy Halbedel, Pam Gulick, Mary Druzbeck, Dorri Mills, Bonnie Simms, Mindy Clotfelter, Kerry Mills, Kimberly Harding, Tamara Williams, Leigh Musselman. Row 4: Amy Hyde, Stephanie King, Kathy McCloud, Rene Thomas, Dori Ford, Dan Boudreau, Dan Duncan, Mike Vanderberg, Edith Duncan, Susan Truslow, Lowell Ballard. Row 5: Todd Repass, Mard Shower, Gordie Fears, Doyle Green, Danny Mason, Mark Jones, Heidi Clayberg, Michealle Lampert, DeDe DeBernard, Terry Berger, Karen Reeve, Dennis Silver. Back Row: Catharina Min, Lori Zack, Christine Ratiff, Becky Davis, Jill Hyland, Larry Dickinson, Tammy Smith, Robin Ruddle.

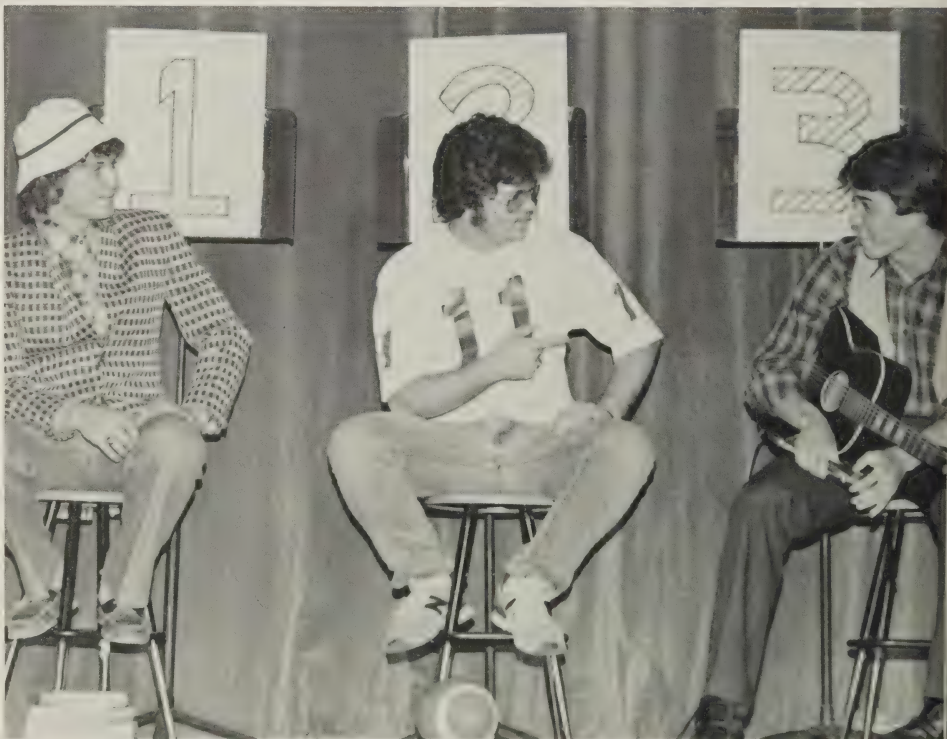


SCA. Front Row: Catharina Min, Stephanie King, Kim Stricklin, Sherri Clark, Jennifer Desilets. Row 2: Troy J. Altizer, Susan Truslow, Jami Pryor, Estelle Friedman, Mason Garner, Karen Dittman. Row 3: Joe Akin, Lori Zack, Jacquie DesRoches, Lori Rowland, Kim Harding, Amy Hyde, Amy Clotfelter. Back Row: Gordie Fears, Chris Phillips, Kerri Clark, Rene Thomas, Becky Davis, Dori Ford.



Literary Magazine. Front Row: Julie Harold. Row 2: Cindy Quann, Carla Hutchison, Karla Gheen. Row 3: Mrs. Judy Kosinski, Rodney Owens, Elizabeth Lockhart, Tom Coleman.

YOUR TURN. During the VICA Dating Game, Kenny Payne and John Usher pass the buck to Kevin Phillips.



Adding It Up

As the audience finished filing into their seats, the orchestra began to warm up. The performers played through different parts of the music, each intent on their own instrument. At last, the director lifted his baton, and the concert hall was filled with music

as the performance began.

Clubs worked in somewhat the same way. They gave a chance for talented individuals to come together and accomplish things that they could not do alone. They also gave a chance for students to learn to

work together as a group towards a common goal.

There was a wide range of activities for an interested student to choose from, ranging from band or drama to vocational to academic clubs. Each offered something different, but (continued)



Latin Club. Front Row: Danny Vitoria, Stephanie King, Kim Harding, Tammy Gillie. Row 2: Julie Eagle, Debbie Lucas, Noland Donahol, Browner Greer, Mike Vandenburg, David Werner, Laura Haily, Edith Duncan, Estelle Friedman, Sean Holden. Row 3: Steve Braun, Terry Berger, Gordie Fears, Travis Cooper, Cherie Sawtelle, Catherine Min, Kerri Clark, Tammy Williams, Joan Dent, Mark Puckett, Ginny Jackman, Tammy Smith, John Reilly, Mark Puckett. Row 4: Maria Spencer, Valerie Pitzer, Brenda Kaila, Cassandra Sullivan, Jennifer Williams, Lori Rowland, Susan Beverly, Kim Noel, Glen Andrews, Steve Pelfrey, Mark Jones, Allan Cannon, Mrs. Betty Merrill. Back Row: Lara Shelesky, Amy Fisher, Terah Allen, Tina Crouse, Angela Kaila, Margaret Rooney, Carol Druzbeck, Kim Peyton, Bonnie Simms, Julie Harold, Cindy Berselli, Wendy Jett, Shannon Reedy.



French Club. Front Row: Penny Juggins, Marsha Bates, Billy Jett, Kerry Mills. Row 2: Lisa Dodson, Marcey Simmons, Tricia Tyler, DeDe Debernard, Brenda Pyne, Margaret Reed, Laura Haley, Cathy Dodd, Mandy Clotfelter, Suzy Jett, Emma Scheffer. Row 3: Tina Pantano, Clark Graninger, Karen Reeve, Michelle Lampert, Chalee Mullen, Steve Smith, David Obenauer, Renee Hilling, Cassandra Coffey. Back Row: Doug Crowson, Forrest Clift, Jeannie Strothers, Elizabeth Grey.



Ski Club. Front Row: Susan Beverly, Rene Thomas, Scott Bowling, Mary Druzbeck, Charlie Brown, Chris Phillips, Steven Morecock, Paul Masterson, Luke Taylor, Lori Zack. Row 2: Melinda McGee, Kerri Clark, Rob Lake, Angie Wheeler, Jill Clark, Joe Akin, Troy Altizer, Andy Steinbach, Rob Price, Mark Mills, David Abernathy. Row 3: Cherie Sawtelle, Tom Coleman, Tina Tucci, Dori Ford, Jennifer Price, Lorie Lewis, Leigh D'Lugos, Carol Druzbeck, Powell Sale, Catharina Min, Lori Rowland. Back Row: Karen Dittman, Leigh Musseiman, Michelle Rudd, David Werner, Billy Howell, Mr. Bob Wallace.



Spanish Club. Front Row: Charlie Brown, Scott Bowling, Tina Tucci, Penny Juggins. Row 2: Billy Swaggerty, Major Brumback, Christie Nash, Valerie DesRoches, Jill Clark, Angela Burgess, Stephanie Holsinger, Karla Gheen, Andrea Vella, Charlene Sullivan. Row 3: Kim Brown, Rhonda Mason, Jimmy Hodge, Kevin Collis, Tom Coleman, Mark Mills, Cindy Farley, Jamie Jones, Erin McFall, Martha Mock, Sallie Herron, David Simms. Row 4: Dennis Silver, Dan Boudreau, Mary Druzbeck, Cherie Sawtelle, Michelle Rudd, Sharon Gosnell, Gina Corr, Mike Burgess, Danny McEntee, Karen Masterson. Back Row: Andy Steinbach, Troy Altizer, Paul Masterson, Elizabeth Grey, Kerri Clark, Chris Phillips, Rene Thomas, Luke Taylor, Jacque DesRoches, Amy Hyde, Kim Leggett, Kevin Cooper, Darryl Barnes, Wendy Darr, Sharon Christina.



German Club. Front row: Troy Altizer, Andy Steinbach, Joe Akin, Amy Clotfelter, Ed Christina. Row 2: Pam Gulick, Kurt Hickman, Stephanie Pruett, Tina Porter, Patrick Porter, Tammy Tolson, Michelle Barnes, Bethany Hall. Row 3: Sean Gilmartin, Mark Gardner, Duane Hall, Stephanie Garrow, Carrie Hamrick, Russel Gallahan, Joey Chase, John Basial. Back Row: David Wiseman, Mike Eye, Doyle Green, Elizabeth Grey, Elizabeth Lockhart, Kelly Shorter, Louis Keiner, Danny Mason.



HERO. Front Row: Blande Carter, Jennifer Sullivan, Sandra Parker. Row 2: Teresa Lape, Tammy Delano, Starla Savee. Row 3: Lisa Parker, Valerie Boxley, Karen Sullivan. Back Row: Kathy Whitney, Barbi March, Terry Tolley, Jean Tyree.



VICA. Front Row: Tony Rabe, Larry Wright, Keith Matherly, "Sunny" Morgan, Tina Hilton, Chris Fahnestock. Row 2: Timothy Beverley, Kenneth Payne, Mike Sielicki, David Sumpolec, Jay Sullivan, Oz Sullivan, David Hodge, Dean Carpenter, Scott Jensen, Todd Hunter, Pete Cassils. Row 3: Steven Tuttle, Jerry Seay, Eddie Racine, Kevin Stone, Richie Fahnestock, Mark Cahill, Ray Hall, Patrick D. Lofun, Dale Atkins, Bryant Musante, Joseph Samuels. Row 4: Suzanne Carr, Bill Polen, Chris Matherly, Doug Crismond, Jerry Habron, Eddie Almond, Dennis Sullivan, Dean Stanfield, Michael Lussier, Scott Jorny, Kim Dinehart, Christine King. Row 5: Greg Poly, Pam McEntee, Bobby Jett, Wendy Jett, Carol Winklerman, Brian Jett, Billy Hovey, David Haug, Donna Cutshaw, Karen Wodd, Marsha Short, Anita Brown. Row 6: Pam Quann, Dottie Tolley, Elisa Wellerman, Steven Catlett, Zebro Hohman, Kenny Smith, Stuart Sullivan, Thomas Arnold, John Kent, Jeff Lenox, Brian Gault, Barbie Brassart, Cindy Green. Row 7: Stephanie Lloyd, Sheri Tippet, Garry West, Bob Spindle, Bart Brooks, Robert Shriner, Carey Cropp, Dean Allen, Warren Jeffries, Joe Edlund, Mike Hazard, Traci Rowe, Jenny Monroe, Susan Green, Diane Markham. Row 8: Sherry Cooper, Michael Dobson, Brad Day, Jeff Viers, Edwin Garland, John Usher, James Sullivan, Criss Starr, Alisa Turner, Cindy Herndon, Robin Rose, Eva Hamm, Patricia Knight, Kerri Roles. Row 9: Steve Smith, Ben Schooler, Barbara Fords, Angela Seay, Donna Jett, Amanda Perry, Maria Daniels, Lena Burns, Gina Holt, Maye Duncan, Dena Coleman, Penny Ellis, Cathy Mills, Tracy Allen, Donna Heaser. Back Row: Danny Kieth, Paul Mastersen, Kate Ripley, Zena Yelton, Mary Sullivan, Rena Gray.

FFA. Front Row: Bill West, Liz Woodward, Tammy Sullivan. Row 2: John Jett, Howard Pearson, Danise Jett. Back Row: Kevin Williams, Joseph Samuels, Kery Williams.



COE. Front Row: Sheila Barrett, Patty Crisp, Loni Hyatt, Lora Smith, Sheila Almond, Jenny Grinnan. Row 2: Lisa Elliott, Vickie Grice, Michele Thomas, Janice Nicholson, Cindy Shelton. Back Row: Mrs. Mary McCauley, Karen Muller, Dawn Mellick, Stacie Hovermale, Delia Phipps, Mrs. Betty Inman.



FBLA. Front Row: Loretta Smith, David Reid, Melissa Johnson, Margie Toombs, Lisa Hardin, Kristy Fairbanks, Trena Threatt, Terry Deats, Sheila Barrett, Christie Nash. Row 2: Karen Mastersen, Cyndi Quann, Patty Crisp, Tammy Hagan, Vickie Grice, Karen Muller, Lisa Elliott, Dianne Charles, Jo Marie Potter, Edith Harn, Tammy Paytes. Row 3: Marsha Henderson, Greg Flynn, Cathy Howard, Suzanne Farrell, Kevin Collis, Greg Rowles, Ann Swiggett, Denise Newton, Trina Holt, Kelly Brown, Rhonda Cary. Row 4: Tracey Gallahan, Pam Henderson, Robyn Marshall, Lisa Newton, David Allen, Margaret Reed, Patrick Little, Kelly Lindsay, Stuart Tuloss, Ronald Haug, Elaine Schultz, Loretta Simmerman. Row 5: Vivian Burton, Susan Sullivan, Donna Bowie, Lisa Chewning, Darlene Ross, Lisa Melton, Kurt Hickman, Becky Davis, Lori Rowland, Laura Dolan, Randy Halpell, Rodney Carter. Row 6: Robin Curtis, Kimberly Craig, Rhonda Craig, Pat Cooper, Karen Reeve, Pam Busby, Andrea Bowers, Paula Jackson, Delia Phipps, Janice Nicholson, Michele Oholms, Debbie Henderson, Joe Seskey. Back Row: JoAnn Brooks, Kelly Vandevender, Lisa Price, Andrea Vella, Ellen Powell, Susan Villaver, Jodi Spinney, Stacie Hovermale, Jenny Grinnan, Lisa Holland, Loni Hyatt, Cindy Shelton, Michelle Madison, Dawn Burgess.



DECA. Front Row: Ricky Rodriguez, Robyn Hicks, David Carpenter, John Marsh, Tina Hylton, Karen Mastersen. Row 2: Barbara Campbell, Donna Gallahan, Janet Brooks, Donna Clipper, Doug Crismond, Kathy Chapman, Sheri Tippet, Pam Pack, Carlyn Gallahan, Jerry Pritchett, Jerry Seay. Row 3: Russ Holididay, Dennis Silver, Lea Kelley, Kevin Collis, Donnie Newkirk, Kevin Bruce, Tim Weadon, Pam Flack, Vickie Wright, Robin Hicks, Teresa Devers, Greg Poly. Back Row: Luchen Hockaday, Howard Parder, Traci Baker, Laurie Jamison, Marshall Hutton, Todd Lohr, Billy Parr, Tammie Thompson, Michelle Madison, Dawn Wine, Teresa Kendall, Cindi Newman, Myra Edmonds, Jennifer Cash.



FHA. Front Row: Millie Robertson, Cheryl Hicks, Lisa Rodgers, Tiffany Edwards. Row 2: Tina Washington, Judy Reagan, Sharon Dernbach, Valerie Pitzer, Rhonda Barlow, Shawn Rose, Kim Scott, Juliet Parchment, Robin Crawford, Dolores Parker. Row 3: Maria Veloz, Bun Weaver, Francine Boxley, Beverly Brown, Cynthia Williams, Cindy Haines, Karri Woodford, Pam Scott, Teresa Parker, Jody Dempsey. Row 4: Jean Tyree, Karen Cooper, Suzi Dernbach, Pam Baum, Patricia Crawford, Cindy Adams, Marshall Short, Dana Newton, Debbie Hilly, Allison McCallum, Debbie Decker. Back Row: Janine Henderson, Robin Curtis, Denise Floyd, Kathy Stevens, Mary Shiresley, Tracy Butler, Michelle Newton, Lisa Wellerman, Nona Uecker, Jodi Spinney, Kym Playdon, Dorothy Bell.



JUST PASSING THROUGH. During the Homecoming parade, Mark Gardner and Brian Myruski show one aspect of German life.



Band. Front Row: Rhonda Mason, Paul Stewart, Mike Vose, Benji Marsh, Teresa Crisp, Michael Vann, Rhonda Houck, Sheri Carney, Renee Addair, Jennifer Price. Row 2: Kathy McCloud, Dawn Rochelort, Terry McCloud, Danielle Browder, Lynn Roberson, Sandra Wilkerson, Larry Wible, Belinda Krpata, Cathy Morgan, Liz Lockhart, Mr. Dennis Brown. Back Row: Kirk Clayberg, David Reid, Mike Jones, Larry Cox, Jeff Sullivan, Kevin Pitts, Russel Gallahan, Robert Johnson, Kevin Cox, Scott Wilson, Kelly Shorter, Timmy Mason.



Band Front. Front Row: Lisa Newton, Chalee Mullen, Robyn Marshall, Pam Henderson. Row 2: Marsha Gatewood, Kelly Shorter, Robyn Shifflett, Barbara Northrop. Row 3: Tina Sampson, Karin Sellers, Penny Juggins, DeDe DeBernard, Karen Higgins, Lisa Hardy. Back Row: Maria Noble, Heidi Clayburg, Michelle Lampert, Mary Drezbick, Stephanie Hosinger, Kim Wines.



Chorus. Front Row: Tracey Kelly, Cindy Redd, Denise Haug, Erin McFall, Cindy Anderson, Leigh Hicks, Sherry Carnwell, Cassandra Coffey. Back Row: Andrea Bowers, Robin Hicks, Robyn Shifflett, Penny Davenport, Julie Perkey, Ann Charles, Natalie Hamn, Pat Cooper, Carolyn Powell, Jennifer Pounds.



Madrigals. Front Row: Gordie Fears, Marsha Gatewood, Bert Fulford. Row 2: Laura Dolan, Velvet Payne, Christine Ritterbusch, Stephanie Johncox. Back Row: Patrick Little, Wendy Darr, John Usher, Felicia Brown.



Pep Club. Front row: Robin Hicks, Ashby Conway, Billy West, Laurel Kuchenbrod. Row 2: Anne Smith, Buffy Seskey, Tina Nichols. Row 3: Allison Moore, Deena Brown, Edie Fisher. Back Row: Liz Morford, George Breeden, Danny McEntee, Ms. Nancy Boland.

Adding It Up

all offered something of value, if only the chance to meet other people who shared a common interest. Many offered valuable services to the school and to the

community, while others offered their members experience in using skills that could be needed later in life. Some were for just plain old having fun.

Members of all the clubs found their lives enriched by their activities in the club, and by their friendships with others.



Show Choir. Front Row: Kristen Pattie, Sarah Fears, Marsha Gatewood. Row 2: Rhonda Crismond, Kim Lockwood, Misty Morton, Felicia Brown. Back Row: Penny Davenport, Kim Hostetter, Tammi Thompson.



Sweating profusely, the young athlete entered the showers. Adjusting the showerhead and turning on the refreshingly cold water, he breathed a sigh of relief as the tension and exhaustion drained from his body. Another long practice had ended.

Sweat and determination

usually paid off for young athletic teams hoping to make a name for themselves. However, it was up to the individuals involved to put forth their best efforts to win.

Winning or losing seemed to be the most important thoughts in each athlete's mind. And when faced with the cold reality of a lost

game, our athletes simply gritted their teeth and resolved to work harder and practice longer to improve their game.

Winning brought the hope of district championships and the emotional high of knowing that their best was the best.

RACE TO THE FINISH. The Stafford and King George boys' cross country teams burst from the starting line, beginning a 3.1 mile race which Stafford won.



How You Play the Game

Spring of '82

"I'll never be able to forget the fact that we were the best in Virginia." — Paula Jett

How to win a state championship in 18 easy games. With one 2-1 loss to Woodbridge, the 1981-82 girls softball team was led by pitcher Suzanne Peake to a season record of 17-1. They achieved the district title for the second consecutive year, and in addition hosted the Northwestern Regional game which produced the defeat of the Halifax "Amazons" and their advancement to the semi-state finals. Two games away from their goal, the Indians could not be stopped; they continued by beating Fairfax

with a 7-1 victory. Their final and most important step was the state championship game. After a long, hard battle, the Indians took the lead and defeated Lee Davis 2-0.

In celebration of the all important victory, the team broke the tradition of tossing the coach into the showers. Instead they tossed Coach Bernard Humphrey and themselves into the Stafford High's adjacent pond. As a reward for his efforts, Coach Humphrey was voted state coach of the year by coaches throughout Virginia.



SLUGGER. Varsity baseball player Mark Babcock takes his turn at bat during the game against Woodbridge.

FIRST SERVE. Richard Hodge practices his serve before the James Monroe tennis match.



HIT THE DIRT. Long jumper Mark Cumberland practices his event for the spring track season.

THE THRILL OF VICTORY. Stafford's winning pitcher Suzanne Peake expresses joy as the Indians claim the 1981-82 state softball title.



SMOOTH MOVES. Varsity soccer player Danny Vittoria maneuvers the ball around his Woodbridge opponent.

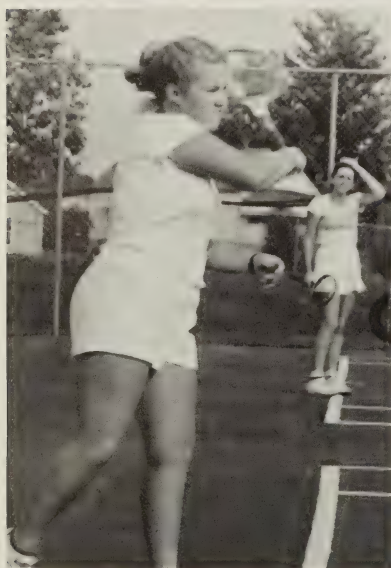
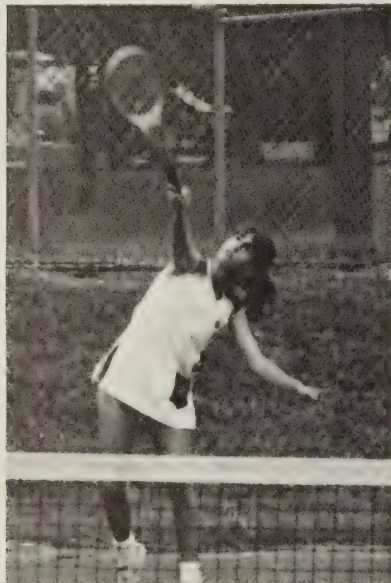


TREND SETTER. Coach Humphrey and his state champions celebrate their most important win.



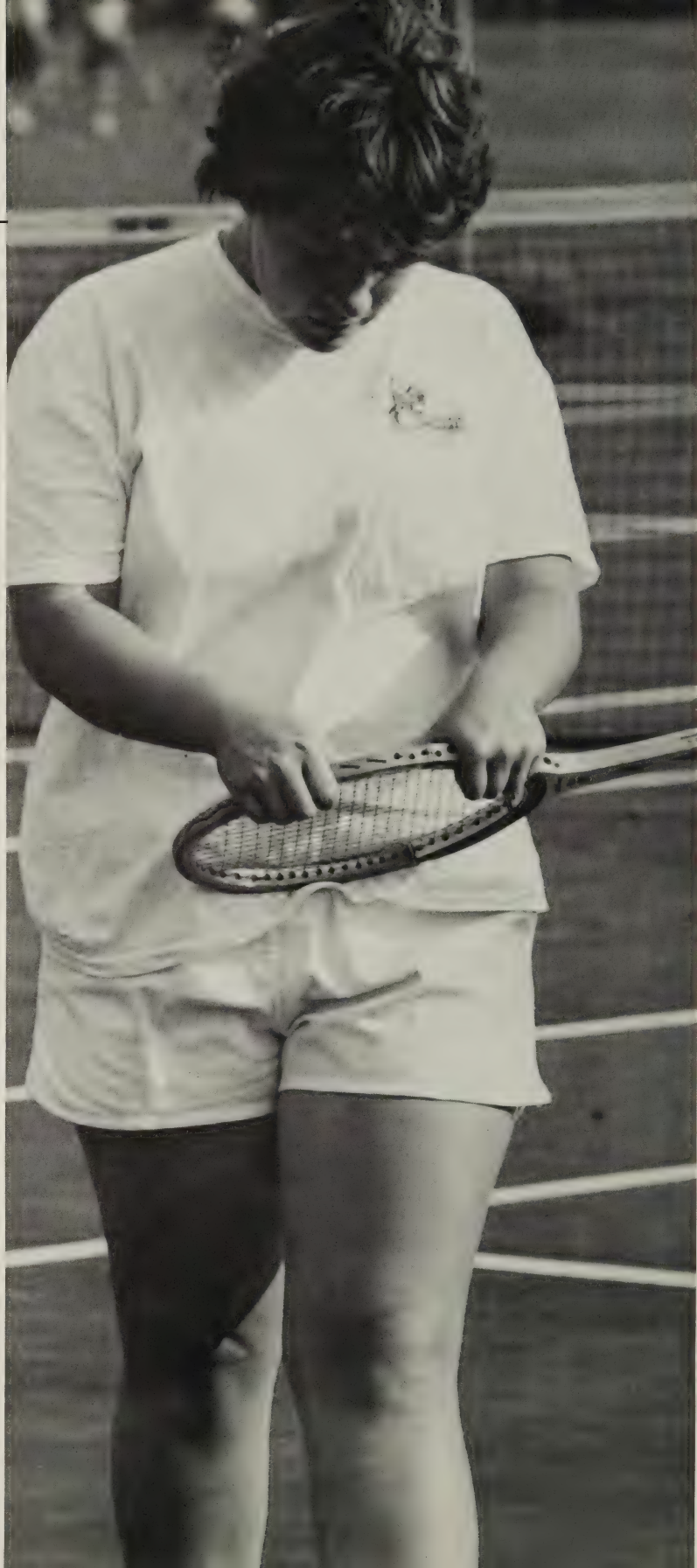
WHO'S ON FIRST? First baseman John Sharpe stretches his glove out to catch a throw during pre-game warmups.

SERVICE PLEASE. Freshman Carol Druzick completes a serve to her opponent at the Potomac match.



FOLLOW THROUGH. Junior Kim Stricklin returns a serve during her winning match against Stonewall Jackson.

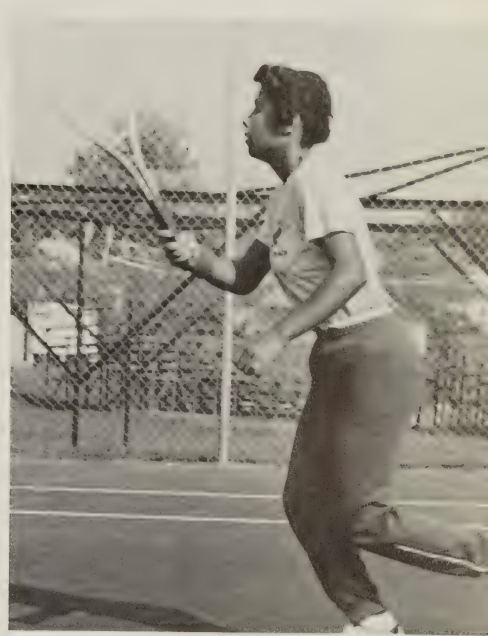
TENNIS TROUBLES. Junior Dorri Mills takes a break between serves to regain her concentration during the North Stafford match which she won.



STRATEGY SESSION. Coach Hylton confers with seniors Tina Tucci and Rene Thomas before the doubles match which the girls won against North Stafford.



TENNIS HUSTLE. Junior Donna Smith moves in for a forehand shot during an after school practice.



RACQUET REPORT

"Those two partners were nothing but double trouble." — Coach Chris Hylton

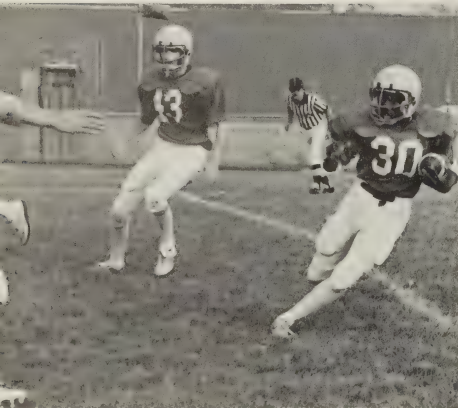
Let there be light — and there was no light. During a match between Stafford and James Wood, the number two doubles of seniors Rene Thomas and Tina Tucci came back from a 6-1 game and tied at 9-9. Darkness prevailed and forced the partners to find a lighted court. After packing the equipment on to the bus, they traveled to another court only to find nonfunctional lights. They then arrived at a court that had working lights only to lose the match in an 11-10 tie breaker. This consistent effort lasted through not only this peculiar

incident but throughout the entire season. The team's primary goal was to gain experience. Composed of nine freshmen, four juniors, and two seniors, the 1983 girls' tennis team was relatively inexperienced. Leading the girls were juniors Dorri Mills and Donna Smith. The coach, Mr. Chris Hylton, felt that the girls saw the sport as merely recreational and they did not take tennis seriously. Freshman Carol Druzbeck stated, "All in all it was a fun season and a learning experience for everyone involved."



FULL SERVICE. Thomas follows through on her winning serve during the match against North Stafford.

COACHING FROM THE SIDELINES. Coach Lee Browning discusses play changes during the varsity Woodbridge game.

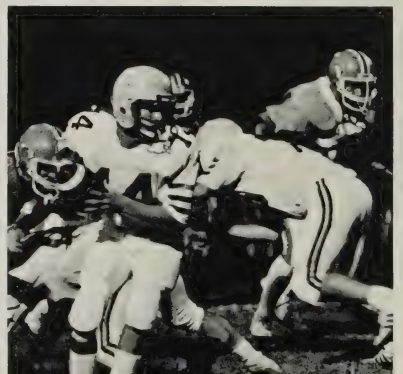


OFFENSIVE CUT. Freshman Michael Spool attempts to run around the right end of the Potomac defense.



POISED FOR ACTION. Stafford defensive linemen prepare to stop the offensive surge of the Courtland Courgars.

HAND-OFF. Quarterback Tim Early prepares to give the ball to his running back.



Football Wrap-Up

SURE COMPLETION. Quarterback Scott Starnes tries out his passing skills during preseason practice.



DODGING THE DEFENSE. Freshman Craig Sullivan attempts to find a hole in the North Stafford defense. North Stafford won 16-0.

“We were a better team than the record showed” — Coach Berry

With its third head coach in five years, the Indian football program took on the Berrylook. Along with five new assistant coaches, coach Tom Berry intended to give the Indians an aerial offense due to the shortage of running backs. An aerial attack was a new experience for Indian fans who had been used to the traditional running game. Also due to the passing attack, games sometimes ran late because of the number of incompletions and interceptions.

The first 28-21 win over Spotsylvania was a great confidence builder since expectations for the season were not high. Senior Lamond Roye broke an area record in passes received for 281 yards.

Following the Stonewall homecoming game, the destined aerial strategy was reversed and the Indians began to run with the ball. “Running the ball seemed to work a lot better for us, as you could see from our 21-6 victory over Stonewall,” stated senior Lamond Roye. Coach Berry felt that this

game was the highlight of the season since it was the homecoming game and the team performed so well. He also commented that “It was a nice finale for the seniors”. Perhaps the most disappointing part of the season was the 20-8 loss to James Wood. Coach Berry felt that the team had the potential to beat James Wood, but they did not play up to this potential.

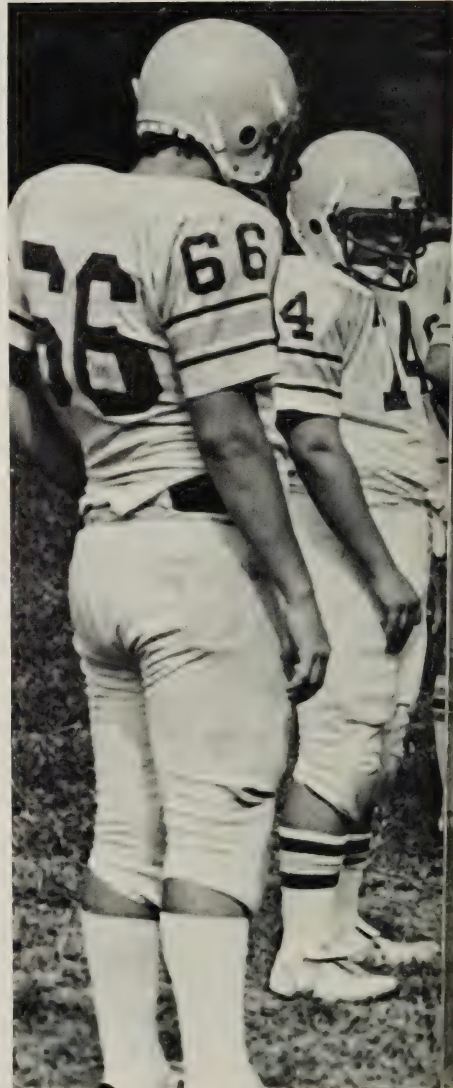
The most important aspect of this team was their unity and ability to play as a team rather than for individual recognition. Coach Berry agreed with varsity team member Dan Stanfield in saying that “everyone on the team had good attitudes towards playing, and when we lost we just accepted it, instead of getting really mad”. Defensive back coach Lou Sorrentino commented that he thoroughly enjoyed his first year of coaching at Stafford, he stated that “this season has been a very interesting and optimistic one.”



PAPER CHASE. Varsity football team takes the field prior to the Woodbridge game.

BREAK IN THE ACTION. Freshman player Mike Perez is given medical attention after injuring his leg during the Fauquier game.

CRUSHING BLOW. Freshmen Troy Spindle and Wayne Bowling combine forces to bring down a Potomac player. Despite their efforts, the Indians lost 20-0.



Time, Tape and Ice

"They sure were mean." — Fauquier Field Hockey Player

How would you like to be hit in the shin with a hockey stick or crushed by two defensive linemen? Both field hockey and football are considered to be contact sports, but students and faculty members had different opinions on which is more dangerous. Teresa Timmons commented that the hockey players play with little bodily protection and the ball sometimes attains high speeds that can cause injuries, not to mention the hard wood sticks that can badly bruise a shin or leg. Some field hockey injuries can be as serious as broken noses or concussions. However, the most common injuries were simply strains and sprains which were cured with time, tape and ice. Anita Stowe, the field hockey coach, observed that football players are susceptible to serious neck and spinal injuries resulting from heavy tackling and contact that is not present in hockey.

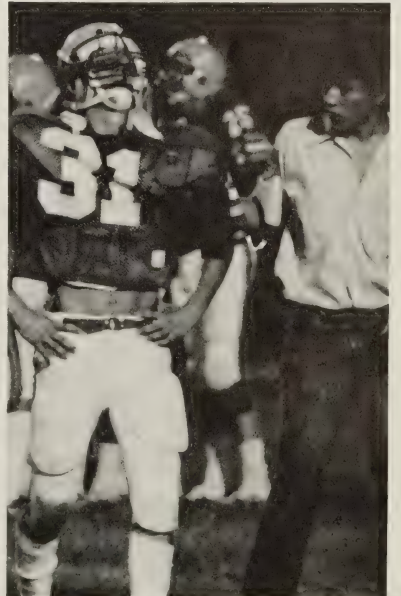
But which is more hazardous? When football and hockey players were asked about switching roles — the females playing football and the males playing hockey — a typical contracting attitude was taken. Earl Coffey was asked if girls should be allowed to play football; he answered that "they couldn't handle the contact and they would be easily injured." Hockey manager Pam Graninger said that boys should not play hockey because "they would not be able to hold in their tempers like field hockey players should." Coach Stowe commented that boys should be allowed to play but on separate teams since they are stronger and have better hand-eye coordination.

The majority of players on both football and field hockey felt that no participant of the opposite team could survive their field of athletics; but maybe time will change tradition.



STICK ACTION. Varsity players Lynn Durham and Ginger Cooper charge to clear the ball from Indian territory and send it into the Wolverine goal.

FOOT FURY. Members of the varsity team hustle to defend the Indian goal against visiting North Stafford.



INJURY TIME OUT. Varsity player Kurt Decatur takes time out to catch his breath during a varsity game.

SIMULATED ACTION. Defensive linemen charge off the line during a junior varsity-varsity practice drill.

GRIM DETERMINATION. Alice Lowery hustles for the ball in order to maintain possession and preserve an Indian victory.

ANTICIPATION. Junior varsity player Jennifer Williams intently watches the varsity stroke-off at the close of the Fauquier game in which the Indians won in overtime 3-2.



JUMPING FOR JOY. Lynn Durham shows her excitement as Carolyn Schlemm scores a penalty stroke during the Fauquier contest.



Hockey Hustle

"We were just paralyzed with joy when we finally won." — Michelle Rudd

"Hard work, dedication and determination — that's what it took to come back after the loss of six senior players," stated Kim Harding member of the varsity field hockey team. To recover from this loss, twelve girls made a trip to the Pocono Mountains for the Stroudsburg field hockey camp. "Camp was the worst experience of my summer, except for the coaches," laughed Teresa Timmons. Goalie, Julie Keene, who according to varsity coach Anita Stowe, "did a good job in replacing last year's all district goalie," felt the superb instruction from the goalie coach at camp was the main reason she improved so much from last year. Most of the girls who went to camp agreed with varsity player Leigh Musselman who commented, "Even though the food and accommodations weren't what I expected, I felt like I benefited from the added skills and new techniques I learned."

Exhibiting the skills and techniques that they had acquired at camp, the hockey team

improved with every outing. The girls played an excellent game against Fauquier, leading 2-0 at halftime but ending in a 2-2 tie. This meant there would be a series of penalty strokes. Out of five, senior Carolyn Schlemm scored the only point. Julie Keene, after defending her goal during the entire game, had to go one-on-one with five Fauquier players. Although she was under extreme pressure, she stopped all but one of the penalty strokes. This forced the game to go into another set of penalty strokes. Keene stopped all five Fauquier shots, thus the outcome of the game was on Lynn Durham's shoulders. Durham's stick struck the ball sending it into the goal and just out of reach of the Fauquier defender. The Indians had won the heated battle in double overtime.

With an eight game schedule the hockey team finished their season with confidence and motivation to keep working for a better season.



BLOCKED SHOT. Varsity goalie Julie Keene stops an attempted goal by a Falcon player.



HALFTIME PEP TALK. Varsity players listen to coach Anita Stowe during the Fauquier game.

Race Results

"No runners in the lake today coach." — Bernie Braun

Working hard at practice and at home was the making of a cross country runner. Running in one hundred degree summer heat or twenty-five degree winter cold was nothing but a test of endurance which only the runners who were truly dedicated survived. Junior Cathy Vance was one of those who proved her dedication by quitting field hockey to concentrate solely on cross country. Her hard work at practice proved her decision wise by becoming an "all district runner". But the most outstanding runner on the girls' team proved to be junior Lena Eaglin. She not only was an all district and all regional runner, she progressed all the way to state. The team that was not thought to have a chance at regionals became state finalists. Sharon Gosnell stated, "Usually when you are in the middle of a season you dread going to practice. Cross country was definitely an exception." Many

of the ordinary things occurred at practices. Mud fights were common and in order to use the track, it was necessary to climb over the fence. Sophomore Julie Burton was one of the team members who found herself stuck at the top and had to use Lena Eaglin's shoulders to get down. Coach Ochletree allowed the girls to kid around but also made them work, and this is what made the team a success.

The top runner for the boys' cross country team was sophomore Duane Hall and junior Danny Mason. Duane Hall was a top finisher in regionals. Sophomores Danny McEntee and Frankie Payne were consistent runners throughout the season. As with the girls, the boys had humorous things happen at practice. Freshman Robert Fern tripped into the pond and David Payne was locked in a locker by his teammates. Rock fights happened under the scornful eye of

the coach — without his approval. When the runners were out of sight, they would walk on the trails and not run during practice.

The winter track team took on a new look with the addition of a girls' winter team. Even though it was a first, the girls were expected to do well. On the boys' team, seniors Greg Sharpe and Tom Kutz were top finishers in their events. Winter track is different from cross country in that field events are included instead of just running.

Cold weather and rain often made practices outside impossible. An alternative track was created in the school hallways for practice. Although this was not an ideal set up, it provided the runners a comfortable place to work away from the winter elements.



ON A FROSTY DAY. Members of the winter track team increase their endurance by running laps around the track during a chilly winter practice.



BREAKING AWAY. Sharon Gosnell, Margaret Rooney and Heather Barkley begin a 3.1 mile cross country race against King George. Sharon finished tenth overall.



TAKE FIVE. Freshman David Payne catches his breath after finishing thirteenth overall against North Stafford and Garfield.



KEEPING IN STRIDE. Sophomore Duane Hall crosses the finish line after a race against North Stafford and Garfield. The boys' team finished second.

AGAINST THE WALL. Senior Gordie Fears does a hamstring stretch on a hallway wall during after school practice. Rainy days often meant indoor practices.

Mat Memo

"You take defeat only to come back and win." —
David Smith

Sharing the auxiliary gym with the tumblers and the hallways with the cheerleaders, the wrestling team had to work hard not only in practice but just to practice. In wrestling there was the need for strength, endurance, knowledge, flexibility and the desire for excellence. In practice new moves had to be learned and old ones mastered through repetition which was "sometimes boring" according to junior Preston Jarrells. Running two to three miles through the halls and gut runs on the mats were done to build endurance. Lifting weights at home and at school was also important because without the strength the moves were useless.

To be a wrestler a person should be willing to give up afternoons for practice, Fridays and Saturdays for matches, weeks in the summer for camps and even lunch periods had to be postponed.

Besides having strength the wrestlers had to measure up to the scales. In wrestling there are weight classes and it is beneficial to get in as low a class a possible, which for some wrestlers meant losing up to twenty pounds.

"Wrestling is one of the best sports for developing character," stated Coach Bill Micks. Angry tempers could cost the team points, for this reason a wrestler had to control his emotions and show enough sportsmanship to shake his opponent's hand. A wrestler had to accept his own losses because there was no one to blame but himself.

"I think we accomplished what we set out to do," commented Coach Micks. Seniors James Hagerty, David Smith and junior Jeff Carter did well in district competition proving that years of hard work and dedication paid off.

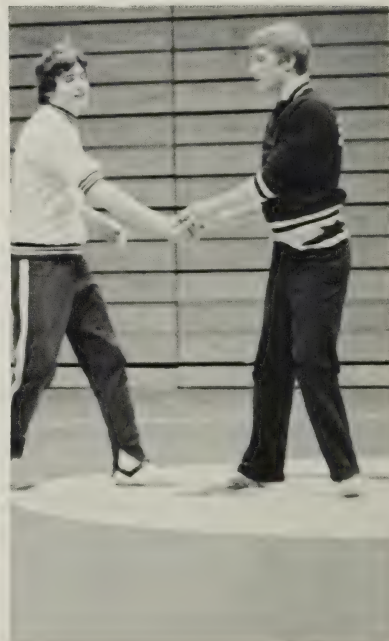
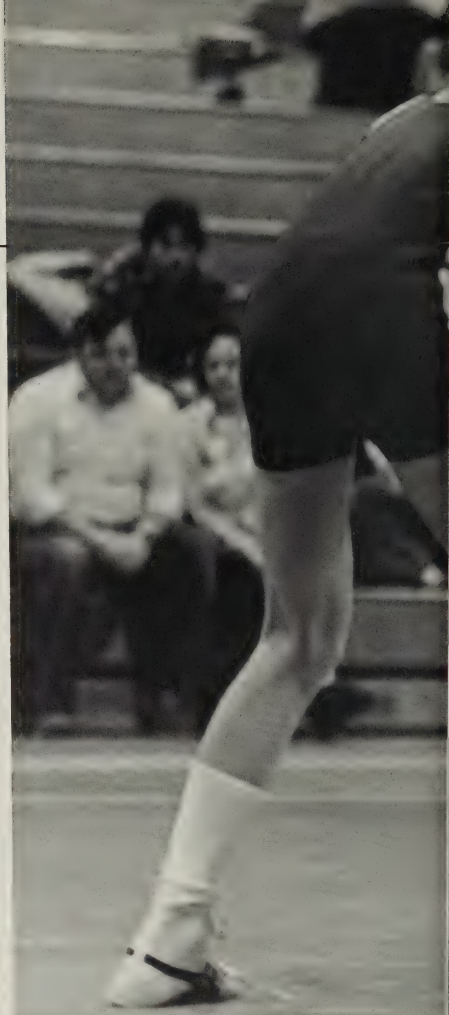


TEAM TALK. Stafford's varsity wrestling team breaks up after a short pep talk by the captains.

WATER BREAK. Sophomore wrestler Steve Druiett takes a drink during an injury time out.



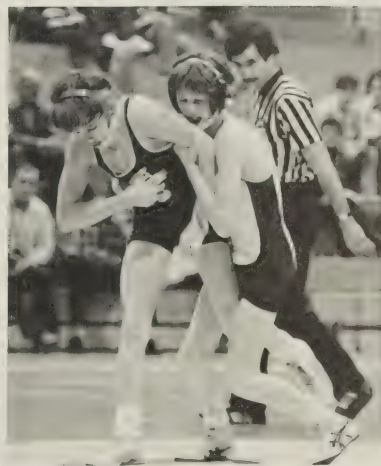
SHAKE ON IT. Junior Jeff Carter shakes his opponent's hand prior to the start of the match with Stonewall.





MIND GAMES. Sophomore Timmy Early prepares to take down his Raider adversary. Tim won his match 8-1.

PREPARED TO POUNCE. Marty Austin, freshman, plans his takedown at the Stonewall Jackson match. Marty pinned his opponent earning six points for the J.V. squad



LEG TRIP. Sophomore Andy Hall moves to bring down a Stonewall opponent, however, Andy lost by a decision.

BOTTOM MAN. At the start of the third period junior Jim Hodge prepares to reverse the Raider wrestler. Jim defeated his opponent 7-2.



PRIDE AND POISE. Junior Kim Small poses during her beam routine which won her first place at the Woodbridge meet.



ON POINT. Kim Small executes a perfect one-handed back walkover during the Stafford Invitational. Stafford finished seventh overall.

FIRST CLASS ROOKIE. Freshman Kim Sullivan begins her floor routine with a full turn at the Woodbridge meet in which she placed first.



Tumbling Totals

"Tumbling expresses a part of yourself." — Jackie Redmond

Being on your toes was not just an expression but a rule in gymnastics. Each gymnast was not only expected to compete well against several opponents, but also had to compete against herself. The ultimate goal was the score of perfect ten on an original routine composed by each girl. With six freshmen on the team, Stafford had a majority of young gymnasts. Some of these girls competed both at the high school level during the winter season and privately during the off season.

Freshman Kim Sullivan, coming from a private gym in Spotsylvania called "The Barn", accumulated high honors both in high school and club competition. She felt that "high school competition wasn't as tough as club, but the tension wasn't as great either."

Junior Kim Small constantly felt the pressure of Kim Sullivan's performances.

Small commented, "When you see someone younger than you getting what you used to have, it's really hard."

Although Sullivan was a first place all-arounder, she often showed her lively sense of humor. She and team member Brenda Kaila climbed under the seats and tied the shoelaces of the North Stafford gymnasts together during the three hour bus ride to the James Wood meet. These two added laughter and spunk to the team while contributing to the team's success.

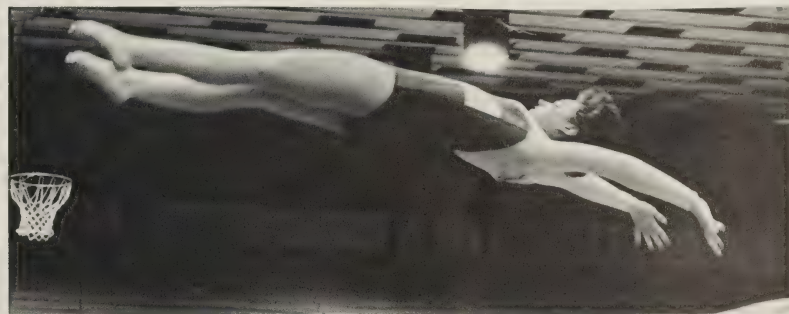
Sophomores Tracy Shuler and Betty Walker were key contributors to the team as senior Doreen Ferre scored personal bests on floor and bars. On the dark side, freshmen suffered broken bones, including district hopeful Karen Small.

Coach Cathy Lee commented, "The team had a "Go-For-It" attitude and great potential."

HEAD OVER HEELS. Freshman Brenda Kaila finishes her bar routine with a fly away during the Fauquier meet which Stafford won.



WALK THE LINE. In her beam routine against Woodbridge, freshman Karen Small performs a straight kick. Stafford finished first.



TAKING FLIGHT. Sophomore Tracy Shuler demonstrates layout form in her handspring vault against Fauquier.



STILL LIFE. Before beginning her floor routine, senior Doreen Ferree waits patiently for her music during the Fauquier meet.

Court Coverage

"As the coaching staff improved so did the teams." junior varsity — Coach Dale Portner

Have broken noses become the latest fashion? They did for two varsity players. Senior Gordon Crickman injured his during a recreational game of basketball. While junior Will Berry broke his during a varsity game when elbowed by his Courtland opponent. To enhance this fashion trend our players wore solid chrome nose braces covered with metallic white wrapping tape for a certain Pierre Cardin — look.

Luckily, however, these were the most serious of injuries and didn't seem to affect the teams' performances. They began their season with wins over Courtland, James Monroe and Woodbridge, followed by a victory over previously unbeaten James Wood.

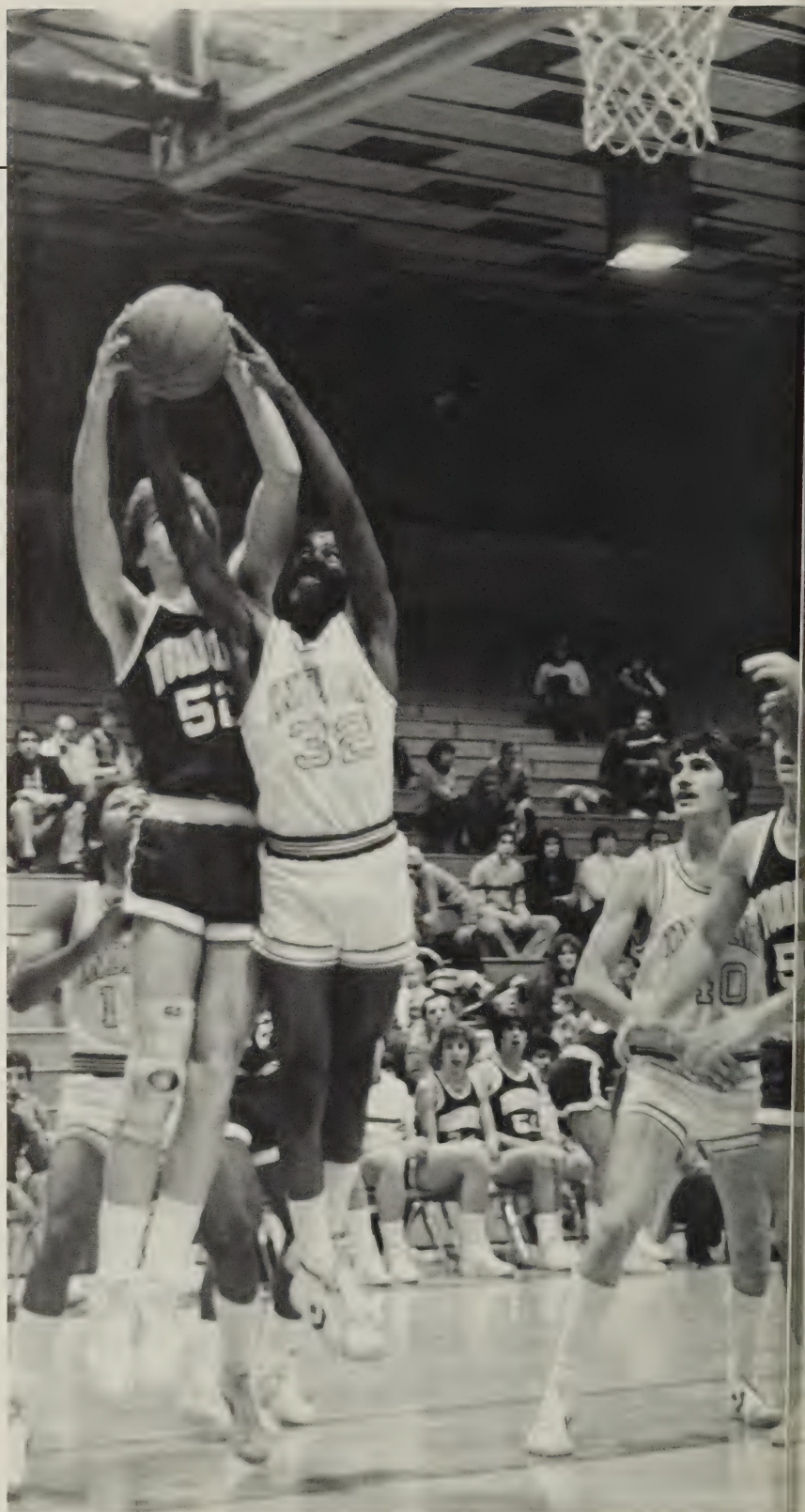
Varsity Coach Bill Engels commented that the team's success was due to a greater number of talented players. He also stated they they "had a lot of speed and were good offensively," but, "lacked a strong defense."

The game in which the Indians worked hardest to win was that against North Stafford. The boys suffered a 61-60 loss to the Wolverines. "We had a lot of violations against us and we just didn't get the breaks we needed," stated Coach Engels.

Emphasizing the idea of teamwork was junior varsity Coach Dale Portner's goal. With a group of strong and spirited players, each game provided a valuable lesson for the inexperienced.

Inexperience was a good word to describe the freshman team also. Being low men on the totem pole the freshman team was led by first year Coach Kevin Wholey. Coupled with height and hustle the ten little Indians enjoyed a 12-4 season.

BALL THEFT. Sophomore Duane Wilson steals the ball from his Viking opponent as his varsity teammates watch intently. The boys won 70-62.





HALF TIME BEGINNING. Freshman center Forrest Donald reaches to tap the ball to an Indian at the start of the second half at Potomac.

SHOOT FOR TWO. Freshman David Waters takes the shot in spite of the Potomac defender.



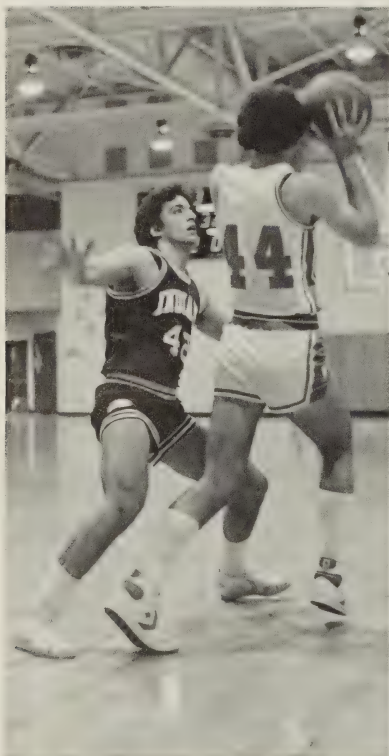
ALL NET. Junior varsity player Daryl Smith powers his way to the basket in a winning effort at North Stafford.

PASS WITHOUT INTERFERENCE. Junior Charlie Payne passes the ball back to Gordon Crickman in order to defer the Wolverine defense.

OUT OF REACH. Sophomore Robert Bruce tries for the jump ball but loses it to his Courtland opponent. The junior varsity team won 52-51.

ATTEMPTED BLOCK. Senior Celina Walters jumps up to block a Stonewall Jackson pass. The Indians won 54-38

PRIZED POSSESSION. As she assumes total ball control, freshman player Andrea Smith seeks an open teammate during the Stonewall Jackson game.



HARD TO GUARD. As his North Stafford opponent attempts a fast break, senior Mark Shover plays the defense and blocks his path.

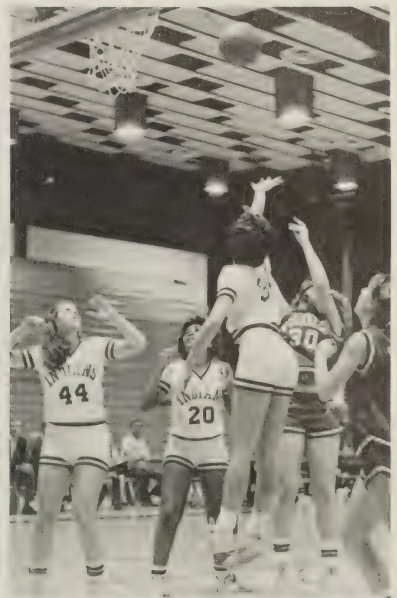
SWARMING DEFENSE. Senior Gordon Crickman, junior Howard Parker and sophomore Duane Wilson set the defense for the Wolverine in bounds pass. The boys lost to North Stafford 61-60.





DELIBERATE DRIBBLE. Freshman player Troy Spindle moves the ball toward the Indian basket at Potomac High School.

KEEP THE BALL ROLLING. Junior Michelle Rudd hustles down the court as she gains control of the ball. The junior varsity girls lost to Bishop O'Connell 36-24.



TIPPED OFF. As an O'Connell player attempts a basket, senior Tammy Gillie jumps to the defense. The varsity girls lost to the Knights 33-32.

BANK ON IT. Gordon Crickman goes for a layup as his North Stafford opponent cuts off his path.

Net Review

"The district competition was tough, but we still hung in there" — Senior Celina Walters.

"Could I please have your attention for morning announcements?" said Principal Sam Cox. "Tomorrow night the boys' basketball team plays North Stafford away. Let's all show our spirit; wear anything blue and gold and decorate your cars so that everyone up north will know you're from SHS!"

"What about us? We're playing North Stafford at home," replied varsity girls' player Kim Brown.

Despite devoted parents and a few students, attendance and interest in the three girls' teams was considerably poor. One could understand a greater interest in boys' sports for the simple reason of tradition. However, this lack of interest disappointed the girls and even caused bitterness. "We had more people on the court than in the stands at our games," stated freshman player Andrea Smith.

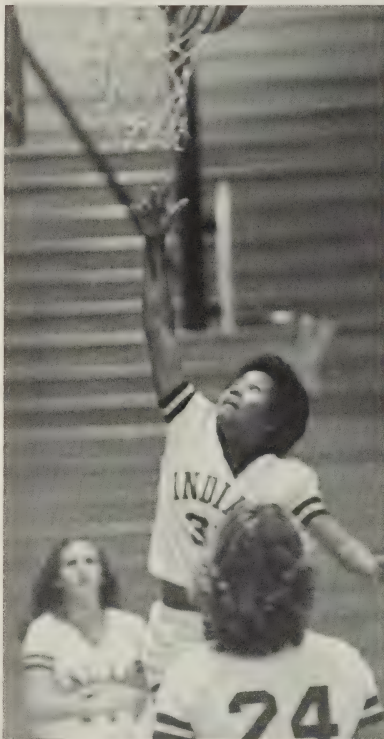
The lady Indians had "one of the hardest schedules in the district," according to varsity player Rene Thomas. Both varsity and junior varsity began their seasons with a slow start, losing games by one or two points. The varsity's Bishop O'Connell game, one of their most challenging, was taken by the Knights by one point in triple overtime. Although the girls were aware of the students lack of interest, they did not let it bring them down. The varsity went on to beat the only undefeated team in the district, Stonewall Jackson.

"Our strongest quality was our defense," varsity Coach Nancy Baughan stated, "no team scored over fifty points on us." Coach Baughan also commented that the team's shooting ability needed improvement, yet as compared to last year, the varsity and junior varsity teams were more balanced and conveyed the idea of teamwork.

The freshman team, however, did not have as much success as their sister teams. According to freshman player Jennifer Williams, "Everyone else seemed head and shoulders above us, physically," with the tallest team member standing five feet eight inches.

With the positive examples set by veteran players, team members gained valuable experience. "I was more than pleased with the teams' performances. We had a great group of girls," concluded Coach Baughan.

FOLLOWING UP. Varsity guard Kim Brown loosens up for the second half of the Woodbridge game.



BALL CONTROL. Freshman Diana Smith takes the ball up court as she dodges the O'Connell defense.



BENCH STRENGTH. Although not in the game, varsity team members follow the action on the court during the home game with Courtland.

SETTING UP THE OFFENSE. Senior Tammy Gillie prepares to pass the ball while looking for a girl to break away from the Potomac defense.



TOUGH REBOUND. Junior Edith Hamm attempts to clear the ball from under the O'Connell basket.



UP AND OVER. Junior varsity player Chris Burns scores an open shot as the Raider defense hustles to catch up.

POM POM SPIRIT. During the Courtland basketball game varsity squad members Sherri Clark and Jill Hyland shout the sideline F-I-G-H-T.



STACKED. Freshmen cheerleaders demonstrate their "poke-through" pyramid at the Stonewall Jackson football game.

EXTENDING THEIR SPIRIT. The junior varsity basketball squad executes a "fan" during a Courtland time out.



Jumps and Jive

"We learned to take the good with the bad." —
Varsity Captain Doreen Ferree.

Is that smile for real? Maintaining a bright cheerleader image throughout the year was difficult, if not sometimes impossible. The cheerleaders were expected to smile through daily school routines to dismal athletic defeats. They were also expected to make high grades and abide by set behavioral patterns.

However, what appeared to be just another year for Stafford cheerleaders turned out to be a year of controversy and change. For example, the number of members on the freshman squad was enlarged to an untraditional fourteen in order to accommodate the heavy game schedules. Also, the age qualification for those able to make varsity and junior varsity fluctuated from year to year because of changes in sponsors. Another change was the swapping of uniforms between squads. In the past each squad had their own set, yet

swapping made more combinations possible.

A disappointing change from tradition came with the summer camp trip which was made to the University of Richmond. Parents accompanied the three squads instead of advisors due to a temporary change in leadership.

Because of differing philosophies a county constitution for cheerleader policies and regulations was written by the two Stafford County high school principals. The constitution governed tryout procedures due to the dispute over the judging and set safety regulations for pyramid building because of increased personal injuries. It also abolished participation in organized competitions.

Stafford cheerleaders had long been the trend setters at competitions throughout the state. This being the only recognition

cheerleaders received, many felt it was unfair to work so hard for so little appreciation. Varsity cheerleader Susan Truslow said, "I enjoyed competing, we made new friends and exchanged ideas." Junior varsity cheerleader Jennifer Allen added, "We all had to work together so we could do our best in competition."

The county constitution may have been written but few cheerleaders knew of its existence. When asked her opinion of the constitution freshman cheerleader Lauri Cole replied, "I have never seen a constitution, but I wish we could do taller stunts."

Despite the controversy and numerous changes that took place, fans could still expect to see those smiling faces backing the Indians from filled gymnasiums to lonely football fields many miles from home.



THE JOY OF CHEERING. Sophomore Joy Montrief picks up the beat of a junior varsity chant during the football game against Woodbridge.

PYRAMID POP-UP. During an Indian time out, the varsity basketball squad performs a press-up split at the home game with Courtland.



PRACTICE MAKES PERFECT. Junior Anna Pomatto does an NCA approach as she practices her jumps for the football season.

For the Record

"We strive to wear the Blue and Gold with pride and dignity." — Principal Sam Cox

OPPONENT	SCORE
James Monroe	14-26
Spotsylvania	27-21
Courtland	7-39
Gar-Field	6-28
Potomac	0-21
James Wood	7-20
Woodbridge	0-17
Fauquier	8-52
Stonewall Jackson	21- 6
North Stafford	18-42

SEASON RECORD: 2-8



Varsity Football. Front Row: Robert Buongiorne, Kevin Williams, Kevin Mathews, Ricky Rodriguez, Darryl Smith, Todd Patton, Steve Druett, Ray Stephens, James Hall, Matt May, Major Brumback, David Carpenter, Johnny Druett. Row 2: George Thomas, Scott Smith, Dean Stanfield, Johnny Wilcox, Kurt DeCatur, Kevin Phillips, Scott Starnes, Harvey Wilson, Andre Minor, Spencer Berry, Sidney Thomas, Jimmy McKenna. Back Row: Floyd Bonacorsi, Adam Burton, Robert Elswick, Ricky Faulconer, Mike Albrycht, Mark Shover, Scot Small, Greg Sharpe, Tom Kutz, R.C. Stephens, Tony Rabe, Jeff Lenox, Mark Bugay, LaMond Roye, Larry Dickinson.

OPPONENT	SCORE
Potomac	0-26
Woodbridge	14-14
Stonewall Jackson	15- 0
North Stafford	14-14
Gar-Field	12-14
James Wood	26- 0
North Stafford	6-14
Fauquier	20-14

SEASON RECORD: 3-2-2



JV Football. Front Row: Eric Killinger, Billy Lenzi, Matt Curtis, James Hall, Ray Stephens, Tony Griczin. Row 2: Ernie Martinez, Richard Cragg, Stuart Blom, Greg Crawford, Lee Gyllenhoff, Steve Druett, Greg Polly. Back Row: Timmy Early, Johnny Wilcox, Bill Clare, Greg Marynard, Aaron Litten, Ricky Brown, Kevin Allard, Jeff McGee, Andy Stone.

OPPONENT	SCORE
Potomac	0-20
Woodbridge	0-20
Stonewall Jackson	0- 6
North Stafford	0-22
Gar-Field	0- 0
James Wood	0-13
North Stafford	0-16
Fauquier	6-28

SEASON RECORD: 0-7-1



Freshman Football. Front Row: Roger Spencer, Jimmie Beales, Durward Matherly, Travis Roberson, Michael Spruill, James Buckle, Robert Harris, Willie Fleming, Scott Cottrell, Mark Haynes. Row 2: Kevin Cavanagh, Kent Adams, George Charles, Jerry Schenemann, Brian Long, Phil Jones, Kevin Clower, Alfred Mathews, Donald Fraley. Back Row: Steve Whitehead, Chip Kitchin, Todd Campbell, Danny Beverly, Mike Perez, Jeff Broyles, Wayne Morgan, Forrest Donald, Rodney Jones, Randy Lucas.



Varsity Field Hockey. Front Row: Lynn Durham, Tracy Sullivan, Suzy Clapper, Leigh Musselman. Row 2: Gina Corr — manager, Donna Timmons, Kim Harding, Carolyn Schlemm. Back Row: Pam Graniger — manager, Bonnie Simms, Kacie Seay, Michelle Rudd, Julie Keene, Teresa Timmons.

OPPONENT	SCORE
Fauquier	0-1
Trinity	1-5
Albemarle	0-7
Collegiate	0-7
North Stafford	0-3
Fauquier	3-2
North Stafford	0-4
Fairfax	0-9
James Monroe	0-1
Spotsylvania	4-1

SEASON RECORD: 2-8



JV Field Hockey. Front Row: Jane Mergenthal, Laura Haley, Virginia Bass. Row 2: Kim Moore, Valerie Pitzer, Debbie Lucas, Jennifer Williams. Back Row: Cathy Warwick, Michelle Irons, Andrea Smith, Jennifer Pounds.

OPPONENT	SCORE
Fauquier	1-0
Albemarle	0-4
Collegiate	0-4
North Stafford	0-2
Fauquier	0-0
North Stafford	0-1

SEASON RECORD: 1-4-1



Winter Track. Front Row: Kathy Goad, Jeanette Garland, Diana Smith, Alison Angle, Steve Braun, Kelly Shorter. Row 2: Danny Mason, Cathy Vance, Carolyn Jacobs, Bethany Hall, Julie Zack, Michael Spruill, Heather Barkley, Julie Burton, Clark Graninger. Row 3: Johnny Wilcox, Thomas Grice, Roger Spencer, Eric Swisher, Duane Hall, Sharon Gosnell, Danny McEntee, Peter Payette, Mark Jones, Robert Fern. Back Row: Tom Kutz, Greg Sharpe, Spencer Berry, Bernie Braun, Sheila Carter, Jim McKenna, Robby Desilets, Tony Rabe, Tim Ross, Kevin Williams, Kirk Smith.



Girls' Tennis. Front Row: Sylvia Forbes, Donna Smith, Diana Smith. Row 2: Tina Tucci, Holly Chichester, Tammy Williams, Kim Peyton. Back Row: Coach Chris Hyton, Rene Thomas, Suzanne Carr, Leigh D'Lugos, Chalee Wing.

OPPONENT	SCORE
Potomac	4-5
Gar-Field	0-9
Fauquier	2-7
North Stafford	2-7
Stonewall Jackson	3-6
Woodbridge	1-8
Stonewall Jackson	0-9
Potomac	4-5
Gar-Field	0-9
Fauquier	5-4
James Wood	2-8
North Stafford	4-5

SEASON RECORD: 1-11



Cross Country. Front Row: David Payne, Bethany Hall, Julie Burton. Row 2: Gordie Fears, Sharon Gosnell, Margaret Rooney, Robert Fern. Row 3: Heather Barkley, Frank Payne, Cathy Vance, Danny McEntee, Steve Braun. Back Row: Chris Rooney, Danny Mason, Duane Hall, Robby Desilets, Bernie Braun, Peter Payette.

Boys		Girls	
OPPONENT	SCORE	OPPONENT	SCORE
James Monroe	31-26	James Monroe	25-30
Potomac and	55-29	Potomac and	32-58
Stonewall Jackson	38	Stonewall Jackson	36
North Stafford and	44-47	Stonewall Jackson	19-27
Gar-Field	32	Fauquier	24-32
King George	22-33	Fauquier and	32-72
North Stafford	30-26	Woodbridge	27
Fauquier	29-28		
Fauquier and	59-66		
Woodbridge	15		

SEASON RECORD: 4-3

SEASON RECORD: 0-5

OPPONENT	SCORE
Spotsylvania	68-62
James Monroe	72-56
Spotsylvania	68-54
Courtland	59-51
James Monroe	67-78
Courtland	71-52
Gar-Field	68-74
Woodbridge	70-62
James Wood	81-67
Stonewall Jackson	59-65
Fauquier	57-67
Potomac	75-64
North Stafford	60-61
Gar-Field	54-62
Woodbridge	70-94
James Wood	61-93
Stonewall Jackson	56-71
Potomac	70-83
North Stafford	66-73
Fauquier	63-59
James Wood	55-64
SEASON RECORD: 9-12	



Boys' Varsity Basketball. Front Row: Charlie Payne, Russ Cooper, Will Berry. Row 2: Ben Marsh, Billy Milby, Darryl Barnes. Back Row: Howard Parker, LaMond Royce, Todd Repass, Gordon Crickman.



Boys' JV Basketball. Front Row: Darryl Smith. Row 2: Billy Lenzi. Row 3: Richard Cragg, Phil Jones, Robert Bruce. Back Row: Danny Beverly, Tommy Grimes, Timmy Cooper, Chris Rooney.

OPPONENT	SCORE
Spotsylvania	43-52
James Monroe	47-58
Spotsylvania	48-39
Courtland	52-51
James Monroe	47-48
Courtland	63-53
Gar-Field	44-51
Woodbridge	53-63
James Wood	52-41
Stonewall Jackson	24-33
Fauquier	59-48
Potomac	57-45
North Stafford	46-39
Gar-Field	55-78
Woodbridge	42-64
James Wood	43-38
Stonewall Jackson	30-36
Potomac	32-53
North Stafford	36-40
Fauquier	54-51
SEASON RECORD: 9-11	

Boys' Freshman Basketball. Front Row: Troy Spindle, Al Sullivan. Row 2: Todd Campbell, Zack Payne, Mike Preston. Back Row: Kent Adams, David Waters, Travis Heflin, Brian Pomatto.



Varsity Cheerleaders. Front Row: Jill Hyland, Doreen Ferree, Kim Small. Row 2: Melissa Clipper, Shelli Herron, Anna Pomatto, Ellen Jones, Jackie Redmond. Back Row: Betty Walker, Mrs. Joann Payne, Sherri Clark, Jami Pryor, Sheila Carter.



JV Cheerleaders. Front Row: Sallie Herron, Brenda Pyme. Row 2: Jennifer Allen, Carolyn Jacobs, Pam Shelton. Row 3: Estelle Friedman, Melina Davis, Tracy Shuler. Back Row: Melissa Clipper, Christine Ritterbusch, Daphne Melson, Joy Montrie, Jennifer Swenson.



Freshman Cheerleaders. Front Row: Lauri Cole, Jill Clark, Shannon Fulford. Row 2: Leanna Gianario, Karen Small, Tracey Shover, Pam Berry, Kate Parr. Back Row: Kim Peyton, Angie Wheeler, Natalie Sullivan, Debbie Barnes, Cathy Morgan.

Gymnastics. Front Row: Jennifer Allen, Tracy Shuler, Kim Sullivan, Kathy Brumback, Brenda Kalla. Row 2: Cathy Warwick, Karen Small. Back Row: Betty Walker, May Devan, Kerri Clark, Shari Carney, Lisa Way — manager.

OPPONENT	SCORE
James Monroe and	86.6-83.15
North Stafford	82.55
Spotsylvania	83.05-67.35
Woodbridge	89.10-87.35
James Wood and	88.45-68.01
North Stafford	89.0
Fauquier	94.45-79.90
Gar-Field	94.55-52.15
Potomac	93.70-45.25
Stonewall Jackson	93.35-99.05
SEASON RECORD: 6-2	

OPPONENT	SCORE
Charlottesville	59-34
Bishop O'Connell	32-33
Charlottesville	50-29
Bishop O'Connell	31-41
Trinity	71-19
St. Gertrude	57-33
Gar-Field	36-42
Woodbridge	43-46
Bishop O'Connell	42-48
Stonewall Jackson	54-38
Fauquier	27-39
North Stafford	55-25
Gar-Field	40-37
Woodbridge	49-30
St. Gertrudes	33-38
Potomac	52-34
Stonewall Jackson	44-43
Potomac	44-34
North Stafford	47-36
Fauquier	31-33
Stonewall Jackson	36-32
Patrick Henry	45-53
E.C. Glass	59-52
George Washington	51-47
SEASON RECORD: 15-10	



Girls' Varsity Basketball. Front Row: Marlo Brown, Tina Tucci, Donna Smith. Row 2: Cathy Vance, Becky Adkins, Kim Brown. Back Row: Teresa Timmons, Sheila Carter, Rene Thomas, Tammy Gille.



Girls' JV Basketball. Front Row: Michelle Rudd. Row 2: Diana Smith, Shannon Lockard. Row 3: Teresa Crisp, Traphena Outlaw, Leigh D'Lugas. Back Row: Margaret Rooney, Pam Shelton, Chris Byrne, Andrea Smith.

OPPONENT	SCORE
Charlottesville	20-8
Bishop O'Connell	24-36
Charlottesville	38-18
St. Gertrudes	34-27
Gar-Field	37-56
Woodbridge	29-63
Bishop O'Connell	22-38
Stonewall Jackson	22-46
Fauquier	30-28
North Stafford	62-27
Gar-Field	44-54
Woodbridge	28-51
SEASON RECORD: 5-7	

OPPONENT	SCORE
Gar-Field	12-24
Potomac	6-26
North Stafford	13-26
Woodbridge	34-24
Stonewall Jackson	19-24
Stonewall Jackson	28-29
Gar-Field	25-36
Potomac	20-22
Woodbridge	24-20
North Stafford	23-22
SEASON RECORD: 4-6	

Girls' Freshman Basketball. Front Row: Kimberley Scott. Row 2: Cassandra Sullivan, Jennifer Williams. Row 3: Tricia Tyler — manager, Leigh D'Lugas, Teri Wilkerson. Back Row: Kim Moore, Traphena Outlaw, Jodi Dempsey, Loretta Morton — manager, Andrea Smith.



Varsity Wrestling. Front Row: James Hagerty, Jeff Carter, Jimmy Hodge. Row 2: Mark Lenzi, Eric Killinger, Mark Gardner, Mark Cheadle. Back Row: Preston Jarrells, Jeff McGee, Monty Martensen, Kerry Williams.

OPPONENT	SCORE
Yorktown	45-23
Hopewell	36-33
Highland Springs	15-47
Potomac	11-45
J.R. Tucker	14-37
Monican	22-43
Spotsylvania	40-19
Courtland	46-15
Fauquier	33-30
James Wood	16-35
Gar-Field	24-43
Woodbridge	13-47
Stonewall Jackson	19-29
North Stafford	27-39
SEASON RECORD: 5-9	



JV Wrestling. Front Row: Steve Druetti, Frank Clark. Row 2: David Logan, Patrick Porter, Brawner Greer, David Jernigan, Stephen Charters. Row 3: Joe Seskey, Robby Bunn, Doyle Green, Glen Andrews, Bill Lawrence. Back Row: Mike Burgess, John Reilly, Bill Clark, Jerry Schenemann, Marty Austin.

OPPONENT	SCORE
Potomac	18-56
Monican	50-24
Spotsylvania	39-36
J.R. Tucker	24-45
J.R. Tucker	64-36
Manchester	11-58
Courtland	40-15
Fauquier	48-29
James Wood	7-43
Gar-Field	31-32
Woodbridge	19-31
Stonewall Jackson	21-37
North Stafford	11-30
SEASON RECORD: 5-8	



Relying on community support, students hit families and friends with an onslaught of requests to buy food, gift items, and Christmas supplies to pay for school activities. The community responded favorably and SHS received a slow but steady stream of money.

The largest sums came from local businesses, service groups, and social organizations. Merchants purchased advertising space in the athletic programs and school publications. The money gained offset the high cost of game tickets, the Indian Smoke Signal newspaper, and

the 1983 Indian Legend yearbook.

Students could help local organizations and businesses by giving spare change to charities and shopping at local stores. It was up to the students to repay the community to whom they owed so much.



FAIR EXCHANGE. Bernie Braun pays NHS member Elizabeth Lockhart for refreshments he is purchasing during a home basketball game.



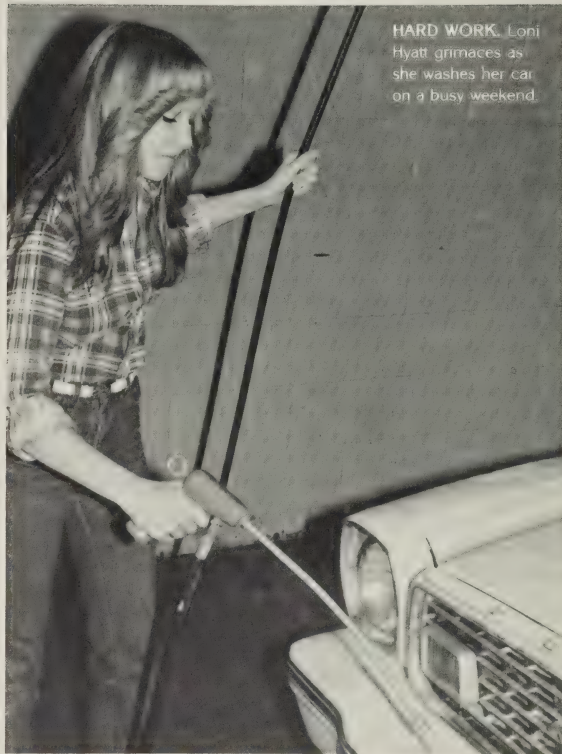
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HARD WORK. Loni Hyatt grimaces as she washes her car on a busy weekend.

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IN SEARCH OF. Senior Chris Phillips searches to find fossilized remains on a Marine Science field trip to North Carolina.



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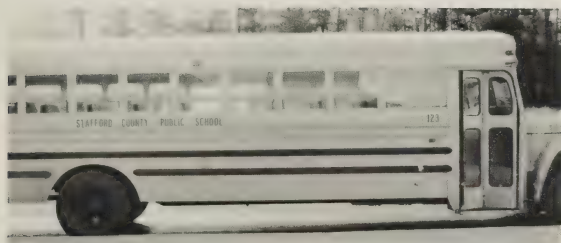


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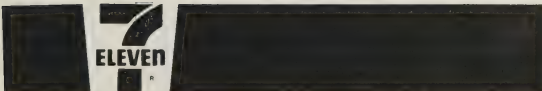
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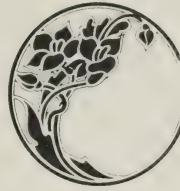


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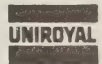
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Bryan Myruski rings in the senior spirit at the winter student pep rally.



Diane Justice, a senior, discusses club matters with sponsor Mrs. Betty Inman.



discuss the evening activities during the Homecoming dance.



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LET THE TOUR BEGIN.

Teresa Crisp, Estelle Friedman, Jeff Rowles, and Penny Juggins prepare tour talks for the eighth grade orientation.



TOP FORM. Sophomore Tracy Shuler pauses during her floor exercise routine at Stonewall Jackson.



PEP PREP. Members of the wrestling team prepare to make their entrance at the winter pep rally.

WE'VE GOT SPIRIT

Seniors Stuart Tulloss and Janine Henderson show their class spirit during the winter sports pep rally.



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GOTTA GET SOME SHUT

EYE. Senior Roxy Stewart rests comfortably while watching the film "As You Like It" by William Shakespeare during AP English.



R AND R. Junior Kathy Ramsey shares a dance with senior Dave Rizzo at the "Four Seasons" Homecoming Dance.



BUSINESS TALK. Members of FBLA meet during school to review a business handbook.



A MAN FOR ALL SEASONS.

Principal Sam Cox lends a helping hand to the annual Key Club spaghetti dinner.



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JUST FRIENDS. Senior Jeff Yates and Junior Anna Pomatto have a quiet conversation during Sociology class.

SENIOR SECTION. Seniors enjoy the sights and sounds of the winter sports pep rally.



PARENTAL SUPPORT. Among Stafford fans cheering for our varsity football team, were several players' parents.



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INDIAN LEGEND STAFF. Outer Circle: (Clockwise from lower left) Lisa Mulley, Sherrie Miller, Wendy Crismond, Brenda Curtis, Scott Cottrell, Cathy Dodd, Lara Shelesky, Karen Bland, Erika Byrd, Erin McFall, Troy Altizer, Brawner Greer, Julie

Harold, Joan Dent, Jennifer Williams, Kerri Clark. **Inner Circle:** (Counterclockwise from left) Melinda McGee, Cherie Sawtelle, Kathy McCloud, Dennis Silver. **Not Pictured:** Dori Ford, Kathy Ramsey.



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CUT IT OUT. Dori Ford edits copy with advice from Mr. Bob Wallace, Miss Janet Payne, and Kathy Ramsey.



The 1983 Stafford Senior High School **Indian Legend** was printed by Hunter Publishing Company, Winston-Salem, North Carolina. **Paper:** 80 lb. dull enamel with die cut endsheets color #205. **Press Run:** 800 copies of 176 pages. **Cover:** Dark blue with yellow, red, and blue circles. **Type:** 6, 8, 10, 12 pt. Korinna with bold lead-ins for captions. **Headlines and Subheads:** Opening, Dividers, and Closing — Korinna; Student Life — Metrolite Roman Bold; Classes — Helvetica Roman and Italic; Academics — Palatino Bold; Clubs — Souvenir Medium Roman; Sports — American Typewriter Medium and Light.

The 1982 **Indian Legend** received a first place award from the Virginia High School League.

TOP NOTCH. Mr. Jim Ellis and Hunter President Mr. R.A. Hunter listen while Ms. Janet Payne tells them about the work the staff is preparing for an upcoming deadline.


Open Doors

Much of our lives were spent opening and closing doors. As students, we spent much time going through doors. We entered and left class through an unattractive brown door. Books and personal items we kept locked in lockers behind brown, yellow, and orange doors. We entered and left school through metal and glass doors.

The "door syndrome" continued in our outside lives away from school. We had to "knock on a lot of doors" to find employment. If we wanted to have an advantage in any situation we needed to have a "foot in the door."

We could not expect to go through life without encountering more doors.

IT'S UP TO YOU TO OPEN THE DOOR ...



THROUGH THE DOORWAY. Seen through the door into the gym, the girls' varsity basketball team was just getting started in the Northwest Region semi-finals championship game against E.C. Glass. Stafford won 51-47.

